



# YARN TWISTERS

## Cabled Headband

created by Lisa Overby



Learn to knit cables with this quick headband project!



## MATERIALS & INFO

Yarn: Estelle Chunky, 125m (137 yards),

Needle: 5.5mm (US 9)

Notions: cable needle, darning needle

## ABBREVIATIONS

**BO** – Bind off

**C6B** - slip 3 sts to CN, hold in back, K3 sts, K3 sts from CN

**C6F** - slip 3 sts to CN, hold in front, K3 sts, K3 sts from CN

**CN** - cable needle

**CO** – Cast on

**K** – Knit

**P** – Purl

## PATTERN INSTRUCTIONS

CO 19 sts

Set up: K3, P6, K1, P6, K3

Row 1: K2, P1, C6B, P1, C6F, P1, K2

Row 2: K3, P6, K1, P6, K3

Row 3: K2, P1, K6, P1, K6, P1, K2

Row 4: as Row 2

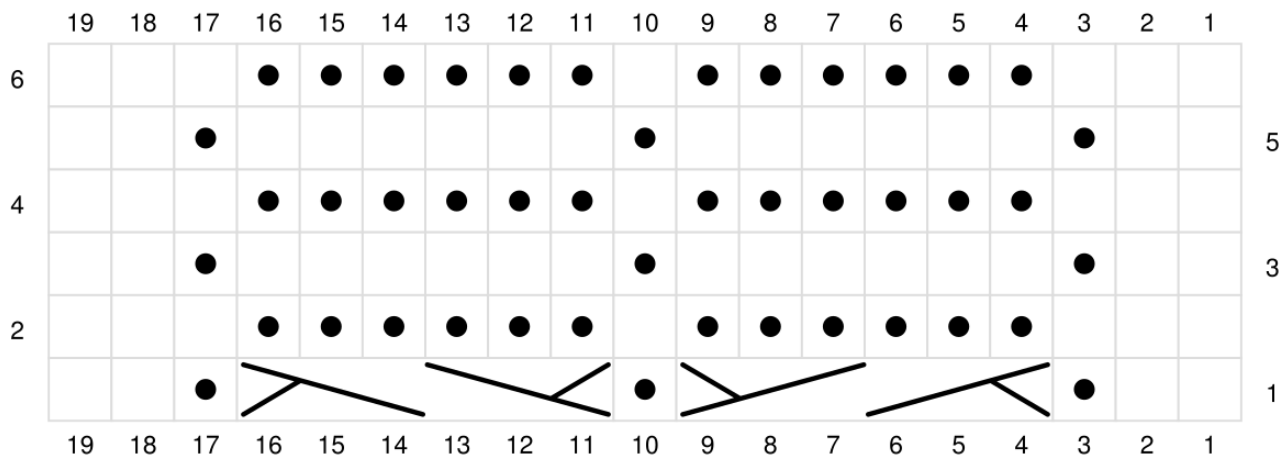
Row 5: as Row 3

Row 6: as Row 2

Repeat Rows 1 to 6 until piece measures 52 cm (20 ½”) or desired length.

Repeat Row 1 & 2

BO all sts, cut yarn leaving a 12” tail. Seam CO and BO



RS: Knit  
WS: Knit



RS: Purl  
WS: Purl



slip 3 sts to CN, hold in back, K3 sts, K3 sts from CN



slip 3 sts to CN, hold in front, K3 sts, K3 sts from CN

