



YARN TWISTERS

Cabled Cowl

created by Lisa Overby



4 row pattern repeat to create an textured infinity cowl. Instructions are to provisional cast on stitches and graft cowl with the kitchener stitch. Alternatively, the cast on and bind off ends can be seamed together.



MATERIALS

2 skeins Diamond Luxury Baby Alpaca Sport, 100g, 100m

9mm (US13) straight knitting needles

Cable needle

Waste yarn

Darning needle

GAUGE

18 sts x 10 rows

Measured in 4 row pattern repeat

ABBREVIATIONS

C4F - slip the next 2 stitches onto a cable needle and hold at the front of work, K2 from left hand needle, then knit the 2 stitches from the cable needle

C4B - slip the next 2 stitches onto a cable needle and hold at the back of work, K2 from the left hand needle, then knit the 2 stitches from the cable needle

K - knit

P - purl

wyib - with yarn in back

wyif - with yarn in front



PATTERN INSTRUCTIONS

Using the provisional cast on method, cast on 32 stitches

Row 1 (RS): Slip 1 wyib, *K2, C4B*, repeat * to * to last stitch, K1

Row 2 (WS): Slip 1 wyif, p to end

Row 3 (RS): Slip 1 wyib, *C4F, K2*, repeat *to * to last stitch, K1

Row 4 (WS): Slip 1 wyif, P to end

Repeat Rows 1 to 4 42 more time (total of 43 repeats)

Repeat rows 1 to 3 one more time

Graft ends together using the kitchener stitch. Weave in ends, enjoy!

Alternatively, you can cast on 32 sts using preferred cast on method, knit the cowl and bind off all sts. Seam the cast on and bind off edges together.

