RUNNING A CaFE COURSE café STYLE

Never underestimate the importance of presentation. We highly recommend having chairs around small tables to form small groups for discussions and to create a friendly, relaxed atmosphere. Decorating the tables with tablecloths, candles and flowers can make a real difference, helping to make guests feel valued and special. Try and provide the best refreshments you can, perhaps a glass of wine and nibbles or tea and coffee with chocolate biscuits. This all adds to the atmosphere and will encourage people to come back next time and bring their friends.

At the start of each session, welcome guests and give a brief introduction to the talk. Explain the format of the session and start with an opening prayer.

SALE OR RETURN BOOKS AND CDS

It would be very helpful for people to take away a book to deepen their knowledge of any Saint that has stirred their heart whilst watching. Goodnews Books offer a very simple sale or return system and will send you a selection of affordable books to display during the course.

More copies of the music cd from the course is also available at £10 each from www.faithcafe.org or 0845 050 9428.

FORWARD PLANNING

If people have enjoyed your CaFE course they will want to come back again. At the last session, have some suggestions of what you are planning in the months ahead and ask guests to leave their details (don't forget their e-mail addresses) so that you can contact them.

May God bless you and your course...

LIST OF SPEAKERS

St PATRICK

Prof Salvador Ryan (St Patrick'ts Seminary, Maynooth), Msgr Pat Lynch (Ceili Community, Ireland), Rob Clarke (Director of Spirit Radio, Dublin) and Ronan & Joanne Johnston (musicians from Dublin)

St BENEDICT

Fr Christopher Jamison OSB (Director of the National Office of Vocations), Joanna Gilbert (Director of the Wellspring Lay Community, Brighton) and Ian Yardley from Essex

ST FRANCIS OF ASSISI

Fr Emmanuel Mansford CFFR (Franciscan Friars of the Renewal, London), Archbishop Domenico Sorrentino from Assisi, Sr Patricia Jordan FSM (the Portiuncula, Derbyshire) and Frances Norton in Chapletown, Leeds

ST CATHERINE OF SIENA

John Pridmore (evangelist & author), Ralph Martin (Sacred Heart Seminary, USA), Sr Catherine Joseph Droste OP (Prof of Theology, Angelicum University, Rome) and Alice Hall (SION community)

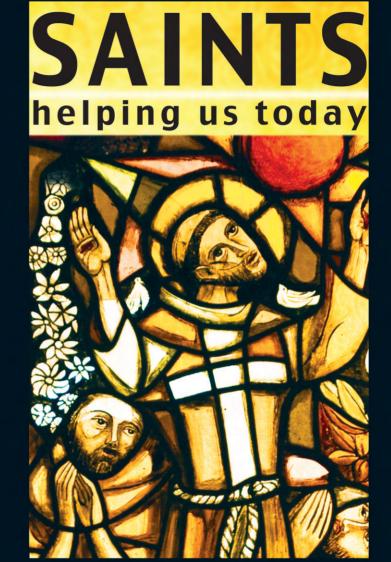
ST IGNATIUS OF LOYOLA

Fr Nicholas King SJ (lecturer on the New Testament, Oxford), Fr Chris Thomas (Iraneus Project, Liverpool), Ruth Holgate (Loyola Hall Jesuit Retreat Centre, Liverpool) and Dominique & Marie-Christine Ferrer (chaplains at the London University)

ST THERESE OF LISIEUX

Sue Elderfield (school chaplain, South London), Laurence Panontin (Pilgrim Centre, Lisieux), Fr John Udris (Oscott Seminary, Birmingham), Fr Michael McGoldrick OCD (Boars Hill Retreat Centre, Oxford) and Fr Iain Matthew OCD (Kensington, London)

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A six session CaFE DVD course exploring

THERESE of LISIEUX | BENEDICT | FRANCIS of ASSISI PATRICK | IGNATIUS of LOYOLA | | CATHERINE of SIENA

LEADER'S GUIDE

'SAINTS - helping us today' is a six-session series designed to help people to grow in their faith through exploring the witness and teachings of some of the great saints of church history.

It is ideal for use on RCIA, for parish courses and prayer groups, schools, colleges and even confirmation classes.

Each session lasts approximately 40 minutes but has a mid point break for possible discussion and/or to be run as a longer 12 session series.

Each session includes on-location filming, input from a number of experts, testimonies from lay people and a prayerful reflection time.

The series is presented by David Payne, Director of CaFE.

















SUGGESTED DISCUSSION QUESTIONS

ST PATRICK

Spreading the Good News

What did you know of St Patrick before this course? How could you evangelise more in your life?

ST BENEDICT

A Rhythm of Prayer

What did you know of St Benedict before this course?

How can you make space for more quiet prayer in your life?

ST FRANCIS OF ASSISI

God's Heart for the Poor

What did you know of St Francis before this course? How could you respond more to God's heart for the poor?

ST CATHERINE OF SIENA

Holiness in the Spirit

What did you know about St Catherine before this course?

How could you grow deeper in love with Jesus Christ in your life?

ST IGNATIUS OF LOYOLA

Discerning Life's Journey

What did you know of St Ignatius before this course?

Where in your life do you meed God's discernment and guidance?

ST THERESE OF LISIEUX

Simplicity of Faith

What did you know of St Therese before this course? What can you do in your life to grow in simple faith and who needs your intercession?

PUBLICISING YOUR COURSE

Time your publicity for optimum effect to give people enough notice to put the dates in their busy diaries and to get a sense of anticipation.

Use the eye-catching flyer and posters available, which you can customise with your own parish details.

The A4 posters have a box for your course details.

For the A5 flyers, we recommend you print your course details on tto an address label and stick them on the back.

More copies of each can be easily ordered at a small cost.

PREPARATION AND PRAYER

It is important to spend time as a team, coordinating and planning your course.

Think about the practicalities of setting up the room - don't forget the temperature (a cold room can be very uninviting!), have background music playing as guests arrive, provide refreshments and check equipment.

It is also vital to spend time praying for the course. Pray daily for each other and for those who will attend. Ask God to anoint your efforts and pray that the course will help guests to come to know Him in a deeper way.

