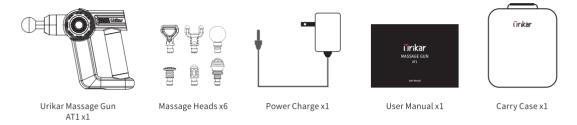


CONTENTS

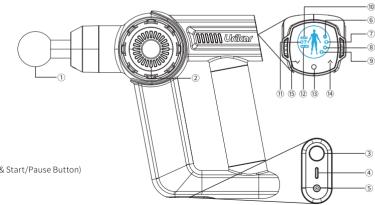
L. What's in the Box 0)1
2. Introduction of the AT1 0)1
3. How to Use 0)2
• Using the AT1 0)2
• Using Timing Function 0)3
• Three Smart Technologies 0)3
• Choose Massage Head 0)4
• Charging 0)6
4. Parameter Information 0)7
5. Maintenance 0)7
5. Precaution for Use 0)7

What's in the Box



Introduction to the AT1

- ① Massage Heads
- ② Working Indicators
- ③ Power Switch
- 4 Charging Indicators
- ⑤ DC Input
- Battery Indicators
- Massage Head Display
- ® Charger Connection Display
- Human Body Induction Display
- 10 Massage Mode
- 11) Speed Display
- ¹² Massage Time Display
- ③ Compound Button (Mode Switch Button & Start/Pause Button)
- (4) Speed ^ Button
- 15 Speed v Button



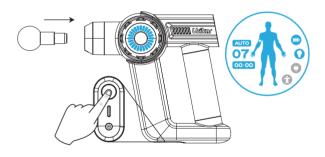
How to Use

• Using The AT1

1. Long press the power switch ③ for 3 seconds and install the massage head, the massage gun is starting up.

Note: The blue working indicator light ② is always on when the equipment is working. And the display will show the body massage part corresponding to the current massage head, current massage mode, the battery power, and the other relevant information.

2. Short click the compound button $\ensuremath{(\mathbb{B})}$, the massage gun starts/stops working.





3. Mode Switch

(1) Smart Mode

Turn on the power and the product defaults to smart mode. When the massage head is inserted in the smart mode, the massage head display icon ① on the display screen is lit, and the display screen will also display the body massage part corresponding to the current massage head, and it will automatically adjust to the appropriate gear according to the massage head. If the product no longer works, the product will turn off the screen after 5 minutes, and automatically shut down after 15 minutes.

Note: The display shows "AUTO" 10 icon in smart mode.

(2) Constant Speed Mode

After turning on the power, long press the composite button for 3 seconds, the product automatically switches to the constant speed mode. The massage head recognition function is turned off by default in the constant speed mode. By short pressing the speed "A" (A) or "v" (B) button, you can increase or decrease the massage speed, adjust the required speed gear, long press "A" to increase the speed continuously, long press "v" to decrease the speed continuously.

Note: In the constant speed mode, the display does not display the "AUTO" (B) icon.



• Using Timing Function

- 1. The massage gun will automatically time after it starts working (in minutes).
- 2. The maximum time count is "99" (in minutes).

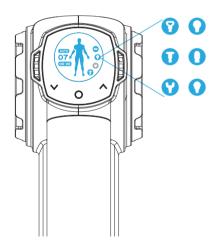
• Three Smart Technologies

1. Visual Intelligent Control Compass

The intelligent control compass will display relevant information such as massage area, massage mode, battery level, etc., even a novice can quickly grasp it.

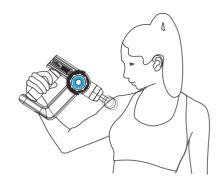
2. Intelligent Recognition to Massage Head

When inserting different massage heads, the system will automatically recognize and automatically configure the corresponding hit mode to achieve targeted relief of muscle soreness and achieve the best results.

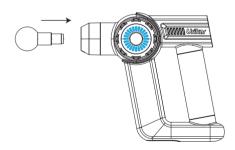


3. Smart Start/Stop to Save Electricity

In the process of massage in smart mode, when the massage gun detects that it is far away from the human body, the massage gun will slowly stop working, and the human body induction display icon ③ on the display is not lit; when it is detected close to the human body, the massage gun will automatically slowly increase to the preset speed of the currently detected massage head, and the human body induction display icon ③ will be lit on the display; this can reduce power consumption, increase battery life, and extend product life.

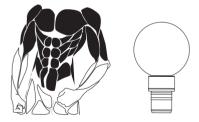


• Choose Massage Head



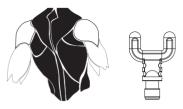
1. Install of the Massage Head

Choose the massage head you need and insert by pressing in, or remove by pulling it out.



2. Introduction to Massage Head

A. Ball Head: Uniform and soft strength suitable for whole body muscle massage and relaxation. Equipped with silicone sleeve, it is more powerful and easier to clean.



B. U-Shaped Head: Suitable for shoulders, cervical vertebrae and bilateral muscles.

Note: Don't directly hit the cervical spine and spine, it will cause personal injury.



C. Bullet Head: Suitable for tendon, acupoint, etc.



D. Shovel Head: Suitable for back, cervical and lumbar massage.



E. Air Plug Head: Suitable for massaging bones and sensitive parts.



F. Flat Head: Suitable for massaging the relaxation and plasticity of various muscle parts of the body.

Charging

1. How to Charge

Please use the attached power adapter to connect the charging port and power supply of the device.

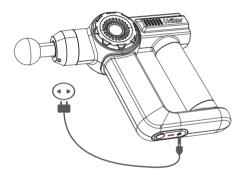
Note: When the charger is not plugged in, the charger connection display icon is not lit. The icon will only be lit after the charger is correctly inserted. If the wrong charger is used, the charger connection display icon will appear ().

2. Description of Battery Indicator

A. Display when charging: The red charging status indicator light flashes while breathing;

 $B.\ Display \ when fully\ charged: The\ blue\ charging\ status\ indicator\ is\ always\ on;$

Note: The product cannot be turned on to use when charging.





Display when charging



Display when fully charged

Parameter Information

Name: Massage gun Brand: Urikar

Model: AT1

Size: 266*240*88mm

Input Voltage: 100-240V, 50/60Hz

Rated Power: 30-65W

Working Mode: Constant Speed Mode, Smart Mode

Power Supply: 2600 mAh

Maintenance

1. Wipe the surface of the massage gun with a slightly damp towel, and then dry it with a soft cloth.

- 2. When you need to store or travel for a long time, please put the massage gun into the case, and fully charge it next time before you use it.
- 3. The massage gun should be stored in a dry, well-ventilated, non-corrosive gas place.
- 4. The massage gun is suitable for transportation by car, train, ship and plane.
- 5. The product should be fixed during transportation to prevent violent vibration, collision, rolling and falling, and to be upward, light and rainproof.

Precaution for Use

In order to reduce the risk of malfunction, electric shock, injury, fire, death and equipment damage, please read all the instructions and warnings in this manual carefully before using this product.

Forbiddance

- 1. It is forbidden for minors to use it. If you are injured, do not use this product. Please consult your doctor before using this product when your muscles are damaged.
- 2. It is forbidden to use on the surface of non-dry, non-clean skin. You can use it across clothes, gently press and move on the skin, each part for about 60 seconds.
- 3. It is forbidden to use above the neck and parts with less muscle coverage and on bones. Use this product only on the soft tissues of the body without causing pain or discomfort.

- 4. It is forbidden to use when bruising, pain or discomfort appears.
- 5. It is forbidden to put any objects into the ventilation holes of the motor.
- 6. It is forbidden to immerse the product in water.
- 7. It is forbidden to use other chargers for charging, you must use the charger provided by our company.
- 8. It is forbidden to disassemble this product in any way.
- 9. Forbid fingers, hair or other parts of the body near the axis and back of the massage head to prevent pinch and injury.

Note

- 1. Keep away from liquids or heat sources, keep the vents free of dust.
- 2. After charging is complete, please unplug the charger.
- 3. Don't use this product while charging.
- 4. Please use this product according to the instructions.
- 5. Before each use, carefully check whether the product can be used normally according to the operation methods of this manual.

Warning

This product cannot be used under any of the following situations without the prior consent of the doctor: Pregnancy, diabetic complications (such as neuropathy or retinal injury), wearing a pacemaker, recent surgery, epilepsy or migraine, herniated disc, spondylolisthesis, diastasis vertebralis, or spondylosisi, recent joint replacement surgery or IUD, metal needle or steel plate.





support@urikar.com



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