

Nutrition Facts for Skinny Smoothies

	Calories	Fat	Protein	Carbs	Sugars	Sodium	Sat. Fat	Trans Fat	Cholesterol	Fiber	Vit. A	Vit. C	Calcium	Iron
Banana Berry	280	3.5g	22g	50g	26g	160mg	1g	0g	50mg	2g	6%	15%	40%	4%
Banana Orange Mango	260	3.5g	22g	37g	25g	160mg	1g	0g	50mg	2g	6%	35%	45%	4%
Banana Pudding	260	5g	24g	31mg	17g	250mg	1g	0g	50mg	2g	8%	15%	60%	6%
Bananarama	290	4g	20g	44g	25g	250mg	1g	0g	40mg	3g	8%	20%	60%	8%
Berry Bliss	220	4.5g	21g	24g	16g	200mg	1g	0g	50mg	<1g	8%	25%	60%	8%
Blue Crush	240	3.5g	22g	29g	22g	170mg	1g	0g	50mg	<1g	4%	45%	45%	4%
Blueberry Bomb	270	3.5g	21g	36g	26g	160mg	1g	0g	50mg	<1g	4%	8%	45%	4%
Blueberry Cheesecake	210	4g	23g	18g	11g	260mg	1g	0g	55mg	0g	6%	0%	70%	6%
Brownie Batter	300	6g	22g	42g	23g	350mg	3g	0g	40mg	<1g	4%	4%	60%	10%
Butter Cruncher	290	12g	23g	21g	12g	340mg	2g	0g	40mg	<1g	8%	4%	80%	6%
Cake Batter	220	5g	24g	17g	10g	290mg	1g	0g	50mg	0g	8%	4%	70%	8%
Caramel Cheesecake	290	4g	22g	38g	27g	310mg	1g	0g	60mg	0g	6%	10%	70%	4%
Caramel Macchiato (PROJO)	250	4g	20g	32g	23g	270mg	1g	0g	50mg	0g	4%	15%	60%	4%
Chocolate Banana	230	4g	20g	32g	17g	250mg	0.5g	0g	40mg	2g	8%	8%	60%	10%
Chocolate Chizzle	330	14g	24g	33g	17g	390mg	4g	0g	40mg	2g	6%	0%	70%	10%
Chocolate	190	4g	24g	19g	10g	260mg	1g	0g	50mg	0g	6%	0%	70%	10%
Chocolate PB Banana	290	9g	22g	34g	18g	140mg	2g	0g	40mg	3g	0%	8%	20%	6%
Cookies 'N Cream	310	9g	20g	39g	21g	430mg	4g	0g	40mg	<1g	6%	4%	60%	10%
Fruitpocalypse	250	3g	21g	34g	24g	125mg	1g	0g	50mg	<1g	4%	50%	35%	4%
Grasshopper	260	6g	20g	31g	19g	340mg	2.5g	0g	45mg	<1g	6%	0%	60%	8%
Hallelujah	330	11g	23g	36g	21g	260mg	2g	0g	40mg	3g	6%	15%	60%	4%
Iron Monkey	240	4g	.5g	32g	18g	270mg	.5g	0g	40mg	2g	60%	30%	70%	10%
Jubilee	270	3.5g	22g	37g	28g	190mg	1g	0g	55mg	<1g	4%	30%	50%	4%
Mango	200	4g	21g	18g	13g	200mg	1g	0g	50mg	0g	6%	0%	60%	6%
Millennial	250	3.5g	20g	36g	19g	210mg	0.5g	0g	40mg	2g	6%	70%	50%	8%
Mocha Mint (PROJO)	310	3g	23g	51g	34g	320mg	0.5g	0g	50mg	0g	4%	0%	70%	8%
Muddy Waters (PROJO)	300	10g	21g	36g	19g	310mg	2g	0g	35mg	<1g	4%	0%	60%	10%
No Bake Cookie	290	12g	21g	28g	7g	300mg	2g	0g	35mg	2g	6%	0%	70%	10%
Nut Case	310	11g	21g	33g	18g	290mg	2.5g	0g	30mg	<1g	4%	10%	50%	4%
Orange Dream	270	3g	21g	38g	26g	270mg	.5g	0g	45mg	0g	4%	50%	60%	4%
PB&B	330	14g	20g	33g	20g	300mg	3g	0g	35mg	3g	8%	20%	60%	6%
PB&J	370	13g	23g	40g	27g	270mg	3g	0g	45mg	3g	4%	50%	50%	8%
Peach Cobbler	210	4.5g	23g	20g	16g	250mg	1g	0g	55mg	0g	6%	10%	60%	6%
Peach Mango	310	3.5g	22g	48g	36g	210mg	1g	0g	55mg	0g	4%	10%	50%	4%
Peanut Butter Cup Blast	350	10g	23g	50g	27g	330mg	2g	0g	35mg	<1g	4%	0%	60%	15%
Peanut Butter Lover	310	15g	24g	21g	13g	350mg	3g	0g	45mg	2g	8%	10%	70%	6%
Pineapple Upside Down Cake	230	5g	24g	23g	14g	250mg	1g	0g	50mg	<1g	8%	40%	60%	8%
Power Mocha (PROJO)	260	3g	20g	46g	26g	320mg	0g	0g	35mg	0g	4%	0%	70%	15%
Radical Raspberry	240	3g	23g	31g	18g	180mg	1g	0g	50mg	<1g	4%	20%	45%	4%
Rapture	250	4.5g	23g	30g	23g	250mg	1g	0g	55mg	2g	8%	45%	60%	8%
Raspberry Cheesecake	210	4.5g	23g	19g	11g	260mg	1g	0g	55mg	<1g	6%	4%	70%	6%
Rich Creamy Cheseecake	210	4.5g	23g	18g	11g	260mg	1g	0g	55mg	0g	6%	0%	70%	6%
Salted Caramel Pretzel	270	5g	21g	34g	16g	520mg	1g	0g	50mg	<1g	6%	10%	60%	10%
Shredd (PROJO)	280	3.5g	22g	46g	25g	270mg	.5g	0g	45mg	2g	6%	8%	60%	15%
S'mores	260	4g	22g	39g	21g	270mg	1g	0g	30mg	0g	4%	8%	60%	8%
Strawberry Banana	250	4g	20g	33g	16g	250mg	0.5g	0g	40mg	3g	8%	60%	60%	8%
Strawberry Cheesecake	230	4.5g	24g	23g	13g	260mg	1g	0g	55mg	<1g	8%	40%	70%	8%
Tropical Storm	260	3.5g	22g	35g	25g	170mg	1g	0g	50mg	<1g	6%	60%	45%	6%
Vanilla Chizzle	340	14g	23g	32g	17g	390mg	4g	0g	40mg	2g	6%	4%	70%	8%
Vanilla Latte (PROJO)	300	3g	22g	44g	27g	320mg	0.5g	0g	45mg	0g	4%	15%	80%	4%
Vanilla	200	4g	23g	17g	11g	250mg	1g	0g	50mg	0g	6%	4%	70%	6%
Very Strawberry	220	4g	23g	20g	9g	260mg	1g	0g	50mg	<1g	8%	50%	60%	8%