

Nutrition Facts for Full Flavor Smoothies

	Calories	Fat	Protein	Carbs	Sugars	Sodium	Sat. Fat	Trans Fat	Cholesterol	Fiber	Vit. A	Vit. C	Calcium	Iron
Banana Berry	380	1.5g	20g	73g	47g	140mg	0.5g	0g	45mg	2g	0%	25%	30%	2%
Banana Orange Mango	350	2g	23g	64g	43g	100mg	1g	0g	50mg	2g	0%	40%	20%	2%
Banana Pudding	380	3g	21g	68g	39g	210mg	2g	0g	30mg	2g	0%	30%	25%	2%
Bananarama	420	1.5g	20g	83mg	49g	240mg	0.5g	0g	35mg	3g	2%	40%	50%	2%
Berry Bliss	310	2g	23g	50g	33g	150mg	1g	0g	55mg	<1g	0%	35%	35%	2%
Blue Crush	320	2g	24g	53g	36g	150mg	1g	0g	55mg	<1g	0%	40%	35%	0%
Blueberry Bomb	340	1.5g	21g	60g	39g	200mg	0.5g	0g	45mg	<1g	0%	20%	40%	0%
Blueberry Cheesecake	320	1g	20g	59g	35g	230mg	0.5g	0g	50mg	<1g	0%	0%	50%	0%
Brownie Batter	480	7g	20g	91g	51g	450mg	4.5g	0g	25mg	<1g	0%	15%	45%	15%
Butter Cruncher	450	8g	20g	73g	43g	340mg	2g	0g	30mg	<1g	0%	25%	60%	0%
Cake Batter	390	3.5g	22g	69g	39g	260mg	2g	0g	30mg	0g	0%	25%	30%	0%
Caramel Cheesecake	390	2g	22g	71g	46g	290mg	1g	0g	60mg	0g	0%	10%	60%	0%
Caramel Macchiato (PROJO)	360	2.5g	22g	59g	44g	260mg	1.5g	0g	65mg	0g	0%	30%	45%	0%
Chocolate Banana	340	1.5g	20g	72g	40g	200mg	0.5g	0g	35mg	3g	2%	15%	40%	15%
Chocolate Chizzle	560	14g	25g	98g	54g	530mg	5g	0g	30mg	2g	0%	0%	60%	25%
Chocolate	360	1g	24g	74g	42g	320mg	0g	0g	40mg	0g	0%	0%	60%	20%
Chocolate PB Banana	440	9g	24g	76g	42g	250mg	2g	0g	35mg	4g	2%	15%	40%	15%
Cookies 'N Cream	500	6g	22g	91g	53g	470mg	4g	0g	40mg	<1g	0%	25%	60%	6%
Fruitpocalypse	290	2g	22g	47g	32g	100mg	1g	0g	50mg	<1g	0%	60%	20%	2%
Grasshopper	510	6g	22g	96g	51g	510mg	4g	0g	35mg	<1g	0%	0%	60%	20%
Hallelujah	470	9g	23g	76g	45g	290mg	2g	0g	35mg	3g	0%	30%	50%	2%
Iron Monkey	370	1.5g	20g	71g	42g	270mg	.5g	0g	35mg	2g	60%	45%	50%	6%
Jubilee	380	2g	23g	69g	53g	140mg	1g	0g	55mg	<1g	0%	60%	30%	2%
Mango	390	1.5g	23g	73g	50g	150mg	1g	0g	55mg	0g	0%	10%	35%	0%
Millennial	290	1.5g	21g	49g	26g	150mg	0.5g	0g	40mg	2g	0%	90%	25%	4%
Mocha Mint (PROJO)	330	1g	21g	63g	42g	250mg	0g	0g	40mg	0g	0%	0%	45%	8%
Muddy Waters (PROJO)	370	8g	21g	63g	35g	300mg	2g	0g	25mg	<1g	0%	0%	50%	15%
No Bake Cookie	510	10g	27g	92g	43g	360mg	2g	0g	30mg	3g	0%	0%	60%	25%
Nut Case	460	11g	22g	72g	40g	300mg	3.5g	0g	20mg	<1g	0%	25%	30%	0%
Orange Dream	410	1g	21g	78g	50g	300mg	0g	0g	40mg	0g	0%	60%	60%	0%
PB&B	480	14g	21g	72g	45g	300mg	4g	0g	30mg	4g	0%	40%	45%	0%
PB&J	470	14g	21g	67g	46g	200mg	4g	0g	35mg	4g	0%	70%	25%	4%
Peach Cobbler	400	2g	20g	76g	56g	260mg	1g	0g	40mg	0g	0%	40%	45%	0%
Peach Mango	390	1.5g	21g	75g	54g	190mg	.5g	0g	45mg	0g	0%	25%	40%	0%
Peanut Butter Cup Blast	430	8g	23g	77g	43g	360mg	2g	0g	30mg	<1g	0%	0%	60%	20%
Peanut Butter Lover	530	19g	24g	71g	49g	370mg	6g	0g	35mg	4g	0%	45%	50%	0%
Pineapple Upside Down Cake	310	2.5g	20g	51g	33g	130mg	1.5g	0g	40mg	<1g	0%	50%	20%	2%
Power Mocha (PROJO)	300	1g	22g	59g	34g	260mg	0g	0g	35mg	0g	0%	0%	50%	15%
Radical Raspberry	320	1.5g	22g	55g	26g	210mg	.5g	0g	40mg	<1g	0%	40%	50%	0%
Rapture	400	1.5g	22g	75g	61g	230mg	.5g	0g	55mg	2g	0%	80%	45%	2%
Raspberry Cheesecake	380	1g	20g	71g	44g	230mg	0g	0g	50mg	<1g	0%	8%	50%	0%
Rich Creamy Chesecake	380	1g	22g	69g	41g	290mg	0g	0g	55mg	0g	0%	0%	60%	0%
Salted Caramel Pretzel	470	3g	22g	88g	53g	570mg	1.5g	0g	55mg	<1g	0%	35%	50%	6%
Sampson	550	14g	21g	96g	52g	420mg	5g	0g	25mg	5g	2%	15%	40%	20%
Shredd (PROJO)	350	1g	22g	73g	41g	260mg	.5g	0g	35mg	2g	0%	8%	50%	20%
S'mores	380	2.5g	23g	71g	40g	280mg	1.5g	0g	35mg	0g	0%	15%	45%	8%
Strawberry Banana	320	1.5g	23g	55g	24g	200mg	0.5g	0g	40mg	3g	0%	80%	35%	4%

Strawberry Cheesecake	330	1g	20g	61g	36g	240mg	0.5g	0g	50mg	<1g	0%	40%	50%	4%
Tropical Storm	320	2g	23g	55g	37g	100mg	1g	0g	50mg	2g	0%	70%	20%	4%
Vanilla Chizzle	580	14g	21g	95g	54g	520mg	5g	0g	30mg	2g	0%	25%	60%	4%
Vanilla Latte (PROJO)	330	1.5g	23g	57g	35g	250mg	0.5g	0g	45mg	0g	0%	20%	50%	0%
Vanilla	370	1g	20g	70g	42g	300mg	0g	0g	40mg	0g	0%	25%	60%	0%
Very Strawberry	300	1g	20g	53g	20g	240mg	0.5g	0g	30mg	<1g	0%	80%	45%	4%