

*Who is Jesus? Book 1* by Abby Van Solkema consists of 28 devotionals on John chapters 1–4. As noted on its cover, the book was written for teens. It serves its purpose well. It is accessible: each Bible passage (KJV) is printed in full prior to its corresponding meditation, so one can slip this compact book into a purse or backpack without needing to carry a Bible as well. The one-page meditations are Reformed, concise, and informative. Did you know that the phrase “under the fig tree” can mean “time spent meditating on Scripture”? Or that the John includes only seven of Jesus’ miracles in his gospel account? Not only is this devotional accessible: it is applicable. Both in the meditations and the two questions that follow each one, Van Solkema guides teens to consider the implications of God’s word on their lives. The three prayer prompts that follow the questions nudged me out of ruts in my own prayer life. If you are one who benefits from jotting down your thoughts, the book includes space for journaling following each question and after the prayer prompts.

This devotional is intended for teens, but like most good books, other ages would be blessed by reading it. I read several of the devotions aloud to all of my children at breakfast; now I’m passing it along to the four teens in our home to read in its entirety. And I’m looking forward to the next three installments in the series. In my busy season of life and as Christmas approaches, I’m grateful for the opportunities this little book granted me to consider, *Who is Jesus?* After all, there is no other question in all the world that is more important or more urgent.