

Writing meditations for The Upper Room

Quick tips

1. Begin by studying and meditating on the Bible, so that its power supports your words.
2. Connect scripture with your own life. Your experience is unique.
3. Remember you have only 200–250 words to get your point across.
4. Make only one point.
5. Remember that your work will need to be translated: make it clear and concise.
6. Avoid using very familiar illustrations – try to be original.
7. Avoid the use of ‘You should...’, ‘You need to...’, ‘You must...’.
8. Use language and examples that appeal to the senses.
9. Indicate which Bible version you use for quotations.
10. Remember your audience.