

# Lent resources



# Introduction

Lent, a season based upon Jesus' 40 days in the wilderness, is traditionally a time of solemn reflection where self-examination, the confession of sins and repentance come to the fore of Christian practice.

As Christians, we pray and reflect on sacrifice in this season as we move towards the celebration of Easter. Some people 'give up' things like chocolate or social media for Lent (there are various ways of 'fasting'), others 'take up' something such as giving to a charity or committing to daily Bible reading and devotion if it's not already a practice in their lives. However we choose to observe Lent, it is an important season in the life of the church and is an opportunity for us to slow down and consider God's immeasurable work in our lives.

In this resource guide we have a wide variety of Lent books and resources which will enrich your spiritual journey and accompany you through the 40 days of Lent as you walk with Jesus and others in community. Our resources can be used for both personal devotion and study, as well as in small groups.

This year's Lent book *Images of Grace* by Amy Scott Robinson is simply a stunning offering. Amy leads us, via a beautiful use of metaphor and a plethora of real-life experiences, through the themes of the season and scripture. With a scripture reading, comment, question and prayer for each day this is an ideal resource and companion for Lent 2023.

We would love to hear your stories and experiences as you journey with BRF resources during Lent 2023. You can contact us at [enquiries@brf.org.uk](mailto:enquiries@brf.org.uk).

## Contents

Introduction	2
Images of Grace	3
Holy Habits	4
Sharing the Easter Story	5
Other titles	6-7
Opening Our Lives	8
Journeying through Lent	9
Other titles	10
Encountering the Risen Christ	11
Order form	12

You can access these resources by visiting [brfonline.org.uk/lent](http://brfonline.org.uk/lent). Do sign up to our mailing list and follow us on social media:



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We would love to connect with you on social media. Follow us and use [#brflent](https://twitter.com/brflent) to share your stories of journeying with our resources.

# images of grace

Amy Scott Robinson

*... a journey from darkness to light at Easter.*

Lent is traditionally a time of repentance, fasting and prayer as we prepare to celebrate our salvation at Easter. Through daily readings and reflections from Ash Wednesday to Easter Day, Amy Scott Robinson explores different biblical images of repentance, sin, forgiveness and grace, bringing them together in Holy Week as a lens through which to view Christ's work of reconciliation on the cross.

978 1 80039 117 8, paperback, 176 pages, £9.99

**'Amy is an expert storyteller, a well of emotion and reflection, and a follower of Jesus with a deep, genuine hunger for the reality of God.'**

Adrian Plass, author and speaker

**'Images of Grace did my soul much good. Amy does not simply teach us daily truths; she immerses us in daily experiences of the gospel. I found it very moving. Highly recommended.'**

Glen Scrivener, author and evangelist at Speak Life

**'Amy is a writer of rare talent. Here, she brings her rich theological insight and deep appreciation of metaphor to the topic of forgiveness. Ideally suited for Lent, read it for the fresh sense of wonder at God's mercy.'**

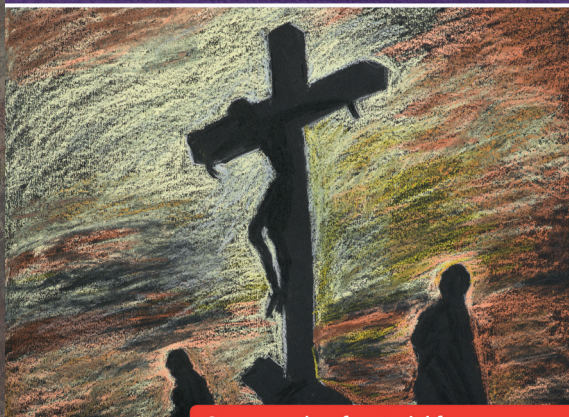
Tanya Marlow, lecturer in pastoral theology, author of *Those Who Wait*



HOLYHABITS

# Holy Habits: Following Jesus

Ideal for Lent and other times



Seven weeks of material for groups

Andrew Roberts

GROUPRESOURCE

This resource provides seven weeks of material for church groups to use during Lent. Each session includes the printed Bible passage, a suggestion for a simple symbolic worship centre, music suggestions, reflection, poem, questions, prayer and take-home ideas. Additional material for Holy Week provides daily reflections that can be used as the basis of a gathered act of worship, or for personal devotion.

978 0 85746 994 6, paperback, 64 pages, £6.99

5 or more copies 10% off – use code FOLLOW10  
10 or more copies 15% off – use code FOLLOW15  
15 or more copies 20% off – use code FOLLOW20

**‘I am delighted to commend *Holy Habits: Following Jesus* by Andrew Roberts — a resource which builds on his earlier book, *Holy Habits*, but which is designed for use by small groups, especially through Lent and Holy Week. The material is accessible, yet challenging; truly imaginative, yet genuinely simple.’**

Pete Wilcox, bishop of Sheffield





# SHARING THE EASTER STORY

Sally Welch

BRF's 2022 Lent book by Sally Welch explores two questions: What is the Easter story really about, and how do we share it?

Through each week of Lent, a different aspect of the Easter story is examined: **repenting, forgiving, hoping, trusting, sacrificing, loving and changing.**

Within each week, the days are focused on what we need to do in order to share the story: **listening, understanding, reflecting, living, telling, sharing and becoming.** Each day offers a Bible passage, followed by a reflection and a prayer. Suggestions for group study and group study questions are also included.

978 1 80039 098 0, paperback, 224 pages, £8.99

‘In Sally Welch we have a delightful, experienced pastoral guide who looks back at lockdowns and opens up new pastures of faith, hope and love as we journey on.’

Gordon Giles, canon chancellor, Rochester Cathedral and author of *At Home in Lent* and *At Home and Out and About*

‘Sally has a wonderful gift of bringing the biblical text alive by connecting its stories and images to contemporary examples we are familiar with and perhaps experience ourselves. The result is fresh insight into God’s great overarching story and an invitation to participate in it ourselves.’

Elizabeth Hoare, director of spiritual formation and pastoral care, Wycliffe Hall



## Celtic Lent

*A 40-day devotional book based on Celtic Lent spirituality*

This inspirational book takes the reader through the 40 days of Lent to the celebration of Easter through the eyes and beliefs of Celtic Christianity. Drawing on primary sources of pastoral letters, monastic rules and the theological teaching of the Celtic church, the author presents a different perspective on the cross of Christ and draws us to see our own life journeys with a new and transforming vision.

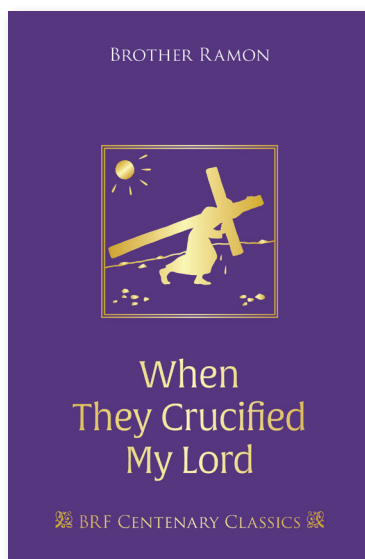
978 0 85746 637 2, paperback, 160 pages, £8.99

## When They Crucified My Lord

*A BRF Centenary Classic*

On this journey from Ash Wednesday to Easter Day, you are invited to become a pilgrim with Brother Ramon. Each day there is the opportunity to stop and reflect on the gospel story, drawing insight from the experiences of those who were there during the events of the first Easter, finding inspiration and strength for the greater journey of our lives. Suffering and glory are intermingled in real human experience in this book, which is designed for personal and group use, for Christians of all traditions.

978 1 80039 089 8, hardback, 176 pages, £14.99



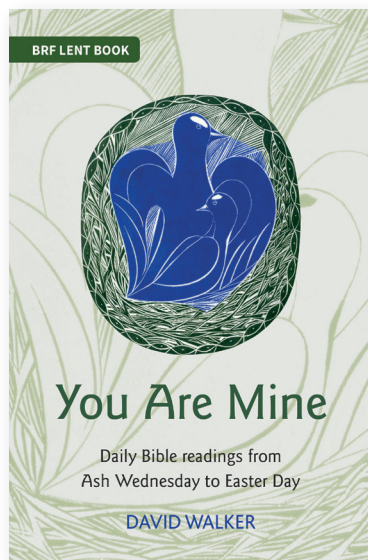
## You Are Mine: Daily Bible readings from Ash Wednesday to Easter Day

*How do we belong to God and with Jesus?*

At this time of Lent, David Walker explores different aspects of human belonging through the medium of scripture and story in order to help us recognise the different ways in which we are God's beloved. And as we recognise ourselves and our own lives in the narrative of God's engagement with humanity and his creation, he gently challenges us to engage for God's sake with God's world.

**'Again and again, as I have sought to look into both the scriptures and my own life, I have heard in the silence the one who assures me, ever more strongly, "You are mine". My hope and prayer is that you who read it will hear something of the same.'**

978 0 85746 758 4, paperback, 160 pages, £8.99



# AT HOME IN LENT

**Gordon Giles**

## At Home in Lent: An exploration of Lent through 46 objects

*Daily readings and reflections for Lent*

Inspired by Neil MacGregor's Radio 4 programme, 'A History of the World in 100 Objects', Gordon Giles spends each week in a different room gleaned spiritual lessons from everyday household objects. As a result, you might discover that finding God in the normal pattern of life – even in the mundane – transforms how you approach each day. Running as a thread through it all are the seven Rs of Lent: regret, repentance, resolution, recognition, reconciliation, renewal and resurrection.

978 0 85746 589 4, paperback, 192 pages, £8.99



# OPENING OUR LIVES

**TRYSTAN OWAIN HUGHES**

Lent is not about giving up or taking up, but a radical opening up: the opening up of our lives to God's transformative kingdom.

That is the challenge Trystan Owain Hughes sets in *Opening Our Lives*. Through practical daily devotions he calls on us to open our eyes to God's presence, our ears to his call, our hearts to his love, our ways to his will, our actions to his compassion and our pain to his peace.

978 0 85746 882 6, paperback, 208 pages, £8.99

'Trystan Owain Hughes offers material for each day of Lent through to Easter... I thank him for the work which he has done to provide such an accessible, stimulating and refreshing resource.'

**John Davies, archbishop of Wales**

'Using a rich blend of story, insight and commentary, Trystan guides us on a Lenten journey of grace. As he encourages us to open ourselves to God and his loving kingdom, he gently challenges us to yield to the One who loves us. Sign up to the journey – you won't regret it!'

**Amy Boucher Pye, author of *The Living Cross***



## Journeying through Lent

with **New Daylight**

Daily Bible readings  
and group study material

Eight weeks of Lent material for church groups and individuals, offering themed reflections by well-loved contributors from the New Daylight archive alongside specially written questions for group discussion.

This material can be used in a number of different ways by all sorts of groups. It can form the basis for a weekly Lent group or provide topics of discussion at Lent lunches or suppers. It can also be used as conversation starters for groups that already meet, such as midweek fellowship groups, Mothers' Union meetings or men's breakfasts.

978 0 85746 965 6, paperback, 144 pages, £2.99

## Journeying through Lent

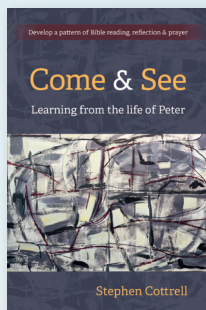
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**Group resource**

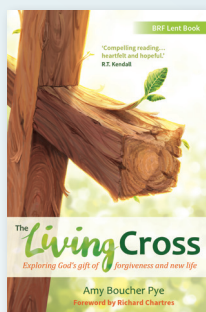




## Come and See

When we look at the life of Peter, we find somebody who responded wholeheartedly to the call to 'come and see'. This book focuses on Peter, not because he is the best-known of Jesus' friends, nor the most loyal, but because he shows us what being a disciple of Jesus is actually like. Like us, he takes a step of faith and then flounders, and needs the saving touch of God to continue becoming the person he was created to be.

978 1 80039 019 5, paperback, 128 pages, £7.99



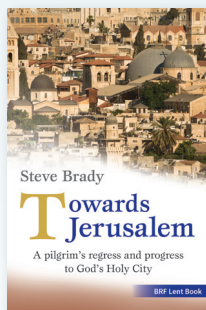
## The Living Cross

As we move from Ash Wednesday to Easter Day, daily reflections and prayers help us to experience the living power of the cross of Christ through biblical and modern-day stories of wrongdoing and forgiveness.

978 0 85746 512 2, paperback, 208 pages, £8.99

**'This is quite the best of all the Lent books I've ever read. I just loved the way Amy takes us through the Bible, revealing God's forgiving heart and his burning desire that we should forgive one another.'**

Jennifer Rees Larcombe



## Towards Jerusalem

God has an agenda for cities. Steve Brady is convinced of it. The Bible is full of significant cities and the biblical story is full of imagery of cities-culminating in God's 'holy city'. *Towards Jerusalem* is a unique Lent book with a call to live for a vision bigger than ourselves and all that this means in transformative terms for the Christian believer today.

978 0 85746 560 3, paperback, 192 pages, £7.99

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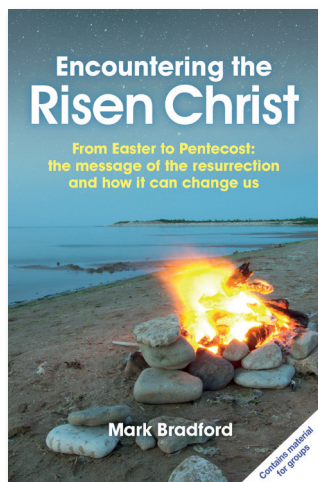
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# Encountering the Risen Christ

Mark Bradford



The post-resurrection encounters between Jesus and the disciples provide us with some of the most profound and personal moments to be found in scripture. The risen Christ comes to his disciples in all their brokenness – their sadness, fear, doubt, shattered dreams and failure – and calls them to a future filled with hope, confidence, confirmed faith, new beginnings and restored lives. *Encountering the Risen Christ* shows us how we too can encounter Jesus Christ in a life-transforming way. The seven chapters plus discussion material can be used across the seven weeks from Easter to Pentecost in individual reflection or group study, or at any time of year.

978 0 85746 428 6, paperback, 160 pages, £8.99

**Group resource**

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