

• ABOUT US •

Here at Dr Physio USA, we make the most imaginative, unwinding, and restorative, well-being and individual care Products.

In the hubbub of today's lifestyle, it becomes impossible to nurture yourself at times. In the chaos of maintaining every aspect of life efficiently, we forget that our bodies are not machines, they need absolute care and tenderness. Pain in neck, shoulder, back or foot should never be taken for granted. They can lead to serious ailments in the long run. To help you ease the situations of painfulness, Dr Physio USA brings to you excellent ways of relaxation and pain relief through our premium gadgets. We offer a non-intrusive answer to help renew and reestablish your muscles and relieve throbbing pain with our various products

The variety of items and massagers we offer are intended to target particular areas of the body viz neck, shoulder, back, foot and so on. the adaptable capabilities of our gadgets are meant for utmost body relaxation after a long day at work.

Sit Back, Relax and enjoy the amazing Dr Physio experience by Dr Trust!!

Dr Physio from Dr Trust
www.drphys.io | www.drtrust.in

Dr Physio
Shiatsu Foot Massager - 1014

• Quick Start Guide •

Step 1

Connect the power adaptor to the massager and insert it into the power point to switch on. The power point will start to flash.

Step 2

Sit in a comfy sofa or chair and slide your feet inside the massager. Press the power button and the massager will start to operate by default.

Step 3

There are 6 Control Buttons (Power ON/OFF, Time, Mode, Heat, Roll, and Strength). Refer to these buttons for customization of massage to a comfortable level.

Step 4

Press the "Time" button to adjust the massage time between "5-30" minutes. You can press the power button again to stop the massager in between.

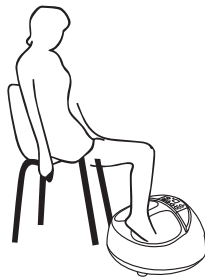


• INTRODUCTION •

The Dr Physio Shiatsu Foot Massager 1014 is all in one massager. It incorporates all the best massage techniques including shiatsu, scraping, rolling, and kneading to give you world-class feet massage in the comfort of your home. The massager is loaded with lots of features like air pressure massage and heat to offer you abundant health benefits with an unforgettable massage experience. This fits all normal feet sizes and easy to maintain and clean.

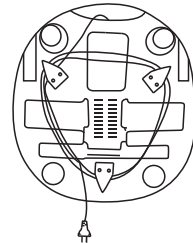
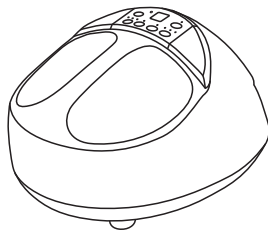
• PRODUCT FUNCTIONS AND CONTROL PANEL •

Schematic Use



Remote control

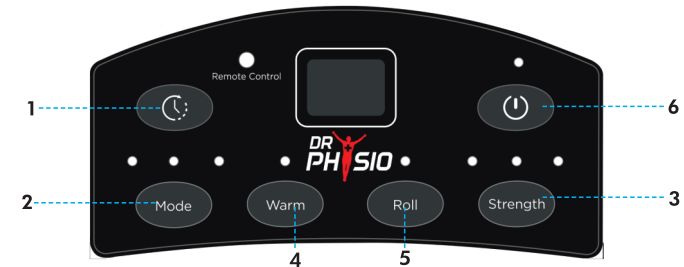
Components



1. **The Central Surface:** 6 Independent Control Buttons are there to control various functions of this product.
2. **The Center of Internal Bottom:** Scrapping massage head- Implement the foot arch region, massage with heat.
3. **The Front of Internal Bottom** Rolling and kneading massage head- implement the foot acupoint massage.
4. **The Rear of Internal Bottom:** Kneading and bunting massage head- Implement the heel acupoint massage.
5. **The Upper of Interior:** Airbags- Closed to the instep and heal air pressure massage.
6. **The Surface of Internal Bottom:** Disassemble or unzip the washable cover for cleaning.

• CONTROL PANEL •

Displays about your selection.



• Display's Buttons Explanation •

1. Time Button



Helps to adjust the massage time.

2. Mode Button

Mode

There is total three modes with red colour indicator light to change the mode of massage.

Mode 1: The left light is ON

Mode 2: The middle light is ON

Mode 3: The right light is ON

3. Strength Button

Strength

Use this to control the strength of massage. There is total three strengths and the display indicate about selection of strength with red indicator light. The strength is;

Weak: The left light is ON

Medium: The middle light is ON

Strong: When the right light is ON

4. Warm Button

The red indicator light turns red when heating function is ON with the massage function. This is a default function which turn on automatically when you will start up the massager.

5. Roll Button

Roll

The Roll function can be controlled independently. When the massage function is on, the roll function turns OFF automatically. However when you turn ON the roll function, the indicator light will become red. The Mode function and Strength function also turned OFF when you have chosen this function

6. ON/OFF Button



Allows to control the whole machine functionality. It will turn the machine On or Off.

• OPERATING INSTRUCTIONS •

1. Plug in the power cord into the power outlet near where you will be sitting, and the massager will turn to in standby mode.
2. In standby mode, the indicator light of "Power" button flashes on the control panel.
3. Press the "power" button again, the indicator light remains on, massage mode is Mode 1, massage intensity is medium, heating function is automatically turned ON.
4. Press "Mode" button to switch between different modes.



- **Mode 1:** Fast and slow rolling and extrusion massage mode, the left light turns ON.
 - **Mode 2:** Quick rolling and extrusion massage mode, the middle light turns ON
 - **Mode 3:** In pure extrusion massage mode, the right light turns ON.
5. When the massager is in working state, press the "Strength" button to choose the massage strength. There is total three strengths.
- **Weak:** The left light turns ON
 - **Medium:** The middle light turns ON
 - **Strong:** The right light turns ON.
6. Press the "Warm" button to turn ON or OFF the warming function. However, the Warm function is default ON when you turn ON the massager.
7. When the massager is in working state, press the "Roll" button to turn ON or OFF the roll function. Turn ON roll function, the mode function and strength function will be closed. Roller massage is good option for the elderly and those people who have ear pain.
8. Press the "Time" button to adjust the massage time between "5-30" minutes.

• ATTENTION •

- Do not allow children or people with disabled ability to operate the product.
- Excessive use will lead to overheating and shorten the product life.

- Do not insert or allow any items/objects to fall into the opening of the product.
- Do not drag the product on the ground or pull the power cord to move the product
- Excessive use will lead to overheating and shorten the life of the product.
- Pregnant women, heart patients, patients with malignant tumors, osteoporosis patients should avoid using this product.
- Persons suffering from skin diseases or broken skin, persons who are using pacemaker or implanted medical devices are suggested to avoid using this product
- Do not use this product with single-legged force; otherwise, it will lead to product damage.
- If the product is found to be damaged, cracked, or exposed, stop using it immediately.
- Do not stand on the product.
- Do not place any heavy object on it.
- In case of any abnormal noise or peculiar smell, stop using it immediately.
- Do not disassemble the internal components of it.
- If you do not use this product for a long time, keep it in the original box in a safe, dry, and well-ventilated area. You can also use a dust cover to protect it.
- Unplug the power cord from the power socket during maintenance.
- Do not plug it with wet hands as this will cause electric shock or injury.
- Always unplug the power cord from the socket after use.
- When a power outage, turn off the power immediately and unplug the power cord from the socket.



For Power Plug and Adapter

- Do not use overrated voltage.
- Hold the power plug instead of the power cord during unplugging.
- If the power cord is damaged, it must be replaced with the similar one.

Suitable Environment

- To avoid electric shock or machine failure, never use this product in humid or dusty environment.
- Do not place the product near the stove or direct sunlight.
- Do not use the product during a storm where lightening is happening.

• MAINTENANCE & STORAGE •

Cleaning

- To clean, turn OFF the machine and let it cool down first.
- Use a dry cloth to clean the housing of the massager.
- Do not immerse the product in any liquid to clean it.
- Avoid contact with water or other liquids.
- Never clean with abrasive cleaners, detergent, brush, gasoline, kerosene, glass cleaner or thinner.

Storage

- Place the appliance in its box or in a safe, dry, cool place.
- To avoid breakage, DO NOT wrap the power cord around the appliance.
- DO NOT hang the massager.

• TROUBLESHOOTING •

Please refer to the following tips and possible solutions if you face any problem while using.

Abnormal Situation	Cause	Solution
Do not work	<ol style="list-style-type: none">1. No power2. Function button is not turned on	<ol style="list-style-type: none">1. Plug in the power socket properly or confirm that the power supply is well connected.2. Turn ON the power button.
Suddenly stopped working	<ol style="list-style-type: none">1. Power outage.2. Exceeds time limit of massage.3. Continuous use for too long.4. Excessive force.	<ol style="list-style-type: none">1. Confirm that the power supply is well connected.2. Turn ON the power button again.3. Turn ON the power button again after cooling down.4. Turn On power button again.



• **PRODUCT SPECIFICATIONS** •

Product Name:	Dr Physio Shiatsu Foot Massager 1014
Voltage:	100V-240V 50Hz/60Hz
Power Consumption:	36W
Automatic Shut off Time:	15 minutes

• **CUSTOMER SUPPORT** •

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