

• ABOUT US •

Here at Dr Physio USA, we make the most imaginative, unwinding, and restorative, well-being and individual care Products.

In the hubbub of today's lifestyle, it becomes impossible to nurture yourself at times. In the chaos of maintaining every aspect of life efficiently, we forget that our bodies are not machines. they need absolute care and tenderness. Pain in neck, shoulder, back or foot should never be taken for granted. They can lead to serious ailments in the long run. To help you ease the situations of painfulness, Dr Physio USA brings to you excellent ways of relaxation and pain relief through our premium gadgets. We offer a non-intrusive answer to help renew and reestablish your muscles and relieve throbbing pain with our various products

The variety of items and massagers we offer are intended to target particular areas of the body viz neck, shoulder, back, foot and so on. the adaptable capabilities of our gadgets are meant for utmost body relaxation after a long day at work.

Sit Back, Relax and enjoy the amazing Dr Physio experience by Dr Trust!!

Dr Physio from Dr Trust
www.drphys.io | www.drtrust.in

Dr Physio Dr Physio Leg & Foot Massager - 1026

• Quick Start Guide •

Step 1

Connect the plug into the electrical outlet and switch on from the back of massager.

Step 2

Set the unit and insert your feet into the fabric-covered slots.

Step 3

Use the control panel to enjoy customized massage experience.

Step 4

Press the power button to "power off" the massager.



• INTRODUCTION •

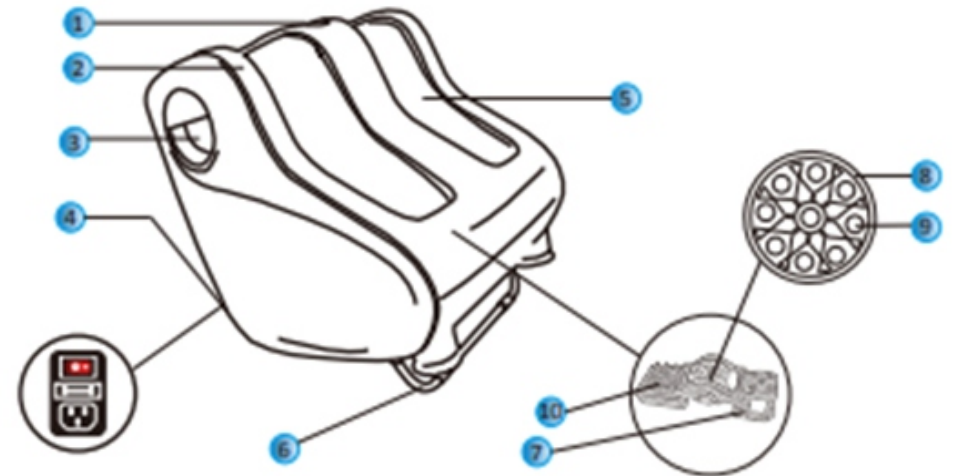
Dr Physio Leg & Foot Massager – 1026 is specially designed to provide stimulation on necessary pressure points. It has 3 kneading massage programs and 3 vibration modes to manipulate the massage speed in and around the feet and legs. This massager is integrated with kneading pads which squeeze to deliver the comfortable massage experience as per users comfort every time. On the other hand, the integrated heat feature improves the effectiveness of massage by increasing blood flow throughout the body.

• KEY FEATURES •

1. Massages your feet, ankles, and legs all at the same time.
2. Flexible kneading discs create a professional massage experience.
3. Strong kneading action penetrates deeply into the muscles of your feet, ankles and legs.
4. Pressure nodes located under your feet stimulate the reflex points on the soles of your feet.
5. Personal preference of 3 kneading massage programs and 3 vibration modes.
6. Strategically located buttons on the switch panel allow you to control the massage function easily.
7. It turns off automatically after 15 minutes to preserve the power of battery.

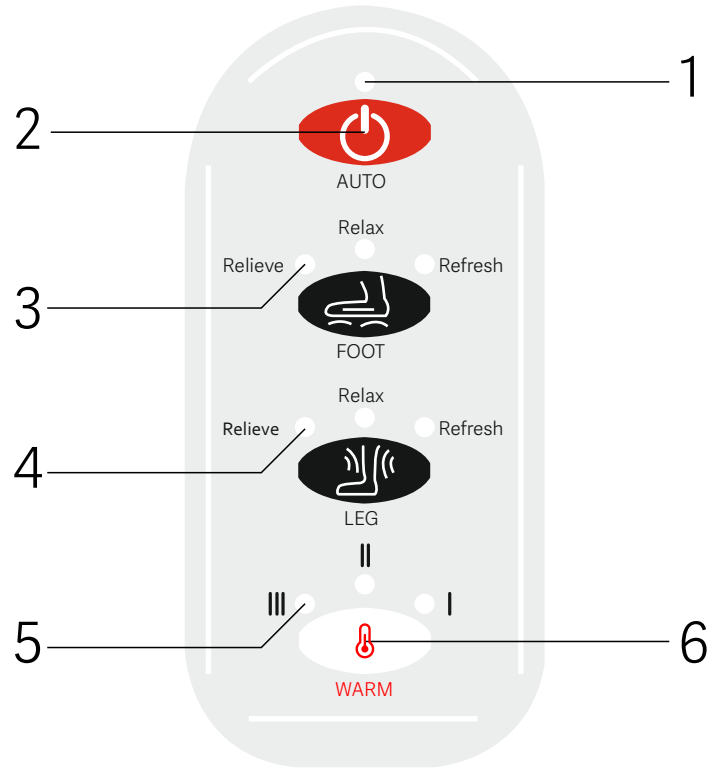
• COMPONENTS AND FUNCTIONS •

1. Control Panel
2. Shell of Mainframe
3. Side Handles
4. Power Switch (Back)
5. Cloth Cover (with zipper)
6. Bracket
7. Roll Subassembly
8. Roll ball
9. Magnet
10. Heat up Part



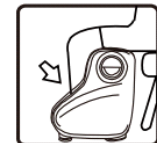
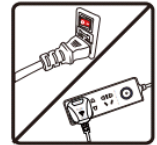
• OPERATION INSTRUCTION OF CONTROL PANEL •

1. Indication Light
2. Power Button
3. Indication Light of Foot Massager Speed
4. Indication Light of Leg Massager Speed
5. Indication Light of Heat
6. Heat button



• USAGE GUIDE •





1. Press the power switch in the back of massager, the indicating light of stand-by will turn on.
2. Open or close bracket according to the height of feet.
3. Insert the adapter to the massagers back socket by correct direction. After connecting the power, the indication light of adapter will turn on.
4. Drive up your knee. Choose chair be equal to stature, put feet into massage slot.
5. If the electricity was cut off in the course of using, turn your feet side and move out easily.
6. Turn Off: Please press the off button, turn off the power switch, then cut the power remove the adapter



To Activate the Kneading Discs Only

1. Place the lower section of your legs into the fabric-covered slots.



2. Press the  button and the default mode will be "Refresh", press it again or twice, and mode will switch to "Relax" or "Relieve". There are different kneading modes for choosing as per your preferences.
3. Press the  button and the default mode will be "Refresh", press it again or twice, and mode will switch to "Relax" or "Relieve". There are different kneading modes for choosing as per your preferences.
4. Press the  heat button to start heating function.
5. Press the  button again to stop the kneading massage.

Note :

Automatic period of any function is 15 minutes. For start using it again you will need to change function.

PRECAUTIONS FOR GOOD CARE OF MASSAGER

Power Plug and Cord

- Inspect the cord & plug carefully.
- Look for cracks or damaged insulation, missing plug blades and indications of overheating or burning especially on the plug.
- Make sure the plug is securely attached to cable.
- The plug should be molded to the cord or have a clamping mechanism that fits snugly around the cord without pinching.
- Check for hot or discolored outlet wall plates. That may indicate dangerous heat buildup at the connections.

- Never force a plug into an outlet if it doesn't fit well.
- Do not disconnect the AC plug from the electrical outlet roughly.
- DO not connect or disconnect the AC plug from the electrical outlet with wet hands.
- When disconnecting from power outlet, grasp the plug, not the cord.
- Do not place the AC cord under the massager body or any other heavy object.
- Do not wind the AC cord around the massager as it may damage the cord and result in fire or electrical shock.
- Do not operate the massager with a damaged cord or tamper with the cord, contact the service center for inspection.
- Please use only recommended adapter and attachment.
- Do not use the massager if the electrical outlet is excessively loose.

Product Care and Storage

- Be sure to remove the AC plug from the electrical outlet before cleaning the massager.
- Do not use benzene, thinner or any other abrasive solvent to clean your massager.
- Only use a dry cloth when cleaning the massager.
- Never use a damp cloth to clean the massager or the power switches.
- When necessary, detach the fabric covers for cleaning to maintain good hygiene.
- When massager is not in use for a long period of time, it is advisable that the AC power cord of the massager be coiled, and the massager stored in a dust and moisture free environment.
- Do not store the massager near intense heat or an open flame.
- Do not leave the massager under direct sunlight for long period of time.



Suitability of User

The following users must consult their doctor before use

- Those suffering from cancer.
- Those suffering from osteoporosis.
- Those suffering from malignant tumors.
- Those who have a high fever.
- Women who are pregnant or menstruating.

CAUTIONS

- √ Do not exert excessive pressure on the massager. This may significantly slow down or stop the motor potentially cause overheating and subsequently damage to the massager.
- √ The total recommended usage time of the massager is 15 minutes.
- √ Press the "stop" button to terminate massager if discomfort is experienced. The 4 pairs of discs will not stop instantaneously; they will continue to complete the last kneading cycle. Before stopping at their "home" position.
- √ If users experience itching on their feet during and after the massage don't worry this is because of the improved blood circulation.

TECHNICAL SPECIFICATIONS

VOLTAGE:	AC 100-240 V 50/60 Hz
POWER:	80 W
DEFAULT TIME:	15 MINUTES

CUSTOMER SUPPORT

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