

• ABOUT US •

Here at Dr Physio USA, we make the most imaginative, unwinding, and restorative, well-being and individual care Products.

In the hubbub of today's lifestyle, it becomes impossible to nurture yourself at times. In the chaos of maintaining every aspect of life efficiently, we forget that our bodies are not machines. they need absolute care and tenderness. Pain in neck, shoulder, back or foot should never be taken for granted. They can lead to serious ailments in the long run. To help you ease the situations of painfulness, Dr Physio USA brings to you excellent ways of relaxation and pain relief through our premium gadgets. We offer a non-intrusive answer to help renew and reestablish your muscles and relieve throbbing pain with our various products

The variety of items and massagers we offer are intended to target particular areas of the body viz neck, shoulder, back, foot and so on. the adaptable capabilities of our gadgets are meant for utmost body relaxation after a long day at work.

Sit Back, Relax and enjoy the amazing Dr Physio experience by Dr Trust!!

Dr Physio from Dr Trust
www.drphys.io | www.drtrust.in



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Dr Physio
Foot Massager - 1032

• QUICK START GUIDE •

Step 1

Connect the power cable to the massager.

Step 2

Insert the cable plug into the power point and switch on.

Step 3

Sit in a comfy chair with the massager at the front of the chair and slide your feet inside the massager.

Step 4

Press the "Power" button to start the massager.

Step 5

Press the "Direction" button to change the direction of rotational massage heads.

Step 6

Press the "Speed" button to set the level of massage intensity.

Step 7

Press the "Heat" button and your feet will start to warm up slowly.

Step 8

Press the "Power" button to stop the massager.

Note: Always remember to turn off and unplug the massager when not in use.



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• IMPORTANT SAFEGUARDS •

1. Warnings

- We recommend checking with your doctor before using the massager, especially if you have health problems.
- Before using this appliance, read and follow all warnings and instructions in this manual, even if you are familiar with this product.
- Children should be supervised to ensure that they do not play with the appliance.
- The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.

IMPORTANT:

Any individual who may be pregnant or recently gave birth, has a heart condition or a pacemaker, suffers from diabetes or other sensory impairment, phlebitis and/or thrombosis, joint dysfunction, inflammation or injuries, weak bones, osteoporosis, a high fever, an abnormal or curved spine, is at an increased risk of developing blood clots, has pins/screws /artificial joints or other medical devices implanted in his/her body, is being treated for a medical condition or physical injury or is under a doctor's care should consult with a medical professional before using a massaging device.

2. Safety Instructions Relating to the Product, Plug and Power Cord

- The technical specifications of the extension cord must match the technical specifications of this appliance.
- Do not allow the cord to hang over the edge of the work surface or to come into contact with stoves or other hot surfaces.
- If the power cord or plug are worn or damaged, do not use.



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- Do not clean the switch with water.
- When the product is in use, please make sure that someone is there.
- When you do not use or go out, please unplug the power cord.
- Do not spray volatile oil, paint or pesticides.
- Do not use the massager in humid places such as bathrooms.
- Avoid direct sunlight for long periods of time to avoid damage.
- Do not open the shell or replace the internal parts, avoid short circuit and electric shock.

3. Attention

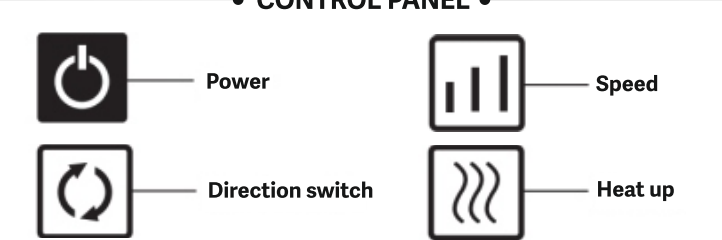
- Do not use this product as a substitute for medical attention.
- Do not use this product for a prolonged time.
- This product is intended only to provide a comfortable massage.
- Do not press too hard on the device to prevent bruising.
- Ensure children and babies do not play with this device.
- Do not operate the appliance with wet hands or wet feet to reduce the risk of electric shock.
- Do not carry the appliance by the power cord.
- Do not use the appliance while sleeping or if feeling sleepy.
- Do not use this product before bed. The massager has a stimulating effect and may delay sleep.
- Do not use this product while in bed.
- Do not cover the appliance while in use. The product will overheat and may cause fire, electrocution, damage to property or injury to persons.
- Prolonged Heat application can result in skin burns.
- This appliance is intended for human use only. Not for animals and pets.
- Never reach or touch an appliance that has fallen into the water. Unplug from the mains power point immediately.



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- Position the power cord properly so that it will not be walked on, tripped over or pinched by items placed on or against it.
- Intended only for indoor domestic use.

• CONTROL PANEL •



• OPERATION PROCEDURE •

- Connect the power cable jack to the massage appliance.
- Insert the power cable plug into the power point and switch it on.
- There are four control buttons (On / Off, Direction, Speed and Heat) on the control panel.
 - Press the "Power" button and the massager begins to operate in default massage with the warm function.
 - Press the "Direction" button, make the massage head turn clockwise or counterclockwise.
 - The product has three- speeds intensity to adjust, press the "Speed" to adjust the massager speed that are from low, medium and high.



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- Press the "Power" button to close the warm function; press again to start the heating function.
- Press "Power" to turn off the power and pull off the plug after use.
- The massager will automatically turn off after approximately 10 minutes.

• STORAGE •

- After you have finished using the massager, unplug the power supply and disconnect it from the massager.
- Store the massager safely in its box and in a dry place.
- Simply loop the cable and place it next to the massager.
- Do not place this unit on other massager, on uneven surfaces or where it could be subject to heat sources, direct sunlight, excessive dust, etc.

• CLEANING CAUTION •

- Turn off and unplug massager prior to cleaning.
- Do not immerse the massager in water, or any other liquid.
- Clean only with a soft, slightly damp sponge.
- Never use abrasive cleaners, solvents, steel wool, scouring pads, brushes, or strong chemicals that might or might not be flammable and/or damage to the product to clean.



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• TROUBLESHOOTING •

No.	Symptom	Possible Cause	Solution
1	Massager stops during use.	The default working time is up. The product has 15 minute automatic timing. It stops when the time limit has been reached.	Reuse later after some time.
2	The Foot Massager cannot be started up.	May the power plug is loosened or it is not turned on. Accidentally turned the switch off.	Insert the plug into socket firmly. Turn on the power switch.



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• TECHNICAL DATA •

Possible Cause	DC12V 2A
Power	24W
Net Weight	1.16kgs
Gross Weight	1.6kgs
Product size	32.5CM*20CM*15CM
Material	ABS + Foam + PU cover/cloth cover

• NET CONTENT IN THE BOX •

- 1*device
- 1*manual
- 1*Power Supply Cable (DC 12V 2A)



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• CUSTOMER SUPPORT •

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