

• ABOUT US •

Here at Dr Physio USA, we make the most imaginative, unwinding, and restorative, well-being and individual care Products.

in the hubbub of today's lifestyle, it becomes impossible to nurture yourself at times. In the chaos of maintaining every aspect of life efficiently, we forget that our bodies are not machines. they need absolute care and tenderness. Pain in neck, shoulder, back or foot should never be taken for granted. They can lead to serious ailments in the long run. To help you ease the situations of painfulness, Dr Physio USA brings to you excellent ways of relaxation and pain relief through our premium gadgets. We offer a non-intrusive answer to help renew and reestablish your muscles and relieve throbbing pain with our various products

The variety of items and massagers we offer are intended to target particulars areas of the body viz neck, shoulder, back, foot and so on. the adaptable capabilities of our gadgets are meant for utmost body relaxation after a long day at work.

Sit Back, Relax and enjoy the amazing Dr Physio experience by Dr Trust!!

Dr Physio from Dr Trust
www.drphys.io | www.drtrust.in

Dr Physio

Foot, Calf and Hand Massager with Heat-1024

• QUICK START GUIDE •

Step 1

Plug the massager into a power socket

Step 2

Press the ON/OFF button to turn on the massager.

Step 3

Set programs to enjoy customized massage.

• INTRODUCTION •

Dr Physio Shiatsu Small Foot Massager is intended to deliver Shiatsu Foot Massage, a traditional unique therapy that helps for building a healthy body with deep kneading massage. The massager is based on a three-dimensional biomimetic method of massage that not only absorbs the essence of traditional massage techniques but also uses the core content of modern magnetic therapy for maintaining foot health. It helps in relieving fatigue, soothing the nerves, and enabling sound sleep with no side effects.



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It is designed to make foot therapy a part of your everyday regime. You can use it after or before sleeping and when watching television. Moreover, the massager comes with intelligent robot-arms to make it convenient and safe to use as per your convenience.

• FEATURES OF FOOT MASSAGER •

1. Massages feet, ankles, legs, and arms by emphasizing key points.
2. Unique micro-computer control system.
3. Bipedal pairs of points to be activated simultaneously for 3 to 5 times higher effectiveness.
4. Unique shape and the design of the massager matches perfectly to the different structures of the human feet.
5. It is a convenient, simple, and quick method of relieving muscle pain.
6. Easy to use at the home, office, leisure time, etc for relieving fatigue quickly.

• OPERATION INSTRUCTIONS •

To Start

- Plug the massager into the power socket.
- Press the on/Off button to turn on the massager. The massager is now ready to use.
- Now set programs to enjoy customized massaging.

Note:

- For the first-time use, you may hear gear sound from the massage board during massaging. But the sound will disappear after a while.
- The recommended time of using massager is normally less than 30 minutes.

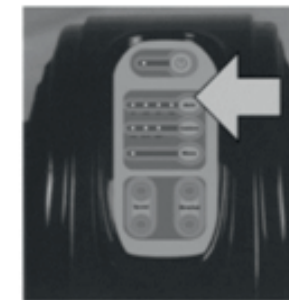
• PROCEDURES AND KEYNOTES •

Power Button

Press to power ON the massager

Automatic Program

Simply click the "Automatic Button" to choose programs, from P1 to P4 (P1, "P II", "P III", "P IV").
Beep sound prompts with every selection.



Program I (PI): Health care massage

Program II (PII): Massage focus on head, neck, lumbar spine, shoulders, head and other parts.

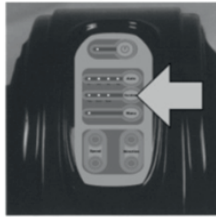
Program III (PIII): Massage focus on the intestinal, liver, stomach, and other parts.

Program IV (PIV): Massage focus on legs, reproductive and urinary system.



Heat Function

Click to heat button to improve the effectiveness of the massage and to get instant relief from fatigue.



Manual Setting

Click the button "manual setting".

Click the key "speed" and "direction", to adjust the speed and direction manually.



TURNING OFF THE MASSAGER

- Keep pressing the "Power Button" for approx. 2 seconds to shut down the respective Massager.
- To start massage, press the "Power Button".
- Press the "Power Button" again to stop the unit.
- The massager will turn OFF automatically after 15 minutes of non-use.
- When no action has been taken for 5 minutes, the massager will stop functioning automatically.

Note:

Never pull out plug directly while using, unplug the power cord after shutdown.

PROHIBIT USE

- Cardiac pacemakers and other implanted medical electronic devices.
- Human-type heart and lung and other life-sustaining medical equipment.
- ECG medical scanners and other electronic devices.

CARE AND MAINTENANCE

- Never leave it unattended when connected to the power source.
- Always unplug the power cord from the power outlet when it is not in use and before cleaning it.
- Close supervision is necessary when this appliance is used by a disabled person.
- Always keep power cord away from heated or wet surfaces.
- Do not spray water into the massager or the fabric cover. Please remove the fabric cover for cleaning.
- Do not use abrasive cleaning agents such as benzene, thinner or other solvents to clean the massager.
- Use only dry cotton cloth to clean the surface of the massager.
- Never keep it in direct sunlight or next to the heater or stove.

ATTENTION POINTS

- Do not operate this appliance if it has a damaged power cord or electric plug.
- Do not operate this device under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to a person.
- Do not carry this appliance with the attached power cord or do not use the power cord as a carrying handle.



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- Connect this appliance to the proper electric outlet only (110/120V).
- Do not use this massager with wet feet.
- When you want to clean the fabric cover or the massager, you must unplug the power cord from the power socket first.
- Do not use the device in the bathing room or in a wet environment.
- Use it only in a dry area.
- Do not spray water onto the control panel or the outside case areas around the appliance.

• SPECIFICATIONS •

| | |
|-------------------|-------------------|
| Power Voltage | 110/120V |
| Power Consumption | 40W |
| Dimension | 59.5x35.5x25cm |
| Auto Massage Time | 15 minutes |
| Speed | High, Medium, Low |
| Weight | 6 kgs |

Disclaimer:

This product is not intended to diagnose, treat, cure, or prevent any disease. It is not intended for use by a person with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction regarding the use of the appliance by a person responsible for their safety.

• CUSTOMER SUPPORT •

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