

## DISCLAIMER

PLEASE DO NOT USE THE MASSAGE GUN WITH OUT FIRST OBTAINING APPROVAL FROM YOUR DOCTOR IF ANY OF THE FOLLOWING APPLY

Pregnancy, diabetes with complications such as neuropathy or retinal damage.

Wear of pace-makers, recent surgery, epilepsy or migraines, herniated disks, spondylolisthesis, recent joint replacements or IUD's, metal pins or plates or any concerns about your physical health. Frail individuals should be accompanied by an adult when using any vibration device. These contra indications do not mean that you are not able to use a vibration or exercise device but we advise you to consult a doctor first.

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## ABOUT US

Here at Dr Physio USA, we make the most imaginative, unwinding, and restorative, well-being and individual care Products.

In the hubbub of today's lifestyle, it becomes impossible to nurture yourself at times. In the chaos of maintaining every aspect of life efficiently, we forget that our bodies are not machines. They need absolute care and tenderness. Pain in neck, shoulder, back or foot should never be taken for granted. They can lead to serious ailments in the long run. To help you ease the situations of painfulness, Dr Physio USA brings to you excellent ways of relaxation and pain relief through our premium gadgets. We offer a non-intrusive answer to help renew and reestablish your muscles and relieve throbbing pain with our various products

The variety of items and massagers we offer are intended to target particular areas of the body viz neck, shoulder, back, foot and so on. The adaptable capabilities of our gadgets are meant for utmost body relaxation after a long day at work.

Sit Back, Relax and enjoy the amazing Dr Physio experience by Dr Trust!!

Dr Physio from Dr Trust  
[www.drphys.io](http://www.drphys.io) | [www.drtrust.in](http://www.drtrust.in)

## Dr Physio Supervolt Go -1029

### QUICK START GUIDE

- Step 1**  
Fully charge battery before use. (Battery could be recharged at any time and at any battery level).
- Step 3**  
Switch ON the gun massager by pressing the power switch.
- Step 5**  
Move the device slowly on the body part or muscle that you want to massage.

- Step 2**  
Firstly, choose one of the 6 attachments and insert it into the message gun base by firmly pressing & twisting into the place.
- Step 4**  
Then set the desired speed and mode to apply pressure as needed (we recommend starting from the lowest speed).
- Step 6**  
Press the power button to turn off the device otherwise it will automatically be off after 15 minutes.

### PRODUCT INTRODUCTION

The Dr Physio Supervolt Go-1029 message gun is a cordless state-of-the-art massage device that helps to reduce muscle tension and soreness faster by using the force of percussive therapy. This new generation technology based device promotes blood circulation, reduces muscle pain and helps with muscle stiffness and more. Everyone from gym-goers to professional players and others – all will love this powerful massager for many other reasons.

### SAFETY INSTRUCTIONS

**DANGER:** To reduce risk of electric shock, fire, and personal injury, this product must be used in accordance with the following instructions:

- For adult use only.
- Use only on a dry and clean body part over clothing by lightly pressing and moving for approximately 60 seconds per region.
- Use the machine only on the body's soft tissues as desired without producing pain or discomfort.
- When massaging, take note of the movement of massage heads and refrain from using excessive intensity.
- Do not use the product on head, neck, chest, armpit, abdomen, spine, bony areas, joints and inflamed or bruised parts of the body.

- Use only the applicators that provide the best desired effect.
- Bruising can occur regardless of control setting or pressure applied.
- Check treated areas frequently and immediately stop at first sign of pain or discomfort.
- Keep fingers, hair or any other body part away from the shaft and backside of the applicator as pinching may occur.
- Do not place any object into the ventilation holes of the machine.
- Do not immerse in water or allow water to enter the ventilation hole of the machine.
- Do not drop or misuse the machine.
- Only recharge with supplied charger.
- Don't use supplied charger to charge other products.
- Carefully examine device and battery before each use.
- Do not tamper or alter machine in any way.
- Never leave the machine operating or charging unattended.

### WARNING & CAUTION

- Do not immerse in water. Keep away from liquids or heat sources.
- Keep ventilation ports free from dust and debris.
- Do not remove screws or attempt to disassemble.
- Do not operate continuously for more than 15 minutes.
- Unplug the charger from device battery after charging or prior to use.
- For adult use only. Do not use if injured. Consult your doctor before using this product.

### PARTS AND FUNCTIONS



### USAGE INSTRUCTIONS

PLEASE READ PRIOR TO USE

#### 1.CHARGING

- To charge battery, connect the DC end of the supplied adapter to the battery charging port and plug AC side cable into wall outlet.
- During charging, the indicator light on adaptor is red.
- It will change to green after battery is fully charged. Do not overcharge the product.
- The average run time is 2-3 hours depending on speed level and pressure applied during use.
- It's not recommended to fully deplete the battery to the warning level.

#### Instructions

- Please fully charge the product before using first time or after not used for a long time.
- Make sure the product is off, when connect power adaptor to the product and the power socket.
- During charging, the indicator light on adaptor is red. It will change to green after battery is fully charged. Do not overcharge the product.
- Unplug the power adaptor after the product is fully charged.
- It is normal that power adaptor might be a little hot when charging.
- The product cannot be used while charging. It can only operate again when the charging adaptor is disconnected.

#### 2.OPRATING

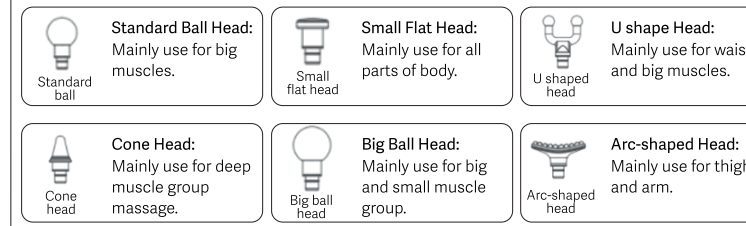
- Insert attachment into the message gun base by firmly pressing & twisting it into the place.
- Press the On/Off Button to turn on the product.
- Press the Mode Button to choose from 5 massage modes.
- Press the Speed Button to choose from 6 levels of speed.
- Move the device slowly when using.
- The device will automatically be off after 15 minutes.
- Press the power switch to switch OFF the massager in between of use.
- Recommend to start from the lowest speed.
- Don't treat the same body part more than 2 min.

### INSTALLATON OF A MESSAGE HEAD



Figure 1: Correct installation direction of massage head  
Figure 2: Massage head installation completed

### USA OF MESSAGE HEADS



### PRODUCT SPECIFICATION

Working Time:	15 Minutes
Motor:	74V motor (4200RPM)
Battery Capacity:	1800mAh
Charging Time:	about 3 hours
Running Time:	about 2-3hours (depends on modes and intensity)
Rated Voltage /Adapter Specification:	8.4V, 1A
Power:	28W

### MAINTENANCE & STORAGE

- Use soft cloth or gentle cleanser to clean machine. Massage heads are available direct water cleaning.
- Keep water, liquids and humidity away from the machine, as moisture will damage the interior electronic components.
- Store in cool, dry places. Avoid direct sunlight.