

Peak Performance Sports Ltd

Risk Assessment 2024



This operational risk assessment is for PPS Sessions and Workshops.
Owner/Controller – Peak Performance Sports Ltd

Hazard Classification:

The risk/hazard has been classified to establish the possible severity of injury in the event of occurrence. This classification is based on relative probability and as statistical data is not available, the allocation has been based on judgement and experience.

1 - None 2 - Minor injury 3 - Major injury 4 - Major injury/death

Likelihood of Occurrence

The risk/hazard has also been classified to establish the probability of occurrence. As above the classification is based on relative probability and as statistical data is not available, the allocation has been based on judgement and experience.

1 - Cannot occur 2 - Very unlikely 3 - Unlikely 4 - Likely 5 - Very likely

Conclusion:

The Get Kinected Circuits/Fintess Workshop, if maintained and delivered in accordance with our risk assessments should pose no threat to children wishing to use it. There are no known operational issues with the equipment. Equipment is visually checked each session and every month is maintained or replaced.

Equipment / Activities identified that require further identification:

Potential Hazard	Result of Occurrence	Hazard Classification	Likelihood of Occurrence	Control Measure	Comments
Trampoline legs break	Trampolines break, child falls off	2	2	Regular maintenance and checks to Trampolines	Coaches to ensure adequate safety mats are placed around Trampolines. Any broken activities are to be replaced before used again.
Balance Boards	Children cannot balance and fall off	2	4	A clear demonstration is shown to all children to show how to use	Ensure the board is on or surrounded by safety mats and with at least a meter away from any other equipment.
Jenga	Jenga is built too high and falls on child's head.	2	3	Children told not to build Jenga too high unless everyone on the mat is standing up	Coaches will ensure this safety measure is in place at all times.
Core Twister	Children Twist too far or fast, lose balance, fall off.	2	3	Coaches demonstrate Twister showing appropriate movement.	
Steppers	Children adjust resistance whilst apparatus is being used	3	4	Coaches clearly demonstrate and remind children of how to adjust resistance safely	Remind children on regular bases.
Volleyball Step Speed Bounce	Possible of minor injury occurring	2	2	Coaches to demonstrate equipment and check all children understand	Demonstrate equipment on a regular bases.

Get Kinected Games

Potential Hazard	Result of Occurrence	Hazard Classification	Likelihood of Occurrence	Control Measure	Comments
Dodgeball	Children bump heads. Hit another child when throwing a ball.	2	2	Instructor to demonstrate scenarios where injury is unlikely to occur to further reduce this risk.	No accidents to date
Fox & Hounds	Children may run into each other	3	3	Instructor to ensure adequate room is available and demonstrates special awareness.	
Tag Rugby (Non Contact)	Children may run into each other	3	3	Instructor to ensure there is enough adequate space for the amount of children.	Break the running up by choosing certain groups to run and not all at the same time.
Bench Ball	Children fall off bench	2	2	Ensure enough benches are out and at least 2 meters away from wall. Put mats at the back of benches.	

Risks during Workshop that concern **Children** identified that require further identification:

Potential Hazard	Result of Occurrence	Hazard Classification	Likelihood of Occurrence	Control Measure	Comments
First Aid is required to a children where <u>minor</u> incident occurred.	A child has hurt themselves.	2	3	Adequate First Aid Box with Ice Packs available in each session	Coach to report all incidents in Company log book and fill out a form from the accident book. Parent must be informed at end of session
First Aid is required to a children where <u>major</u> incident occurred.	A child has a major injury.	3/4	2	Coach to freeze session. All Children sat down immediately, clear area around child with injury. Send for back up help straight away.	A full investigation will be held to the incident and logged,
Child goes missing	A member of the group is missing.	N/A	2	Ensure all doors / exits are locked. Inform children they need to stay in session unless asked to go to Toilet.	If child goes missing, Coach stops sessions, follows missing child policy.
Child is causing disturbance / has	Session is disrupted/stopped,	1-4	3/4	Coach to cover expectations at the	Follow behaviour Policy if unwelcomed

unacceptable behaviour	someone is hurt or upset.			start of each session.	behaviour is displayed.
Child not in good health	Risk of Injury	4	2	All Children should be 5 or over, in good health and any medical notes must be accessible to Coach.	Inhalers should be accessible at all times and kept on school site. Any other medication must always be accessible too.
Fire Alarm	Session stopped	1	4	Children to follow safety exit as demonstrated during schools tests. Coach to lead children out straight away taking no belongings. Only return after headteacher or fire brigade informs Coach.	Coach to check with school on evacuation procedure, fire route and outside meeting location.

**Checked by Jared Carter January 21st 2024
Peak Performance Sports Ltd**