



Behaviour Policy Peak Performance Sports 2024

- Coaches will remind children of our expectations and rules at the start of each day. This is an open discussion that involves the children so that they have some ownership and are more likely to adhere to them.

Our expectations and rules are:

- *Kind hands and kind feet – keep them to yourself*
 - *Always use positive helpful language*
 - *Following instructions the first time*
 - *Listening*
 - *Honesty*
 - *Take responsibility for your own actions*
 - *Respect Coaches, others and themselves*
 - *Have fun*
 - *Engage in set activities*
 - *Demonstrate polite sporting etiquette*
- Praise, recognition and encouragement are used throughout the day by all Coaches to encourage positive behaviour.
 - Rewards such as Trophies, Certificates and Medals are awarded daily to encourage and reward positive behaviour with the children actively involved in making decisions about the winners each day.
 - Positive work created by the children is displayed around the setting.
 - Positive feedback is communicated back to parents/guardians when children are collected.

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Where behaviour is unacceptable or potentially dangerous the following procedure will be followed:

- **Step 1:**
The Camp Manager will take the child to one side, talk with the child and explain that the behaviour is causing a problem and what behaviour is preferable and acceptable.
- **Step 2:**
If the unwanted behaviour continues the child will be given a 5 minute time out and the coach will explain again why the behaviour is unacceptable.
- **Step 3:**
This procedure will be followed again however, if the unwanted behaviour should continue the child will be asked to sit out until the parent/guardian arrives in the interests of his / her own safety and the safety of others.
- At this stage the Camp Manager will then phone the parent or guardian to collect their child. On arrival the parent will be invited to sit down with the child and Camp Manager to explain what has happened and why the behaviour is unacceptable. It is the Camp Managers decision whether the child will be invited back for further sessions.
- Parents / guardians of children who might display challenging behaviour are invited to talk to the Camp Manager before sessions start to discuss behaviour plans and strategies that are followed.

Parents/Guardians of children who have specific learning needs, disabilities, or challenging behaviours are encouraged to discuss specific strategies/behaviour plans before attending each session. Where possible, our aim is to ensure your child receives the right support and a consistent approach with their specific needs thus providing a positive experience here at Peak Performance Sports.

Please note by booking your child in with Peak Performance Sports you agree to this behaviour policy.