

Martha Dress is a timeless pattern combining effortless style and comfort. With its relaxed fit, 3/4 length sleeves and flattering round neckline, it's an essential wardrobe choice. Optional patch pockets add further functionality. View A features wide sleeves with a deep inverted pleat at the shoulder seam, a horizontal tuck detail on the bodice, deep inverted pleats on the centre front and back of the skirt and a deep hem. View B has tapered sleeves, three shallower inverted pleats on the skirt and a regular hem. Martha is perfectly adaptable to any season depending on fabric choice - opt for lighter fabric for warmer days to enjoy the flowy silhouette, or heavier fabric and layers for colder weather. With no zips, buttons or darts, Martha is a stress-free sewing project, suitable for all skill levels.

Original measurements are metric and seam allowance is included at 1.5cm unless otherwise stated during a specific step. Imperial measurements are included on the next page.

UK size		4	6	8	10	12	14	16	18	20	22	24
body measure	ements	s in cn	า									
bust		76	80	84	88	92	96	100	104	110	116	122
waist		60	64	68	72	76	80	84	88	94	100	106
hip		84	88	92	96	100	104	108	112	117	122	127
finished garm	ent fla	t mea	sureme	ents in	cm							
bodice width		45	47	49	51	53	55	57.5	59.5	62	64.5	67
skirt width		75	77	79	81.5	83.5	85.5	88	90	92.5	95	97
dress length		116	117	118	119	120	122	123	125	128	129.5	131
fabric amount	in me	tres fo	or fabri	c with	nap							
150cm wide 4 - 14UK 16 - 24UK	A 3.6 4.2	.6 3.4 4 - 14UK 4.2 3.5										

fabric suggestions and other notions

- light/medium weight linen and most similar woven fabrics with a good amount of drape.
- 1m of bias binding for the neckline, if not making your own.





Martha Dress

A FEW THINGS TO CONSIDER:

- It is important to pre-wash, dry and press the fabric you intend to use for this project in the same way you intend to care for the garment once it is made. The pre-washing is especially important if you plan to change the grainline from that marked on the pattern pieces (like using stripes in different directions) because the length and width (warp and weft) of some fabrics can shrink at different rates. This can make the garment look a little distorted.
- The construction steps provided are only a guide and certainly not the only way to sew this garment. Please feel free to use your judgement or preference and do experiment or alter the pattern to suit your style.
- It goes without saying that the bodice, sleeves and skirt from either view can be mixed and matched to create your own version.
- It is a good idea to read through the instruction booklet first and mark the relevant steps needed for the version you are about to make.

The imperial measurements below are converted for your convenience from the original metric measurements and are approximate to the nearest ½ inch.

Seam allowance is included at \(\frac{5}{2} \) inch unless otherwise stated during a specific step.

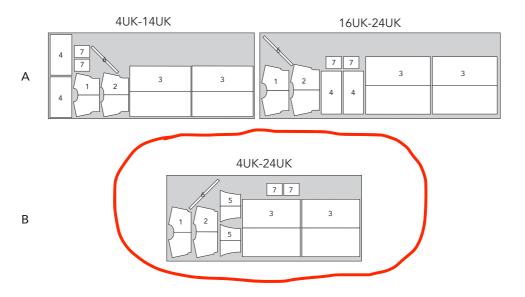
	4	6	8	10	12	14	16	18	20	22	24
rement	s in in	ches									
	30 23.5 33	31.5 25 34.5	33 27 36	34.5 28.5 38	36 30 39.5	38 31.5 41	39.5 33 42.5	41 34.5 44	43.5 37 46	45.5 39.5 48	48 42 50
finished garment flat measurements in inches											
ı	17.5 29.5 45.5	18.5 30.5 46	19.5 31 46.5	20 32 47	21 32.5 47	21.5 33.5 48	22.5 34.5 48.5	23.5 35.5 49	24.5 36.5 50	25.5 37.5 51	26.5 38 51.5
it in ya	rds for	fabric	with na	ар							
A 4 4 ² / ₃	B 3¾ 3¾				4 -	14UK		B √₃ 3³, 4	4		
	nent fla	30 23.5 33 nent flat mea 17.5 29.5 45.5 tt in yards for A B 3 ³ / ₄	30 31.5 23.5 25 33 34.5 nent flat measurement 17.5 18.5 29.5 30.5 45.5 46 at in yards for fabric A B 334	30 31.5 33 23.5 25 27 33 34.5 36 nent flat measurements in 17.5 18.5 19.5 29.5 30.5 31 45.5 46 46.5 at in yards for fabric with nate	rements in inches 30	17.5 18.5 19.5 20 21 29.5 30.5 31 32 32.5 45.5 46 46.5 47 47 45 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	rements in inches 30 31.5 33 34.5 36 38 23.5 25 27 28.5 30 31.5 33 34.5 36 38 39.5 41 ment flat measurements in inches 17.5 18.5 19.5 20 21 21.5 29.5 30.5 31 32 32.5 33.5 45.5 46 46.5 47 47 48 It in yards for fabric with nap A B 4 334 42" wide 4 - 14UK	rements in inches 30 31.5 33 34.5 36 38 39.5 23.5 25 27 28.5 30 31.5 33 33 34.5 36 38 39.5 41 42.5 nent flat measurements in inches 17.5 18.5 19.5 20 21 21.5 22.5 29.5 30.5 31 32 32.5 33.5 34.5 45.5 46 46.5 47 47 48 48.5 It in yards for fabric with nap A B 4 B 3 3 4 4 - 14UK 4 4 7	rements in inches 30	rements in inches 30	rements in inches 30

fabric suggestions and other notions

- light/medium weight linen and most similar woven fabrics with a good amount of drape.
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SUGGESTED CUTTING LAYOUT for 150cm / 59" wide fabric cut on a single layer:



SUGGESTED CUTTING LAYOUT for 110cm / 42" wide fabric cut on a single layer:

