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# Using this Chart

Print this page out.

You cannot use this chart by looking at your monitor due to size and resolution differences among computers. When printed out at the correct size this box should measure 7.25 inches in width.

To find the correct reading glasses lens power, read this chart at the traditional reading distance of 14-16 inches. The first line you have difficulty reading is the suggested lens strength for you at that distance.

## READING EYE CHART

You know you need reading glasses when...

<b>+3.00</b>	Your arms aren't long enough to read your text messages.
<b>+2.50</b>	You keep increasing the font size on your computer screen.
<b>+2.25</b>	You must borrow someone else's readers to read a menu.
<b>+2.00</b>	You frequently ask others "Can you read this for me?"
<b>+1.75</b>	Reading labels is difficult even with good lighting.
<b>+1.50</b>	You need readers to find your readers.
<b>+1.25</b>	You struggle to read the small print.
<b>+1.00</b>	Welcome to middle age!

Regular exams by an eye care professional are necessary to determine your eye health and vision needs.

**RENEE'S READERS**