

RENEE'S READERS

Using this Eye Chart

Print this page out.

You cannot use this chart by looking at your monitor due to size and resolution differences among computers. When printed out at the correct size this box should measure 5.5 inches in width.

To find the correct reading glasses lens power, read this chart at the traditional reading distance of 14-16 inches. The first line you have difficulty reading is the suggested lens strength for you at that distance.

You know you need reading glasses when...

+3.00 You need longer arms to read your text messages.

+2.50 You keep increasing the font size on your computer screen.

+2.25 You find yourself asking others, "Can you read this for me?"

+2.00 Reading without readers has its surprises.

+1.75 You need glasses to find your glasses.

+1.50 You must borrow someone else's glasses to read a menu.

+1.25 You sweat the small print.

+1.00 Welcome to middle age!

Regular exams by an eye care professional are necessary to determine your eye health and vision needs.