



Dr. Anthony Holland

Uses frequencies to destroy cancer cells. This is NOT vibroacoustic therapy, but is an excellent video showing how sound/frequencies can heal.

https://www.youtube.com/watch?v=1w0_kazbb_U

For more information, go to his non-profit's [WEBSITE](#).



Sound Therapy and Raising Your Vibration



Here, Joanna McEwen, a registered sound therapist, presents a TED talk about sound therapy. [In this video](#), she provides good scientific evidence on how our bodies become out of tune and that by using sound therapy, we can actually get rid of “dis-ease.” Dis-ease is literally anything that makes our body uncomfortable. She has a great Power Point presentation with slides and videos of cells that are “out of tune” because an illness has set in.

This is one of the ways that VAT helps people heal from many conditions.

The Schumann Resonating Frequency

You will note in Chapter One our discussion of the importance of this frequency for the health of the astronauts on the space shuttles and space station. There is currently some discussion about [whether this frequency is changing](#). Is it because human energies are changing the earth's frequency, or is the earth's frequency changing human energies? Read the article linked above to form your own opinion.