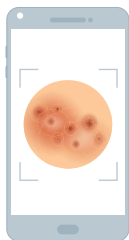


MOUNTAIN ICE ECZEMA CREAM

DIRECTIONS FOR BEST RESULTS

01



TAKE PICTURES OF YOUR SKIN

Before you start using the Cream, TAKE PICTURES to show what your skin looked like in the beginning and how it progressed on your transformable journey.

For the best shots, hold your phone or camera approximately 1 to 2 feet away from your treated area.

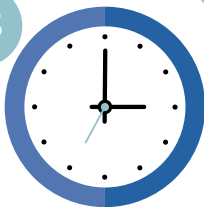
START THE APPLICATION

Time to start the application. Put a pea-sized amount on your index finger and gently massage the cream into the dry area. Try to be consistent and apply evenly in the applied area.

02



03



RUB ON TWICE A DAY

For best results, rub on twice a day, in the morning and at night time before bed. The longer the cream absorbs and rests on the skin without being washed off, the better the result will be.

04



AVOID SOAPS AND SCENTED BODY GELS

When washing the skin, avoid soaps and scented body gels. They can cause damage to the skin and create painful irritation that can take a while to reverse. Choose gentle, scent-free, dye-free soaps that contain moisturizers like colloidal oatmeal that helps soothe, soften, and increase moisture in the skin.

USE THE PRODUCT AT LEAST TWO WEEKS

Please note: Keep using the product every day for at least 2 weeks. Do not stop use after seeing results. Be consistent in your application to track your progress. The goal is to repair your skin and keep it healthy for a long-term solution. We want to maximize results and ensure ultimate relief for your skin!

05



06



SHARE YOUR JOURNEY

Lastly, please share your pictures and your journey with us! Our hope is to inspire others with your story.

Please send to:
sales@mountain-ice.com
or Share on Social Media and Tag us