

Vegetarian \$6.50

CHICK PEA BHAJI [Med]

Mixed vegetable & chick pea curry with a tomato based sauce finished with cashew nuts.

KASHMIRI MUSHROOM [Med - Hot]

A healthy, hearty tomato based vegetarian delight.

Served with yoghurt & chopped cashews.

PANCH PHORA POTATOES [Med]

Dry potato curry, beautiful alone or as a side dish.

SPICY MIXED DHAL [Mild]

A wonderfully tasty vegetarian favourite. Great on toast the next morning too!

SPINACH & PUMPKIN CURRY [Med]

A delicious & creamy vegetarian dish.

SPICY VEGETABLES [Med]

Vegetables of your choice done in a spicy coconut sauce.

BIRYANI RICE [Mild]

This beautiful cauliflower and chick pea rice mix is lovely on its own but extra special when eaten with a Saucy Spice Co meal.

Seafood \$6.50

PRAWNS PUNJABI STYLE [Mild]

A mildly spicy sauce for this prawn recipe, comprising garlic, tomatoes and coconut milk.

EGYPTIAN STYLE FISH [Mild]

A fragrantly spiced dish with a hint of honey to sweeten the sauce.

FISH FILLETS IN A CREAMY MASALA SAUCE [Mild]

Masala meaning a mix of spices [not the liquor] and tomatoes are the base of the sauce.

SEYCHELLES FISH [Med]

A creamy sauce that will turn everyday fish into a masterpiece.

THAI STYLE FISH [Med]

Thai curry sauce with coconut cream.

Minimum Order 6 Packs.

Postage & Handling :

6 packs \$6.95. 7-19 packs \$8.80. 20 and over Free

PAYMENTS CAN BE MADE VIA VISA ,
MASTERCARD, CHEQUE OR PAYPAL

Cheques made payable to

THE SAUCY SPICE CO.

PO BOX 357 PAMBULA NSW 2549

Dips

DUKKAH MIX - 100g Traditional style with hazelnuts. \$7.50

CHILLI DUKKAH - Our original Dukkah mix with added Chilli, Oregano and Garlic \$7.50

PIRI PIRI - 80g Fiery Portuguese Marinade/Dip \$7.00

Popular herb & Spice Blends \$7.00

TANDOORI MIX - 80g Popular Indian Marinade - Great with Prawns, Lamb or Chicken.

ZA'ATAR - 80g Middle Eastern Herb & Spice mix.

HARISSA - 80g A fiery chilli sauce/marinade from Nth Africa

JAMAICAN JERK - 80g A spice based seasoning/rub from the W. Indies

EVERYDAY CURRY MIX - 80g of our own special mix. Great for Curried Sausages, Curried Eggs, etc...

MOROCCAN - 80g A lovely, earthy, versatile Spice Mix suitable for any Moroccan dish.

THAI RED CURRY - 80g Our dry mix easily made into a paste, or used as is.

RAS EL HANOUT - 80g Moroccan Mix meaning "Top of Shop" or "Top Shelf"

ITALIAN HERBS - 40g Perfect flavour enhancer for every Italian meal.

Soups \$7.00

CHICKEN/SEAFOOD LAKSA

Popular Malaysian soup [makes 6 - 7 litres]

SPICY PUMPKIN SOUP - Saucy Spices' own OZ recipe [Makes 6 litres]

HARIRA SOUP - Hearty Moroccan Soup [makes 4—5 litres]

CREAMY SEAFOOD CHOWDER

Luscious, creamy seafood soup treat. [4 litres]

DHAL & SPINACH SOUP

Tasty vegetable soup with red lentils and spinach

MULLIGATAWNY SOUP

This is a medium/hot spicy soup from the "Indian Raj" days.

Evidently the British, being a long way from home still insisted on soup with their meals. This is it!

Stir Fry/Barbecue Mixes \$7.00

CAJUN HIT [mainly chicken & seafood]

THAI CHILLI [for all white meats and seafood.

MIDDLE EASTERN TWIST [all red meats Especially good with lamb]

SPANISH BBQ [Perfect for all meats]

The great all rounder.

THE SAUCY SPICE CO.



'THE SAUCY SPICE CO.' came into being in 2001. It is an Australian owned and run family business.

Over the years we have developed our own recipes from a number of countries around the world, based on authentic local cuisines.

Indulge your taste buds and we hope you enjoy these dishes as much as we do and any ideas or suggestions are most welcome.

Happy Cooking.
Nicky & Peter Bamford

visit us at: www.saucyspice.com.au

or email: nicky@saucyspice.com.au

Ph. 02 64957818

Naturally Gluten Free!

All Packs this page \$6.50

Each pack contains 1 recipe sheet and 1 or 2 sachets of spice blend, individually mixed for that particular recipe.

Chicken

BUTTER CHICKEN [Med]

Rich, creamy and full of wonderful flavours.

NO CHILLI BUTTER CHICKEN (CHILLI FREE)

Exactly the same as the original, we just ditched the chilli.

CHICKEN BALTI [MED-HOT]

This beautiful fresh tomato based dish is spicy, healthy and very tasty.

CHICKEN KASBAH [Med]

A mildly spiced Moroccan dish, cooked with dates, honey and almonds.

CHICKEN TIKKA MASALA [Med-Hot]

Simple and delicious with rich velvety sauce, sure to be a favourite.

ETHIOPIAN CHICKEN [Hot]

Red wine and tomatoes with an exotic blend of spices.

JAVANESE CHICKEN [Mild]

Creamy coconut chicken curry the whole family will love.

MANGO CHICKEN [Mild]

Pre-Marinated in lime, garlic and ginger and finished in a creamy mango sauce.

RANGOON LIME CHICKEN [Med]

Thai influenced, this fresh tasting tomato based Curry is infused with lime leaves.

SATAY CHICKEN [Mild]

A delightful rich and creamy saucy spice version of this all time favourite.

SOUTH INDIAN CHICKEN [Med]

A traditional style curry with tomato, coconut cream and beans.

THAI CHICKEN [Med-Hot]

Combining all the best elements of traditional Thai curries with the Saucy Spice touch.

VIETNAMESE CHICKEN [Med]

Sweet potato and coconut cream enhance this Delicious curry.

SPANISH PAELLA [Med]

This is a beautifully spicy Spanish dish served with chicken, prawns and chorizo.

Lamb

AFGHANI LAMB [Med-Hot]

Deliciously rich and tasty, this curry is cooked in Yogurt and tomatoes and served with pine nuts.

LAMB KORMA [Mild]

A mild and creamy traditional style lamb curry.

MOROCCAN LAMB TAGINE [Med-Hot]

A fragrant Moroccan stew simmered with orange zest and finished with a hint of rosewater.

PUNJABI LAMB SHANKS with Spinach [Med]

Marinated in yoghurt then cooked slowly in a spicy tomato and spinach sauce with a melt in the mouth finish.

ROGAN JOSH [Med]

This is a well loved dish, the lamb marinated in yoghurt giving the meat a smooth texture.

SHAHI KORMA (LAMB OR BEEF) [Mild]

An aromatic blend of spices, almonds and cream form the basis of this delicious curry with Royal origins.

TIBETAN LAMB CURRY [Mild]

A delicately flavoured lamb curry gently simmered with tomatoes, potatoes and whole spices.

Beef

BEEF MADRAS [Med/Hot]

Rich and aromatic, this is a classic Indian curry.

BEEF MASSAMAN [Med]

An easy version of this well known Thai dish cooked with potatoes and coconut milk.

BEEF RENDANG [Med]

A delicious creamy, coconut based Indonesian curry.

CAMBODIAN BEEF

A rich uniquely tasty beef dish with strong Chinese Influence.

FIERY BEEF VINDALOO [Hot]

For those who like it hot, this traditional Indian dish hits the spot.

KERALA STYLE BEEF [Mild]

A simple and light dish an array of spices and finished with fresh coriander.

MEXICAN BEEF & BLACK BEAN [Mild-Med]

A rich, thick Mexican sauce, served on a bed of rice and topped with sour cream and guacamole with a side of corn chips.

NORTH INDIAN BEEF [Med]

An Indian spiced curry with rich gravy full of the flavour of fenugreek. A decadent delight.

PERSIAN STYLE BEEF [Med/Hot]

An exotic and spicy Persian style curry with a hint of sweetness from the addition of dates or dried apricots.

Mince

CHILLI CON-CARNE [Hot]

Our version of this popular Mexican dish. Makes a great, easy meal for a hungry group.

KIDDI CON CARNE [Mild]

The family friendly Chilli Con Carne.

KHEEMA [Mild]

Perfect for the whole family. Made with lamb or beef Mince. A simple, tasty and healthy meal.

MOROCCAN MEAT LOAF [Med]

So tasty, so easy, eat hot or cold. Also makes great spicy rissoles - serves 8 [Med]

SPICY SOUTH AFRICAN MEAT LOAF [Med] Based on the recipe for "Boerewors" [S. African] sausage. Serves 8. Great hot, or cold, good also as patties or on the bbq. [Med]

Pork

BOLIVIAN PORK/PORK RASHERS [Med-Hot] A Mint, parsley and oregano helps give this dish it's fresh and unique flavour.

MISC

SPANISH PAELLA [Med]

This is a beautifully spicy Spanish dish served with chicken and prawns and chorizo.

GIFT PACKS

CHICKEN FAVOURITES (6) \$39.00

THE MILD SIX (6) \$39.00

FAVOURITE 6 PACK (6) \$39.00

CHILLI LOVERS (6) \$39.00

SEAFOOD (6) \$39.00

VEGETARIAN (6) \$39.00

12 MOST WANTED (12) \$72.00

Or create your own

*We also do custom spice blends.
Please contact us for details.
Fresh and very competitively priced.*