





Research Test


Subject Name B L (158)
 Session Name Food (750)
 Session Date 6/24/2019 7:37:00 AM
 Notes

	Meats
Level 1 >	Chicken
Level 1 >	Goose
Level 1 >	Lamb's Liver
Level 1 >	Liver (Beef)
Level 1 >	Pig's Liver
Level 1 >	Turkey
Level 2 >	Beef Jerky
Level 3 >	Bacon
Level 3 >	Goat

	Vegetables
Level 1 >	Cress
Level 1 >	Iceberg Lettuce
Level 1 >	Kale
Level 1 >	Pumpkin
Level 1 >	Radish
Level 1 >	Romaine Lettuce
Level 2 >	Asparagus
Level 2 >	Cabbage (red)
Level 2 >	Celery (raw)
Level 2 >	Endive
Level 2 >	Ginger
Level 2 >	Vegetable Fat
Level 3 >	Beans (green)
Level 3 >	Beans (lima)
Level 3 >	Butter Lettuce
Level 3 >	Portobello Mushroom
Level 3 >	Spinach

	Fruits
Level 1 >	Carambola
Level 1 >	Grapefruit (Pink)
Level 1 >	Lemons
Level 1 >	Olives (back)
Level 1 >	Pink Lady Apple
Level 1 >	Pomegranates
Level 1 >	Raisins
Level 1 >	Raspberries
Level 1 >	Strawberries
Level 2 >	Acai Berry
Level 2 >	Fig
Level 2 >	Golden Delicious Apple
Level 2 >	Granny Smith Apple
Level 2 >	Olives (green)
Level 3 >	Blueberries
Level 3 >	Cherries (raw)
Level 3 >	Fuji Apple
Level 3 >	Honeydew Melon
Level 3 >	Tomatoes (cooked)

	Dairy
Level 2 >	Cream Cheese
Level 2 >	Milk (sheep)
Level 3 >	Butter
Level 3 >	Lactose









	Carbohydrates
Level 2 >	Bread (white)
Level 2 >	Quinoa
Level 2 >	Rice (white)
Level 2 >	Wheat (ground)
Level 3 >	Granary Bread
Level 3 >	Millet
Level 3 >	Rice (brown)







	Seafood
Level 1 >	Anchovy
Level 1 >	Trout (sea)















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 Level 2 > Cod Fish
 Level 2 > Crayfish
 Level 3 > Halibut
 Level 3 > Herring
 Level 3 > Prawns
 Level 3 > Shrimp

 Drinks
 Level 1 > Whiskey
 Level 2 > Coffee sub made from barley
 Level 2 > Cranberry Juice
 Level 3 > Alcohol
 Level 3 > Beer Alcohol
 Level 3 > Oolong Tea
 Level 3 > Yerba Mate Tea

 Nuts
 Level 1 > Peanuts
 Level 2 > Dry Roasted Peanuts
 Level 2 > Macadamia Nuts
 Level 2 > Pecan Nuts
 Level 2 > Walnuts

 Seasonings
 Level 1 > Bay Leaf
 Level 1 > Dill
 Level 1 > Oyster Sauce
 Level 2 > Clove
 Level 2 > Nutmeg
 Level 2 > Poppy Seed
 Level 2 > Sage
 Level 2 > Thyme
 Level 3 > Cinnamon
 Level 3 > Coriander
 Level 3 > Horse Radish
 Level 3 > Parsley
 Level 3 > Soy Sauce



Additives & Ingredients

Level 1 > Artificial Sweeteners
Level 1 > Capsicum (green)
Level 1 > Caraway
Level 1 > Champagne
Level 1 > E 127 Erythrosine
Level 1 > E 150 B Sulphite Lye Caramel
Level 1 > E 1505 Triethyl Citrate
Level 1 > E 161 G Canthaxanthin
Level 1 > E 173 Aluminum
Level 1 > E 262 Sodium Acetate
Level 1 > E 326 Potassium Lactate
Level 1 > E 406 Agar
Level 1 > E 414 Gum arabic
Level 1 > E 626 Guanylic Acid
Level 1 > E 632 Dipotassium ionisate
Level 1 > E 903 Carnauba wax
Level 1 > E 952 Cyclamate
Level 1 > Egg Yolk
Level 1 > Flaxseed
Level 1 > Hops
Level 1 > Molasses
Level 2 > E 122 Carmoisine
Level 2 > E 140 Chlorophylls and Chlorophyllins
Level 2 > E 1412 Di-Starch Phosphate
Level 2 > E 152 Vegetable Carbon
Level 2 > E 154 Brown FK
Level 2 > E 218 Methyl-para-hydroxybenzoate
Level 2 > E 260 Acetic Acid
Level 2 > E 296 Malic Acid
Level 2 > E 302 Calcium L-ascorbate
Level 2 > E 308 Gamma-tocopherol
Level 2 > E 316 Sodium isoascorbate
Level 2 > E 320 Butylated hydroxyanisole
Level 2 > E 327 Calcium Lactate
Level 2 > E 333 Monocalcium Citrate
Level 2 > E 339 Monosodium phosphate
Level 2 > E 363 Succinic Acid
Level 2 > E 470 Magnesium salts of edible fatty acids
Level 2 > E 472 D Tartaric acid esters of mono and diglycerides
Level 2 > E 475 Polyglycerol esters of fatty acids
Level 2 > E 481 Sodium Stearylol
Level 2 > E 508 Potassium Chloride
Level 2 > E 509 Calcium Chloride
Level 2 > E 512 Tin II Chloride
Level 2 > E 522 Aluminium Potassium Sulphate
Level 2 > E 578 Calcium Gluconate
Level 2 > E 623 Calcium Digtamate
Level 2 > E 625 Magnesium Digtamate
Level 2 > E 629 Calcium guanylate
Level 2 > E 927 Carbanide

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Level 2 > Evaporated Milk
Level 2 > Karaya Gum
Level 2 > Maize Flour
Level 2 > Turmeric
Level 3 > E 100 Curcumin
Level 3 > E 104 Quinoline Yellow
Level 3 > E 1105 Lysozyme
Level 3 > E 131 Patent Blue V
Level 3 > E 132 Indigo Carmine
Level 3 > E 1410 Monostarch Phosphate (modified starch)
Level 3 > E 1420 Acetylated Starch
Level 3 > E 150 C Ammoniac Caramel
Level 3 > E 150 Caramel
Level 3 > E 162 Beetroot Red
Level 3 > E 163 Anthocyanins
Level 3 > E 170 Calcium Carbonate
Level 3 > E 172 Iron Oxides
Level 3 > E 211 Sodium Benzoate
Level 3 > E 213 Calcium Benzoate
Level 3 > E 217 Sodiumpropyl-para-hydroxybenzoate
Level 3 > E 221 Sodium Sulphite
Level 3 > E 249 Potassium Nitrite
Level 3 > E 283 Potassium Propionate
Level 3 > E 309 Delta-tocopherol
Level 3 > E 321 Butylated Hydroxytoluene
Level 3 > E 322 Lecithin
Level 3 > E 325 Sodium Lactate
Level 3 > E 332 Monopotassium Citrate
Level 3 > E 338 Orthophosphoric Acid
Level 3 > E 351 Potassium Malate
Level 3 > E 353 Metatartaric Acid
Level 3 > E 356 Sodium Adipate
Level 3 > E 380 Triammonium Citrate
Level 3 > E 404 Calcium Alginate
Level 3 > E 405 Propylene glycol alginate
Level 3 > E 415 Xanthan gum
Level 3 > E 418 Gellan
Level 3 > E 420 Sorbit
Level 3 > E 440 Pectin
Level 3 > E 451 Triphosphate, Phosphate
Level 3 > E 464 Hydroxypropylmethylcellulose
Level 3 > E 473 Sucrose esters
Level 3 > E 507 Hydrochloric Acid
Level 3 > E 511 Magnesium Chloride
Level 3 > E 521 Aluminium Sodium Sulphate
Level 3 > E 541 Sodium Aluminium Phosphate
Level 3 > E 620 Glutamic Acid
Level 3 > E 631 Disodium ionisate
Level 3 > E 633 Dicalcium ionisate
Level 3 > E 912 Montanic Acid Ester
Level 3 > E 938 Argon
Level 3 > E 954 Saccharin
Level 3 > E 965 Maltit
Level 3 > Maple Syrup

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Level 3 > Olive Oil
Level 3 > Sugar (white)
Level 3 > Vinegar (white)