

Research Test

Subject Name All Items
 Session Name Food
 Session Date 8/1/2019 8:05:00 AM

Meats
Bacon
Beef
Beef Jerky
Chicken
Duck
Eel
Goat
Goose
Lamb
Liver (Beef)
Pig's Liver
Pork
Rabbit
Turkey
Veal
Venison

Vegetables
Celery (raw)
Red Kidney Bean
Runner Beans
Artichoke
Asparagus
Bean (Soya)
Beans (broad)
Beans (green)
Beans (lima)
Beans (Runner)
Beans (white)
Beets
Bell Pepper (red)
Bell Pepper (green)
Bell Pepper (orange)
Bell Pepper (yellow)
Brussel Sprouts
Butter Lettuce
Button Mushroom
Cabbage (red)
Cabbage (white)
Carrot
Cauliflower

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Chestnut Mushroom
Chickpea
Chicory Lettuce
Cress
Edamame beans
Eggplant
Endive
Escarole Lettuce
Garlic
Ginger
Iceberg Lettuce
Kale
Leek
Lentils
Mushrooms
Okra
Onion
Oyster Mushroom
Peas (field)
Portobello Mushroom
Potatoes
Pumpkin
Radish
Romaine Lettuce
Rutabaga
Shitake Mushroom
Spinach
Turnip
Vegetable Fat
Watercress

Fruits
Acai Berry
Cranberries
Granny Smith Apple
Apples
Apricots
Avocado
Banana
Blackberries (cooked)
Blueberries
Braeburn Apple
Carambola
Cherries (raw)
Coconut
Dates
Fig
Fuji Apple
Gala Apple
Galia Melon
Golden Delicious Apple

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Gooseberries (raw)
Grapefruit (Pink)
Grapes (Red)
Grapes (whites)
Guava
Honeydew Melon
Jazz Apple
Kiwis
Lemons
Mango
Olives (black)
Olives (green)
Oranges
Papaya
Passionfruit
Peaches
Pears
Pine Nut
Pineapple
Pink Lady Apple
Plums
Pomegranates
Prunes (raw)
Quince
Raisins
Raspberries
Strawberries
Tomatoes (cooked)
Watermelon

Dairy
Blue Cheese
Butter
Butter (salted)
Buttermilk
Cheddar cheese
Condensed Milk
Cream
Cream Cheese
Lactose
Milk (cows)
Milk (goats)
Milk (sheep)
Red Leicester
Sour Cream

Carbohydrates
Barley
Bread (brown)

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Bread (rye)
Bread (white)
Millet
Oatmeal
Oats (porridge)
Quinoa
Rice (brown)
Rice (white)
Wheat (whole grain)
Wheat (ground)

Seafood
Anchovy
Clams
Cod Fish
Crab
Crayfish
Flat Fish
Halibut
Herring
Lobster
Mackerel
Mussels, general
Oyster
Prawns
Salmon
Sardine
Shellfish
Shrimp
Sole
Trout (brown)
Trout (sea)
Whitefish

Drinks
Alcohol
Ale Alcohol
Apple Juice
Beer Alcohol
Camomile Tea
Champagne
Coffee (black)
Coffee sub made from barley
Cola Soda
Cranberry Juice
Earl Grey Tea
Gin
Jasmine Tea
Lager

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Marshmallow Tea
Oolong Tea
Orange Juice
Ovaltine
Pineapple Juice
Pomegranate Juice
Prosecco
Red Wine
Rooibos Tea
Rum
Sambuca
Tea (black)
Tea (green)
Tequila
Vodka
Whiskey
White Tea
White Wine
Yerba Mate Tea

Nuts
Almond
Brazil Nut
Cashew Nut
Chestnut
Dry Roasted Peanuts
Hazelnuts
Macadamia Nuts
Peanuts
Pecan Nuts
Walnuts

Seasonings
Aniseed
Basil
Bay Leaf
Cardamon
Cinnamon
Clove
Coriander
Cumin
Currants (red & black)
Dill
Horse Radish
Mint (fresh)
Mustard
Nutmeg
Oyster Sauce
Paprika

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Parsley
Pepper (black)
Poppy Seed
Rosemary
Sage
Soy Sauce
Thyme
White Pepper

Additives & Ingredients
E 1105 Lysozyme
E 122 Carmoisine
E 133 Brilliant Blue FCF
E 142 Green
E 1505 Triethyl Citrate
E 214 Ethyl-para-hydroxybenzoate
E 356 Sodium Adipate
E 422 Glycerine
E 493 Sorbitan Monolaurate
E 507 Hydrochloric Acid
Vinegar (white)
Acetic Acid
alpha-Lactalbumin
Artificial Sweeteners
beta-Lactoglobulin
Canola Oil
Capsicum (green)
Capsicum (red)
Capsicum (yellow)
Caraway
Cocoa
Coconut Oil
Cod Liver oil
E 100 Curcumin
E 101 Riboflavin
E 102 Tartrazine
E 104 Quinoline Yellow
E 110 Sunset Yellow FCF
E 120 Cochineal, Carminic Acid, Carmine
E 1200 Polydextrose
E 123 Amaranth
E 124 Ponceau 4R
E 127 Erythrosine
E 128 Rot 2 G
E 129 Allura Red AC
E 131 Patent Blue V
E 132 Indigo Carmine
E 140 Chlorophylls and Chlorophyllins
E 1404 Oxidierte Starch
E 141 Chlorophylls
E 1410 Monostarch Phosphate (modified starch)

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E 1412 Di-Starch Phosphate
E 1413 Phosphatised Di-Starch
E 1414 Acetylised Di-Starch Phosphate
E 1420 Acetylised Starch
E 1440 Hydroxypropyl Starch
E 1442 Hydroxypropyl Di-Starch Phosphate
E 1450 Starch Sodium Octenylsuccinate
E 150 B Sulphite Lye Caramel
E 150 C Ammoniac Caramel
E 150 Caramel
E 150 D Ammonium Sulphite Caramel
E 151 Brilliant Black BN, Black PN
E 1518 Glycerine Triacetate
E 152 Vegetable Carbon
E 154 Brown FK
E 160 A Carotene
E 160 C Capsanthin, Capsorubin
E 161 B Lutein
E 161 G Canthaxanthin
E 162 Beetroot Red
E 163 Anthocyanins
E 170 Calcium Carbonate
E 171 Titanium Dioxide
E 172 Iron Oxides
E 173 Aluminum
E 174 silver
E 175 Gold
E 180 Lithol Rubine
E 200 Sorbic Acid
E 202 Potassium Sorbate
E 203 Calcium Corbat
E 210 Benzoic Acid
E 211 Sodium Benzoate
E 213 Calcium Benzoate
E 215 Sodium Ethyl-para-hydroxybenoate
E 217 Sodiumpropyl-para-hydroxbenzoate
E 218 Methyl-para-hydroxbenzoate
E 219 Sodium methyl-para-hydroxbenzoate
E 220 Sulphur Dioxide
E 221 Sodium Sulphite
E 222 Sodium hydrogen sulphite
E 223 Sodium metabisulphite
E 224 Potassium metabisulphite
E 226 Calcium Sulphite
E 227 Calcium hydrogen sulphite
E 228 Potassium hydrogen sulphite
E 233 Thiabendazole
E 234 Nisin
E 239 Hexamethylene-tetramine
E 242 Dimethyl Dicarbonate
E 249 Potassium Nitrite
E 250 Sodium Nitrite
E 251 Sodium Nitrate
E 252 Potassium Nitrate

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E 260 Acetic Acid
E 261 Potassium Acetate
E 262 Sodium Acetate
E 270 Lactic Acid
E 280 Propionic Acid
E 281 Sodium Propionate
E 282 Calcium Propionate
E 283 Potassium Propionate
E 296 Fumaric Acid
E 296 Malic Acid
E 300 Ascorbic Acid
E 301 Sodium L-ascorbate
E 302 Calcium L-ascorbate
E 304 Ascorbyle Palmitate
E 306 Natural Tocopherols
E 307 Alpha Tocopherol
E 308 Gamma-tocopherol
E 309 Delta-tocopherol
E 310 Propyl gallate
E 311 Octyl gallate
E 312 Dodecyl gallate
E 315 Isoascorbic Acid
E 316 Sodium isoascorbate
E 320 Butylated hydroxyanisole
E 321 Butylated Hydroxytoluene
E 322 Lecithin
E 325 Sodium Lactate
E 326 Potassium Lactate
E 327 Calcium Lactate
E 330 Citric Acid
E 331 Monosodium Citrate
E 332 Monopotassium Citrate
E 333 Monocalcium Citrate
E 334 Tartaric Acid
E 335 Monosodium tartrate
E 336 Monopotassium tartrate
E 337 Sodium potassium tartrate
E 338 Orthophosphoric Acid
E 339 Monosodium phosphate
E 340 Monopotassium phosphate
E 341 Monocalcium phosphate
E 350 Sodium malate
E 351 Potassium Malate
E 352 Calcium Malate
E 353 Metatartaric Acid
E 354 Calcium Tartrate
E 355 Adipic Acid
E 357 Potassium Adipate
E 363 Succinic Acid
E 380 Triammonium Citrate
E 401 Sodium Alginate
E 402 Potassium Alginate
E 403 Ammonium Alginate
E 404 Calcium Alginate

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E 405 Propylene glycol alginate
E 406 Agar
E 407 A Eucheuma Alga
E 407 Carrageenan
E 410 Locus Bean Gum
E 412 Guar Gum
E 414 Gum arabic
E 415 Xanthan gum
E 417 Tara Meal
E 418 Gellane
E 420 Sorbit
E 421 Mannite
E 432 Polyoxyethylene-sorbitan-mono-oleate
E 434 Polyoxyethylene-sorbitan-monopalmitate
E 435 Polyoxyethylene-sorbitan-monostearate
E 436 Polyoxyethylene-sorbitan-tristearate
E 440 Pectin
E 442 Ammonium phosphatides
E 444 Sucrose-acetate-isobutyl
E 445 Glycerine ester of roo
E 450 Diphosphate, Phosphate
E 451 Triphosphate, Phosphate
E 452 Polyphosphate
E 460 Cellulose
E 461 Methylcellulose
E 463 Hydroxypropylcellulose
E 464 Hydroxypropylmethylcellulose
E 465 Ethylmethylcellulose
E 466 Carboxymethylcellulose
E 470 Magnesium salts of edible fatty acids
E 470 Sodium
E 471 Mono- and diglyceride
E 472 A Acetic acid esters of mono and diglycerides
E 472 B Lactic acid esters of mono and diglycerides
E 472 C Citric acid esters of mono and diglyceries
E 472 D Tartaric acid esters of mono and diglycerides
E 472 E Mono- and diacetyltartaric acid esters
E 472 Mixed acetic and tartaric acid esters
E 473 Sucrose esters
E 474 Sucroglycerides
E 475 Polyglycerol esters of fatty acids
E 476 Polyglycerol polyricinoleate
E 477 Propane
E 479 Thermo-oxidised soya oil
E 481 Sodium Stearyl
E 482 Calcium Stearyl
E 483 Stearyl Tartrate
E 492 Sorbitan Tristearate
E 494 Sorbitan Mono-oleate
E 495 Sorbitan Monopalmitate
E 500 Sodium Carbonate
E 501 Potassium Carbonate
E 503 Ammonium Carbonate
E 508 Potassium Chloride

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E 509 Calcium Chloride
E 511 Magnesium Chloride
E 512 Tin II Chloride
E 513 Sulphuric Acid
E 514 Sodium Sulphate
E 515 Potassium Sulphate
E 517 Ammonium Sulphate
E 520 Aluminium Sulphate
E 521 Aluminium Sodium Sulphate
E 522 Aluminium Potassium Sulphate
E 523 Aluminium Ammonium Sulphate
E 524 Sodium Hydroxide
E 525 Potassium Hydroxide
E 526 Calcium Oxide
E 530 Magnesium Oxide
E 535 Sodium Ferrocyanide
E 538 Calcium Ferrocyanide
E 541 Sodium Aluminium Phosphate
E 55 Aluminium Potassium Silicate
E 552 Calcium Sillicate
E 556 Aluminium Calcium Silicate
E 558 Bentonite
E 570 Stearic Acid
E 574 Gluconic Acid
E 577 Potassium Gluconate
E 578 Calcium Gluconate
E 579 Iron-II-gluconate
E 585 Iron-II-lactate
E 620 Glutamic Acid
E 621 Monosodium Glatamate
E 622 Monopotassium glatamate
E 623 Calcium Diglutamate
E 624 Monoammmonium glatatmate
E 625 Magnesium Diglutamate
E 626 Guanylic Acid
E 627 Sodium guanylate
E 628 Dipotassium guanylate
E 629 Calcium guanylate
E 630 Inosonic Acid
E 631 Disodium ionisate
E 632 Dipotassium ionisate
E 633 Dicalcium ionisate
E 634 Calcium 5
E 635 Disodium 5
E 640 Glycine and its sodium sales
E 901 Bees wax, white and yellow
E 902 Candelilla wax
E 903 Carnauba wax
E 904 Shellac
E 912 Montanic Acid Ester
E 927 Carbanide
E 938 Argon
E 950 Acesulfame K
E 951 Aspartame

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E 952 Cylclamate
E 953 Isomalt
E 954 Saccharin
E 957 Thaumatin
E 959 Neohesperidin DC
E 965 Maltit
E 966 Lactite
E 967 Xylitol
Egg White
Egg Yolk
Evaporated Milk
Fennel
Flaxseed
Gelatin
Honey
Hops
Karaya Gum
Maize Flour
Maple Syrup
Molasses
Olive Oil
Peppermint Oil
Pumpkin seed
Salt
Sesame seed
Soy
Sugar (brown)
Sugar (white)
Sunflower Oil
Turmeric
Vanilla
Vinegar (apple cider)
Vinegar (malt)
Yeast

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