



WA FOOTBALL COMMISSION

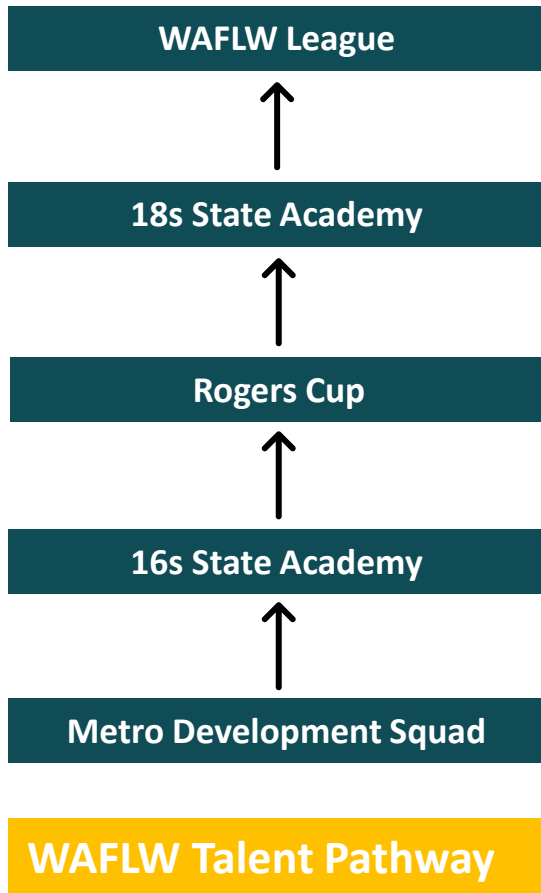
North Hub - Metro Development Squads Player & Parent Induction

*‘Develop Every Player to fulfil their
football potential’*

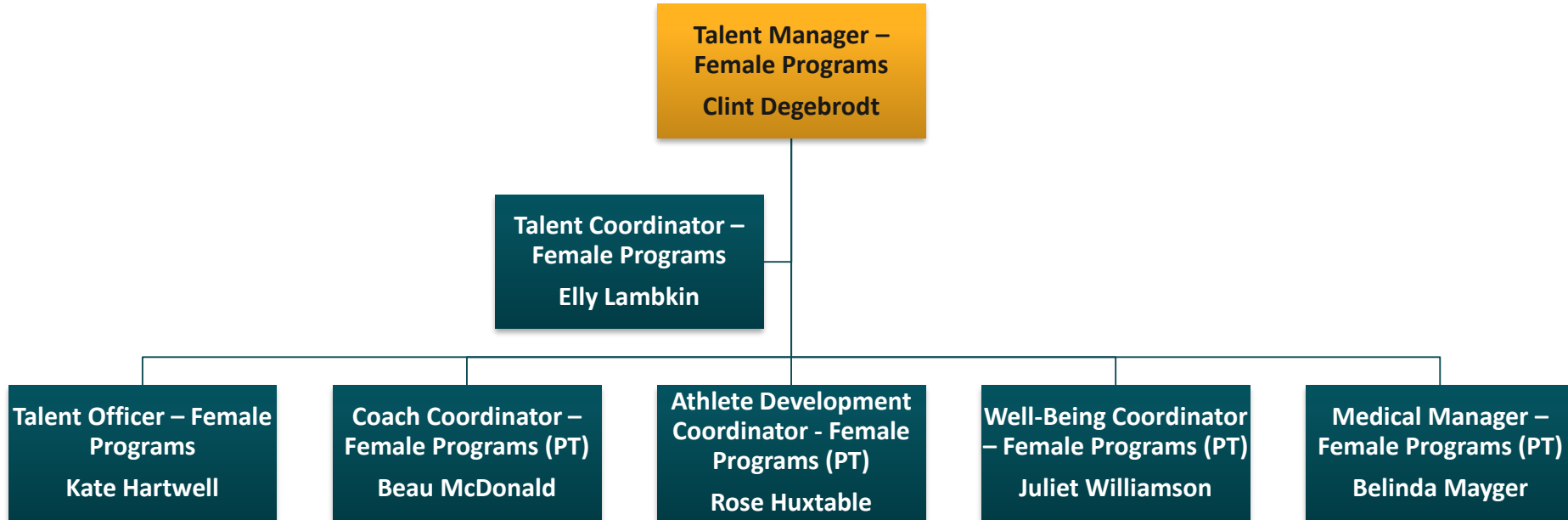
Content:

- WA Talent Structure
 - North Hub Staff
- Development Squad Program Outline
- Expectations – Players & Parents
- Talent Aspects & Selection Process
- Communication Portal
- Medical and Emergency Contacts Document
- Questions

Talent Pathway – WAFLW



WAFC Female Talent – Staff Structure



17s Squad - Role	Name
Head Coach	Matt Debarro
Assistant coach	Carolyn Williams
Assistant Coach	Nikki Phillips
Assistant Coach	Karen Cowley
Development Coach	Deanne Heeley
Development Coach	Michael Collins

15s Squad - Role	Name
Head Coach	Pia Faletti
Assistant coach	Alana Barbato
Assistant Coach	Sally Williamson
Assistant Coach	Teneille Groves
Development Coach	Donna Field
Development Coach	Bree Wright

North Hub Assistant – Matt McNulty

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Development Squad's focus is on individual player development in fundamental skills and decision making. All sessions are focused on developing each player to be able to get the ball, accept contact and execute skills with good decisions under pressure.

Development Squads WAFL Zone Structure



Squad (aligned WAFL zone)	Squad - 15s	Squad – 17s	Total
North Development Squad <ul style="list-style-type: none"> • Claremont zone • Subiaco zone • West Perth zone 	30	30	60
Central Development Squad <ul style="list-style-type: none"> • East Perth zone • Swan Districts zone • Perth zone 	30	30	60
South Development Squad <ul style="list-style-type: none"> • East Fremantle zone • South Fremantle zone 	30	30	60
Peel Development Squad* <ul style="list-style-type: none"> • Peel For geographical reasons, the Peel squad only includes one WAFL Club zone	30	30	60
Total	120 players	120 players	240 players

PROGRAM APPROACH

- 17's – Players born 2002 & 2003
- 15's – Players born 2004 & 2005
- The four Development Squad “Hubs” will be aligned to existing WAFL Zones
- There will be a 15's and 17's squad in each zone with ~30 players for each age group
- There will be 240 players total across all 4 zones (120 per age group)
- We anticipate that around ~35 players will be chosen across all Development Squad teams to join the State Talent Academy

Metro Development Squad Program



15's & 17's Program

Full Squad Player and Parent Induction

Preliminary Talent ID
2 weeks
Squad of 30 selected

Development Squad
Training Program
6 weeks

Development Squad
Carnival
3 Games

Skill Acquisition

Contested Footy

Field kicking

Ground Ball Pick ups

Strength & Conditioning

Movement technique

Balance

Range of Movement

In Game Skills

Our Ball

Opposition Ball

Neutral Ball

Non-Negotiables - Players

Display a Competitive Nature

Win your own Football

Accept contact, initiate contact and provide physical pressure

Work on intrinsic motivation and reward – satisfaction must come from within

Non-Negotiables - Parents

Ask your daughter questions – : “What did you learn? Did you have fun?”

Reinforce the message – “Challenge is an opportunity to improve – enjoy it”

Help foster the love of the game, players that reach their potential love the game

Foster intrinsic motivation and reward – satisfaction must come from within

1. Football Skills

- a) Kicking ability
- b) Handballing ability
- c) Clean hands
- d) Marking strength
- e) Tackling ability
- f) Ruck Craft

2. Competitiveness

- a) Winning 1 on 1's
- b) Keeps engaged in contest – Keeps feet, repeat efforts
- c) Breaks Tackles
- d) Collects contests
- e) Intent on the ball

3. Footy Smarts

- a) Reads the ball in flight
- b) Reading of the play
- c) Positioning & timing
- d) Adjusting to the game – play what you see

4. Physical Qualities

- a) Height
- b) Agility
- c) Speed
- d) Hand/eye coordination
- e) Endurance
- f) Strength/power

5. Character

- a) Coachable
- b) Professional
- c) Adherence to program
- d) Resilience
- e) Leadership

Talent – Aspects, what we are looking for

Skills

- Clean hands
- Disposal skills
- Gives off to 45

Competitive

- Wins Own footy
- Keeps feet in contests
- Breaks through tackles

Game Sense

- Reads the flight
- Reads the play
- Play what the game gives you - take grass, hit the free

Physical Attributes

- Height
- Speed
- Endurance
- Agility

Character

- Coachable
- Professionalism
- Adherence to program
- Positive/Resilient
- Leadership

18's State Academy



2
Strengths
in each
category

WAFLW



2-3
Strengths
in each
category

AFLW



3-4
Strengths
in each
category

Preliminary Talent ID - 2 weeks

- All players who have been nominated by clubs, coaches or schools have been invited to the first two weeks of preliminary training for the Development Squads
- Please be aware that due to some players unavailability for these sessions, they will be given the opportunity to be seen by the selection staff when available for training

Selecting a Squad of 30

- All coaches take note of what players CAN do (Talent Attributes) consistently and under pressure plus demonstrating the non-negotiables – Talent ID forms are available to assist in this process
- A collation of coach's notes will assist in selection meetings held after the initial two session

Invitations and Feedback

- Players that have been identified as ready to be extended within the Metro Development Squad Program will be notified via email
- For players that are assessed as not yet ready for extension at this stage of their development will receive feedback upon exit



Team App

Player and Parents Information North Metro Development Squads

How to join -

1. Download Team App
2. Search “North Metro Development Squads”
3. Request permission to join group

North Hub Training

- Grenville Reserve, Tuart Hill
- Monday nights starting 12th August
- 15's Training 4:30pm to 6:00pm
- 17's Training 5:30pm to 7:00pm

Development Squad Carnival

- 2nd week October school holidays
- Saturday 5th, Monday 7th, Thursday 10th & Saturday 12th
- Fixtures still to be finalised



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