

### Year 3 Flow Chart

Rules Flow Charts can also be found at the website [www.wafootball.com.au](http://www.wafootball.com.au)

Please note that your individual District Competition Rules will override these general rules.

	Year 3's (Super 8's)
1. Playing Field	Half senior size. 60m (width) x 80m (length) grid with centre circle. Divide into three zones –30/30/30m
2. The Team	9 or 12 a-side preferred – no rucks and rovers. Unlimited reserves. Rotate players every quarter.
3. Playing Time	4 x 10-12 minute quarters
4. Start of Play	A. Ball up between 2 centre players B. Players should be approximately equal size. C. Players cannot take full possession out of ruck contests.
5. After a goal	As in 4. Different players contest the ruck each time.
6. Scrimmage	Goals can only be kicked by players in forward zone. No diving on the ball. Umpire stops play. Free kick awarded to nearest opponent.
7. Out of Bounds	A. From a kick or handball. Kick awarded to nearest opponent. B. If doubt as to which team kicked the ball. Ball up 5m in. C. Off hands or body - ball up 5m in from boundary. D. Full possession rule. Refer to 4
8. Tackling	<b>Modified Wrap Tackle rule. Wrap arms around player and hold feet. Do not drop to the ground. Strictly no slinging or deliberately bringing the opposition player to the ground. Grabbing the arms is not permitted. Players once tackled have 3 seconds to dispose of the ball.</b>
9. Bumping	Strictly no bumping allowed.
10. Barging	Barging, fending off or chopping with hands past opponents is <b>NOT</b> allowed. A free kick shall be awarded.
11. Stealing/ Smothering/ Harassing/ Possession rule	<b>Not allowed. Modified wrap tackle only.</b>
12. Shepherding	Player not permitted to push, shoulder or block opponent not in possession of the ball.
13. Mark	Any reasonable attempt to catch the ball directly from kick irrespective of distance travelled. <b>Opposition player encouraged to stand on the mark. Playing on is allowed.</b>
14. Bouncing the Ball	Player is permitted to bounce the ball only once then dispose of the ball.
15. Kicking off the Ground	Not permitted to deliberately kick the ball off the ground.
16. Order-off Rule	To be applied. Penalty time is umpire's discretion
17. Staying in Position	To stop congestion, umpire to instruct players to stay in zone.
18. Coaches	Coach is allowed on the ground to teach.
19. Spirit of the Game	Players and coaches to shake hands. Umpire to instruct players.
20. The Game	No premiership points, no finals, no ladders, no match results, names of players published.
21. Awards	Participation, effort and skill achievement scheme.
22. Clearances	Automatic clearance.
23. Tribunals	No tribunal, discipline is the responsibility of the club.