

# SENSITIVE SKINCARE GUIDE

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NATURAL & ORGANIC  
SKINCARE RECOMMENDATIONS FOR YOU



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BEAUTY

# ABOUT YOUR SKIN TYPE

Skin sensitivity can occur whatever your skin type and could be down to skin conditions like acne, rosacea or pigmentation or even in reaction to particular ingredients, product types and changes in diet and lifestyle.



Trying to narrow down the cause of your sensitivity can be just as important as finding products that help calm the irritation so we'd recommend consulting your doctor if you're experiencing reactions as well as always doing a patch test



We've chosen products that are formulated to be gentle on the skin using calming, soothing and hydrating ingredients that are loved by our customers with sensitive skin

# TO CLEANSE

## MOA GREEN BALM

- For skin that needs soothing
- Includes a supersoft bamboo face cloth
- Made with organic yarrow which is calming, healing and anti septic for gentle everyday cleansing

**BUY**

Certified organic,  
cruelty free





# TO EXFOLIATE

## SOAPNSKIN CASHMERE FACE MASK

- A non drying powder mask that can be customised according to your skin's needs
- Allow to almost dry on the skin before lightly buffing to give gentle exfoliation
- Deeply cleanses and boosts radiance

**BUY**

Natural, cruelty  
free





# FOR DAY

## CASA MENCARELLI SEA BUCKTHORN SERUM

- Formulated for sensitive skin
- Essential oil free
- Use as a light day moisturiser
- Non-greasy and easily absorbed
- Packed with fatty acids, anti oxidants and vitamin E

**BUY**

Certified organic,  
vegan, cruelty free



**FOR NIGHT**

**SILVAN SKINCARE  
EXTRA GENTLE FACIAL OIL**

- A rich overnight oil to soothe, hydrate and calm skin
- Essential oil free
- Made with organic evening primrose to calm, hemp to soften, lock in moisture and reduce pore size, and kiwi to protect the skins barrier

**BUY**

Certified cruelty  
free, vegan



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# TO TREAT

## ODYLIQUE REPAIR LOTION

- Formulated especially for sensitive skin
- Very light consistency, easily absorbed consistency so you can pat onto sore skin
- Made with soothing chickweed, anti-inflammatory chamomile and calming calendula to heal and soothe irritated skin

**BUY**

Certified organic,  
vegan, certified  
cruelty free





# OUR ETHOS

Blomma Beauty started because we struggled to find a choice of organic brands in conventional beauty stores. Our brands are carefully curated bring you the best natural and organic beauty products that suit your skin type, your ethics and your lifestyle



We are honest and transparent about ingredients and efficacy because we should be able to understand what's in your beauty products, why and what they will do for you and your wellbeing



The name Blomma means "to bloom" in Swedish and is inspired by a natural and minimalist approach to beauty so that you can feel beautiful without compromise

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# DISCLAIMER

These recommendations are products that may be suitable for your skin type based on customer feedback, the formulation ingredients, brand feedback and our own experience. We're organic beauty enthusiasts, not scientists, doctors or dermatologists so we cannot guarantee that the products will be right for you



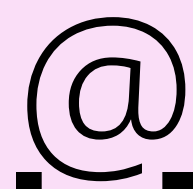
If you're unsure, have specific skincare issues, are taking any medication, are pregnant or breast feeding we advise you to ask your doctor for advice, do your own independent research or ask us a question so you can decide if the products are right for you



Always do a patch test. Stop using if you experience any irritation

# ENJOYED THE GUIDE?

WE HOPE YOU'VE FOUND THIS GUIDE  
USEFUL  
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BLOG



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