COMBINATION SKINCARE GUIDE

NATURAL & ORGANIC SKINCARE RECOMMENDATIONS FOR YOU



· B L O M M A ·

ABOUT YOUR SKIN TYPE

Combination skin can be dry, oily, or normal either at different times or in different areas of your skin. The most common types of combination skin are normal cheeks/oily t-zone or dry cheeks/normal t zone

Your skincare products should help to balance these different areas and keep the levels of moisture in your skin maintained

We've chosen products that are formulated for combination skin types as well as using balancing and hydrating ingredients that are loved by our customers with combination skin



TO CLEANSE

TRUE SKINCARE CLEANSING OIL

- Gently but deeply cleanses the skin without stripping it
- Made with organic jojoba and safflower o balance and tone the skin
- Even removes eye make up

<u>BUY</u>

Certified organic, vegan, certified cruelty free





TO EXFOLIATE

BUMI NATURALS FACE POLISH

- A fine grain exfoliator to lightly resurface the skin
- Organic juniperberry and sage cleanse and purify
- With a hemp seed oil base, it won't dry out your skin
- Made in small batches in London

BUY

Organic ingredients, vegan, cruelty free





FOR DAY

AD SKIN SYNERGY RADIANT MOISTURISER

- Packed with balancing and hydrating ingredients
- A light and easily absorbed texture to keep pores clear
- Comes with a sample of their facial oil so you can add a few drops for drier days or in targeted areas of your skin

BUY

Natural, with some organic ingredients, cruelty free



FOR NIGHT

AD SKIN SYNERGY NOURISHING NIGHT OIL

- Our bestselling facial oil
- A lightweight blend of natural and organic oils to hydrate and balance your skin overnight
- Independently tested and proven to increase skin hydration by up to 60%



Feels good and smells amazing!

Tracy Lamb on May 15, 2020

This product smells amazing, really comforting and calming. The oil doesn't feel too oily so that it feels greasy, it's got a nice light texture that soaks in well but immediately makes my face feel soft and moisturised. Love it, one of the best I've used.

Natural, organic, vegan, cruelty free

BUY



TO TREAT

MEADOW CALM & SOOTHE MASK

- This mask has the deep cleansing benefits of clay without drying out your skin
- Helps to calm any irritated areas as well as manage breakouts
- Made with kaolin clay to tighten pores, cucumber oil to cool and soothe, broccoli to plump and hemp and blue yarrow to nourish.

BUY

Natural, vegan, cruelty free



BLOMMA.

OUR ETHOS

Blomma Beauty started because we struggled to find a choice of organic brands in conventional beauty stores. Our brands are carefully curated bring you the best natural and organic beauty products that suit your skin type, your ethics and your lifestyle

We are honest and transparent about ingredients and efficacy because we should be able to understand what's in your beauty products, why and what they will do for you and your wellbeing

The name Blomma means "to bloom" in Swedish and is inspired by a natural and minimalist approach to beauty so that you can feel beautiful without compromise

LEARN



DISCLAIMER

These recommendations are products that may be suitable for your skin type based on customer feedback, the formulation ingredients, brand feedback and our own experience. We're organic beauty enthusiasts, not scientists, doctors or dermatologists so we cannot guarantee that the products will be right for you

f you're unsure, have specific skincare issues, are taking any medication, are pregnant or breast feeding we advise you to ask your doctor for advice, do your own independent research or ask us a question so you can decide if the products are right for you

Always do a patch test. Stop using if you experience any irritation

ENJOYED THE GUIDE?

We hope you've found this guide useful.

For further help or advice, please contact us, or to learn more follow us on instagram, or check out our blog







LOVE BLOMMA BEAUTY X



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