1. Cut a strip of regular paper.
2. Wrap it around your finger and pull it as tight as you would like the ring to be.
3. Mark where the paper overlaps.
4. Lay the strip of paper flat and measure the length in millimeters (this is your finger's circumference).
5. Match your finger's circumference with the right ring size in our size chart above. If your ring is between two sizes or if you intend to buy a stacked ring, we advise to size up.

## When in doubt, we can provide you with a plastic ring sizer to measure the circumference of your finger. <br> You can buy this Plastic Ring Sizer on our website (Mama's > Ringen > Plactic Ring Sizer) at a small cost of 1.95 EUR.

## IN CASE YOU HAVE A RING AT HAND

1. Print our ring size guide at $100 \%$. To verify if the page is printed correctly, match a ruler with the 2 centimeter scale below the guide.
2. Choose a ring fitting the same finger on the same hand as the ring you intend to buy.
3. Place this ring on the circles. The diameter of the circle has to have the exact same diameter as the interior of your own ring.
The black line needs to stay visible when you place your ring on the circles. If your ring is between two sizes or if you intend to buy a stacked ring, we advise to size up.

| CIRCI MFERENCE <br> FINGER (mm) | DIAMETER INSIDE <br> RING (mm) | BE/FR/DE | NL | CH/ES | UK | US | CN/JP | HK |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 48 | 15.3 | 48 | 15.5 | 8 | I | $41 / 2$ | 8 | 10 |
| 49 | 15.6 | 49 |  | 9 | J | 5 | 9 | 11 |
| 50 | 16 | 50 | 16 | 10 | K | $51 / 3$ | 10 | 12 |
| 51 | 16.3 | 51 |  | 11 |  | $52 / 3$ | 11 |  |
| 52 | 16.6 | 52 | 16.5 | 12 | L | 6 | 12 | 13 |
| 53 | 17.2 | 53 | 17 | 13 | M | $61 / 3$ | 13 | 14.5 |
| 54 | 17.5 | 55 | 17.5 | 15 | O | 7 |  | 16 |
| 56 | 17.8 | 56 |  | 16 |  | $71 / 2$ | 16 | 17 |
| 57 | 18.1 | 57 | 18 | 17 | P | 8 | 17 | 18 |



