



Steelflex

www.steelflexfitness.com

CARDIO

PRODUCT CATALOG

Designed for enjoying your life



Steel Mind, Flex Body

Simple is the best. It is not a slogan. It is our top principle. Listen to yourself, and your body, they will tell you the correct way to build up your physical health. Exercise equipment can produce unnecessary limitations, but at Joong Chenn, we insist the user is the key: thus all exercise equipment should be ease of simple use for the users' action on the equipment and not restrict the user.

Simple is best, therefore we adopt the correct technology for the user in every piece of Steelflex equipment that we design. Because we believe that people's natural function of movement is the best method for their body, Steelflex products do not interfere with this function during the use of our equipment. We provide equipment that is comfortable, safe, and a great exercise experience. Our products not only have an outstanding design, but we are sure once you use them they will bring you an enjoyable experience. Welcome to the Steelflex World!

Our Company History

● **1980** - Renda Enterprise was found, producing free weight products based on OEM/ODM

● **1983** - Joong Chenn Industry Co., Ltd. was established. Main products are Dumbbells and weight products.

● **1985** - 1985 Started our own brand of weight products "WECK".

● **1991** - Joint venture with BODY SOLID and developing Home Gym and Bench Selling products worldwide via "BODY SOLID" brand.

● **1993** - New factory built in Nantou; main products are Home Gym and Bench.

● **1998** - To supply the complete series of products, developing the cardio products such as treadmill and bicycle. The National Athletic Sports in Taiwan selected JCI as their free weight training equipment.

● **2000** - Body Solid G1S received the award "BEST BUY" from American's consumer reporting magazines.


● **2001** - Second new factory built in Nantou, main production are Home Gym, Treadmill and Bicycle. China factory built in April and mainly produces Home Gym products.

● **2002** - ISO certified and created own brand "STEELFLEX".

● **2003** - Created own brand "Fitnex" and received the award of "It's very well made in Taiwan" and "TSMA award".


● **2004** - Established the new sales department "SBU" in Shanghai.

● **2011** -  PT10 、  MDC2000 awarded the prize of the "19th Taiwan Excellence Award".

● **2012** -  M3DBR awarded the prize of the "20th Taiwan Excellence Award".

● **2013** -  T70 、  CF SG 、  HRM1700 awarded the prize of the "21th Taiwan Excellence Award " and CF SG won the " TaiSPO Innovation's Stage of Excellence Competition".

● **2018** -  PB10 、  PR10 awarded the prize of the "26th Taiwan Excellence Award".

● **2019** -  PT20 awarded the prize of the "27th Taiwan Excellence Award".

. Smart -

High technology and humanity design.

. Safety -

Strong structure for safety use.



. Simplicity -

Aesthetically pleasing with ease of use.

About Steelflex Fitness

People have high expectations for health and mental happiness from exercise. To achieve this goal Joong Chenn established in 1983 with intention to design innovative fitness products for all users. Our products have passed ISO9001, CE and ETL certification. We work towards designing our fitness products with 3 concepts (Simplicity, Safety and Smart) as our main object. We are continuously improving the quality of life for all of our users and this is our motivation.

Markets We Serve



Steelflex Service Assurance

Joong Chenn is dedicated to manufacturing the highest quality equipment and will continue to develop innovative and patent-protected products. Steelflex products are sold in more than 100 countries worldwide. Our commitment to our customers is achieved with a confidence in knowing that we will provide the highest satisfaction of service while producing the highest quality of products. The end result is a product designed to improve your health and everyday quality of life.

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STEELFLEX FITNESS CARDIO

P Series - Features

STEEFLEX FITNESS CARDIO



● Heavy Gauge Steel Frame



● Large Running Surface



● Powerful 5HP Motor System



● INCLINE -3% ~15%



● Easy Access User Controls



-Console-

SPEC



PT30 Treadmill

The Steelflex PT30 is a full commercial-grade treadmill constructed with high-grade steel, which improves safety and stability. The outstanding design of the speed control rod allows users to adjust their pace in an instant. The oversized TFT touch screen console and colorful selection buttons make working out more convenient. The PT30 was designed with ergonomic use in mind. The three-level anti-shock system improves user comfort by reducing stress on knees and ankles during intense cardio training.



-Console-

SPEC



VIDEO



PT20 Treadmill

Full commercial treadmill PT20 features a user-friendly design of one-touch control. The dot-matrix LED display screen with colorful switch assists exercisers with convenient operation. The shock-proof design of the PT20 provides a low-impact cardio workout also offers more comfort for operators during intense exercise. Every detail of treadmill PT20 is designed with ergonomics, and its heavy-gauge steel construction increases stability.

P Series - Features

STEELFLEX FITNESS CARDIO



Unique Button Design

Using the one-touch keys of speed and elevation provide users to easily operation and highly recognition.



High Efficient Motor System

Energy saving motor system saves 30% power effectively for better performance.



Large Running Surface

P Series feature a 2-Ply high density 22" wide belt offer users free and non-slip surface.



Non End Cap Design

Non-end cap and half-round edge design not only have sleek look but also decrease the chance for injury.



One-piece Bottom Structure

Integrated bottom frame structure increase product's durability also brings you a different aesthetic experience.



Low Step-up Height

Low step-up design helps users for easily accessible.



-Console-
SPEC



PT10 Treadmill

The 4HP ECO-AC servomotor allows for pair operation. The exercise program brought the sense of achievement that causes to conquer workout challenges. The wellness program accommodates operators who require stability. Treadmill PT10 provides a specific reverse function for better recovery from fatigue, and bilateral handrails reassure the exerciser. The one-piece deck promotes the stabilization of machines. A unique design without rear end caps reduces the damage of accessories. The oversized LED monitor with a touch user interface is designed for operation conveniently.



-Console-
SPEC



PT7 Treadmill

The 5HP AC motor provides ample power source for running. To enhance the stabilization of constructions, the deck adopts a one-piece design. For extending the durability of components, treadmill PT7 is designed without rear end caps. The extra-large monitor with a touch button is easy to operate. A specific cone design of the shock absorber decreases reaction forces for the runner and increases the longevity of accessories.

C Series - Features

STEEFLEX FITNESS CARDIO



Heavy Gauge Steel Frame

Our treadmills feature heavy gauge steel welded frames. The heavy frame construction provides a durable and stable walking or running exercises.

Anti-rust frames for whole frames of the treadmill in order to extend products usage life.



Large Running Surface

C Series feature a 2-Ply high density 22" wide belt offer users free and non-slip surface.



Powerful Motor System

5.0 HP AC motor provides smooth, consistent power for a total body workout.



Aluminum Side Rail

The C Series aluminum side rail combined with non-slip design to increase the durability and safety of products.



Elastic Deck System

Our shock absorption system reduces knee and joint stress, added comfort and lower impact during a workout.



-Console-

CT1 Treadmill

The top-grade treadmill CT1 presents the principle of the Steelflex that makes the exerciser safely enjoy a workout and protects them against injuries. Heavy-gauge steel construction with the non-slip side rail ensures stability and durability. The extra-large treadmill belt contributes the power evenly for better workout efficiency.

SPEC



XT Series - Features

STEELEX FITNESS CARDIO



Large Running Surface

XT Series treadmills feature a 2-Ply high density 22" wide belt offer users free and non-slip surface.



Elastic Deck System

Our shock absorption system reduces knee and joint stress, added comfort and lower impact during workout.



High Efficient Motor System

High efficient motor System provides smooth, consistent power for a total body workout.



Heavy Gauge Steel Frame

Our treadmills feature heavy gauge steel welded frames. The heavy frame construction provides a durable and stable walking or running exercises. Anti-rust frames for whole frames of the treadmill in order to extend products usage life.



Aluminum Side Rail

The XT Series aluminum side rail combined with non-slip design to increases product's durability and safety.



-Console-
SPEC



XT 8000A Treadmill

The outstanding 5HP AC motor makes running easier. Bilateral hand bars are designed for speed and gradient adjustment that promotes psychological safety for exercisers. An innovative grain design of the deck enhances the longevity of operation and reduces noise during workouts. Side rails are constructed with aluminum alloy, which emphasizes the standard of the commercial treadmill and exhibits an elegant design. Eight independent monitors with eleven exercise programs provide various workouts for the operator.



-Console-
SPEC



XT 8000D Treadmill

The outstanding 4HP DC motor with the PWM system makes running easier. Bilateral hand bars are designed for speed and gradient adjustment that promotes psychological safety for exercisers. An innovative grain design of the deck enhances the longevity of operation and reduces noise during workouts. Side rails are constructed with aluminum alloy, which emphasizes the standard of the commercial treadmill and exhibits an elegant design. Eight independent monitors with eleven exercise programs provide various workouts for the operator.

EXERCISE BIKE

STEEFLEX FITNESS CARDIO





PB10 Upright Bike

The PB10 offers seven independent monitors and eight exercise programs that assist operators in figuring out the selection of workouts. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. Ergonomically designed handles allow more comfortable riding in sitting and standing postures. The quality upholstery involves a stepless adjustment.



-Console-

SPEC

VIDEO



PB30 Upright Bike

The upright bike PB30 features a fifteen-point-six-inches TFT touchscreen. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. Ergonomically designed handles allow more comfortable riding in sitting and standing postures. The quality upholstery involves a stepless adjustment.



-Console-

SPEC





-Console-

SPEC



CBSG Upright Bike

The high-grade upright bike CBSG put the exercisers into place without any fixed accessories. An upward and downward adjustable LED console allows selecting a proper angle to check fitness conditions during an intense workout. Blueprinting from the engineering of the spin bike, the CBSG features oversized and curved handles for better comfort and grip.



-Console-

SPEC



XB7300 Upright Bike

The commercial-grade upright bike XB7300 with a standard warranty allows withstanding rigorous utilization in the health club. Bike XB7300 features a self-generator power supply design that provides more convenience for operation and installation. The delicate coated finish of the mainframe and heavy-gauge steel construction promotes durability.



-Console-

SPEC

VIDEO



PR10 Recumbent Bike

The PR10 offers seven independent monitors and eight exercise programs that assist operators in figuring out the selection of workouts. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. A semi-tilt adjustment of upholstery in ergonomics allows smoother movements of the hip joint. An exclusive, innovative design of backrest and upholstery ensure the hip and back stay in place.



-Console-

SPEC



PR30 Recumbent Bike

The recumbent bike PR30 features a fifteen-point-six-inches TFT touchscreen. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. A semi-tilt adjustment of upholstery in ergonomics allows smoother movements of the hip joint. An exclusive, innovative design of backrest and upholstery ensure the hip and back stay in place.



-Console-
SPEC



CRSG Recumbent Bike

An innovative design of recumbent bike CRSG provides a steady position and facilitates operators to maintain a correct posture without any fixed accessories. The side stability LED console display allows checking fitness feedback and selecting different sports requirements instantly. A liner-beam engineered seat offers smooth movement when adjusting forward or backward.



-Console-
SPEC



XB7500S Recumbent Bike

The high-quality recumbent bike XB7500S provides eight programs for cardio workout variations. And a dot-matrix LED console display allows mastering the fitness feedback immediately and conveniently. The adjustable seat mechanism helps exercisers fit in a proper workout position to increase endurance.

Elliptical - Features

STEEFLEX FITNESS CARDIO



Multi-Grip Handlebars

Multi-angle moving handlebars provide comfort and variety training for users.



Integrated Water Bottle Holder

The water bottle holder large space design can let the users store anything they need during workout.



Oversized Pedal

Large pedal allows you to adjust your foot position naturally and comfortably.

Low-impact Pedal

Added low-impact pedal design reduces knee and joints stress and more safety during a workout.





-Console-

SPEC

VIDEO



PE10 Elliptical

The combination of biomechanics and engineering has created a fluid elliptical motion path. Elliptical PE 10 is a commercial-grade machine built of heavy-gauge steel for maximum stability. Optimal angle LCD console with blue backlit screen displays the massage of time, distance, calories, pulse, level, speed, RPM, and muscles. Multi-position moving handles are designed for different workout requirements and habits to enhance exercise performance. Oversized pedals accommodate any size user and prevent them from missing a step and falling. The stationary grip features contact heart rate sensors with polar telemetry for checking physical condition during intense cardio training. Dual protection handrails make the entry and exit more convenient while improving safety.



-Console-

SPEC



PESG Elliptical

An electrically controlled resistance with a commercial-grade 400W self-generator power supply design facilitates exercisers to enhance workout efficiency from stepping. The engineering of resistance is in thirty level adjustments. Twenty-three-inches stride setting with versatile handles increases workout effects for the upper limb. Elliptical PESG can optimal interpret movements of cross-training. The oversized front safeguard exhibits the delicate and solid design of the PESG.



-Console-

SPEC



CESG Elliptical

The commercial-grade elliptical CESG with space-efficient design accommodates a variety of facilities. Oversized, non-slip foot pedals provide comfort also protect exercisers from missing their step during intense workouts. A precision heart rate monitor with a handgrip facilitates measuring the physical condition immediately.



-Console-

SPEC



XE7400 Elliptical

The XE7400 offers seven independent monitors and eight exercise programs that assist operators in figuring out the selection of workouts. An electrically controlled resistance features a commercial-grade 450W self-generator power supply design. The resistance design is in sixteen level adjustments. Nineteen inches stride setting with the linkage design pedals allows optimum balance and workout performance when activating the cross-training.

Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

STEPPER

Stepper

STEEFLEX FITNESS CARDIO



-Console-

PST10 Stepper

The PST10 emulates the realistic climb motion that provides an effective and natural workout for cardiovascular function development. The extra-large handrail with skidproof pedals protects exercisers against any possible slips and falls. The blue backlight LCD screen displays informative workout feedback to help operators master their training process.

SPEC



VIDEO

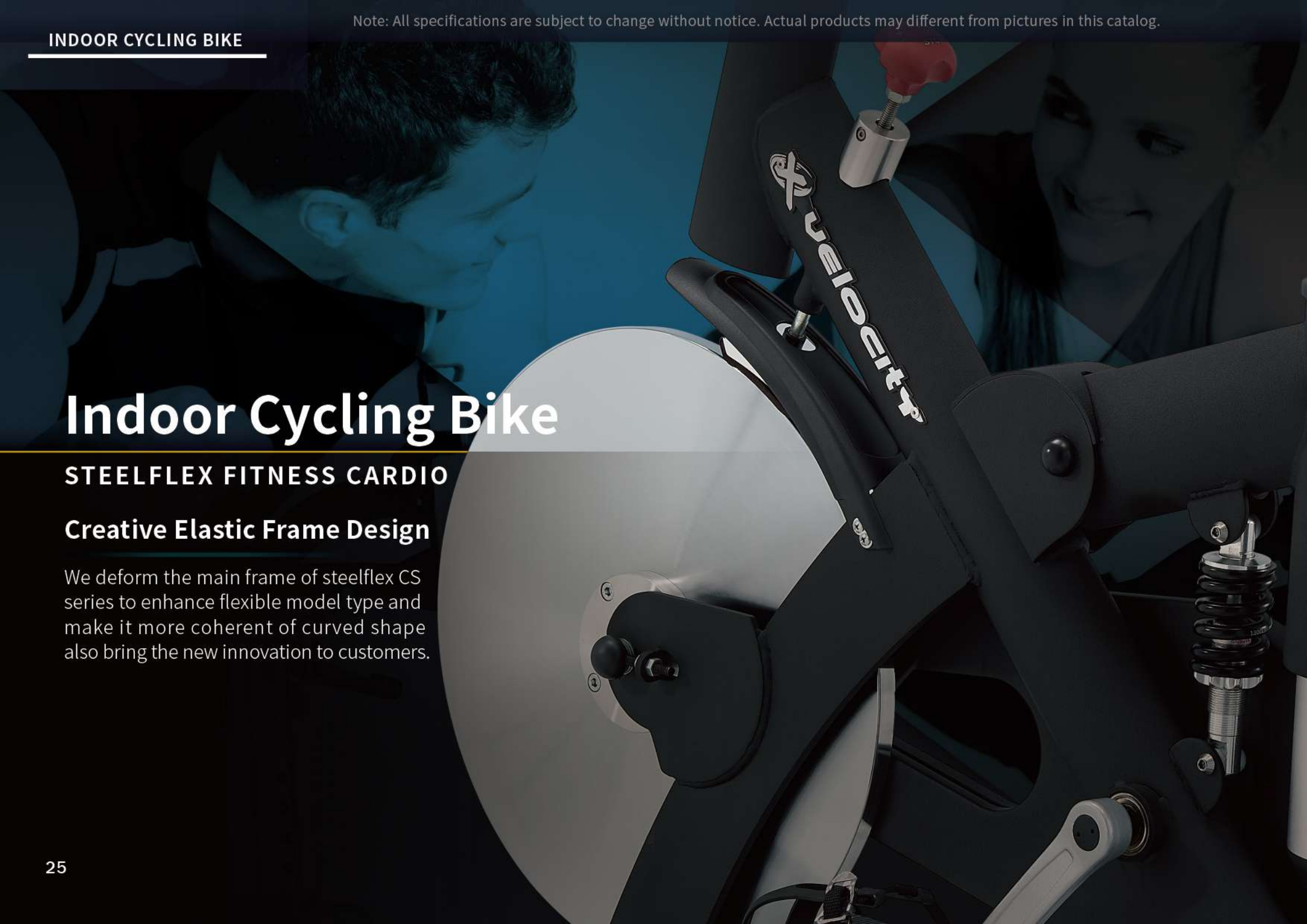


Indoor Cycling Bike

STEELFLEX FITNESS CARDIO

Creative Elastic Frame Design

We deform the main frame of steelflex CS series to enhance flexible model type and make it more coherent of curved shape also bring the new innovation to customers.





SPEC



CS1 Indoor Cycling Bike

The CS1 was constructed with 3D dynamic simulation engineering to meet the market requirement and competitiveness. The geometric design of the spinner control makes flexibility and solidity come to balance. Non-slip handles in aesthetics provide various orientations for adjustment. A high-quality belt-driven system of bike CS1 delivers smooth movements and quietness during cardio workouts.



SPEC



CS2W Indoor Cycling Bike

Indoor cycling bike CS2W was built of heavy-gauge oval tubing for safety and durability. Dual pedals with the toe cage and adjustable strap offer better stability pending the ride. A top-grade saddle with a quality aluminum post provides support and assists in maintaining a correct but natural posture for exercisers. Bilateral water cages install under the handles for convenient reach and storage.



-Console-



SPEC



X VELOCITY Indoor Cycling Bike

The outstanding construction of bike X-VELOCITY prevents rust and corrosion. Smooth and fluid motions during the ride are delivered via the belt-driven system. And the adjustable tension knob with quality brakes allows optimal resistance and instant stop that enhance cardio workout effects and safety. The simple flywheel is designed for easy transport.



SPEC



PSB10-USB Thumb Drive

The PSB10-USB is used in conjunction with the workout application program PHRC. It serves as an exceptional cardio workout assistant, meticulously capturing and analyzing data to assess your physical function and precisely track your training progress.



SPEC



CS2WA Indoor Cycling Bike

Challenge yourself and pedal towards your fitness goals like never before with our cutting-edge indoor cycling bike, the CS2WA. Every revolution brings you closer to your best self. It is used alongside the workout application program PHRC to enhance your fitness tracking experience.

-Console-

PT 30



PT 20



PT 10



PT 7



Product Name	PT 30	PT 20	PT 10	PT 7
Features	Dual water bottle holder, Personal workout App, USB port, Multimedia	Dual water bottle holder, Personal workout App, USB charge	Dual water bottle holder, Cooling fan, USB port	Dual water bottle holder, Cooling fan, USB port
Console	15.6" TFT display with capacitive touch screen	Dot-matrix LED with profile display and 3-window LED display	Dot-matrix LED with profile display and 7-window LED display	Dot-matrix LED with profile display and 7-window LED display
Display Feedback	Pulse, METs, Incline, Time Elapsed, Time Remaining, Speed, Calories, Distance-KM, Distance-Mile, Pace	Pulse, METs, Incline, Time Elapsed, Time Remaining, Speed, Calories, Distance-KM, Distance-Mile, Pace	Time, Distance, Speed, Heart Rate, Incline, Calories, Pace	Time, Distance, Speed, Heart Rate, Incline, Calories, Pace
Programs	Total Programs (15) Manual, Goal(3), Rolling Hill, Fat Burn, 5K, H.R.C, Interval, Gerkin, Custom, Weight Loss, Cardio, Walking, Running	Total Programs (22) Manual(2), Rolling Hill(2), Fat Burn(2), 5K(4), H.R.C, Training(11)	Total Programs (16) Manual (1), Classic (3), H.R.C (3), Training (GERKIN\USB\C1\2\3), Goal (3), Reverse	Total Programs (15) Manual(1), Classic(3), H.R.C(3), Training (GERKIN\USB\C1\2\3), Goal (3)
Quick Keys	Speed 3/5/8 Elevation 0/6/12%	Speed 3/5/8 Elevation 0/6/12%	Speed : Walk, Jog, Run Elevation : Level, Rise, Ascend	Speed : Walk, Jog, Run Elevation : Level, Rise, Ascend
Speed	0.8~25 KPH / 0.5~15.5 MPH	0.8~25 KPH / 0.5~15.5 MPH	Exercise Mode : 0.3~24KPH (0.2~15 MPH) Safety Mode : 0.3~12KPH (0.2~7.5 MPH) Reverse Mode : 0.3~4.8KPH (0.2~3 MPH)	Exercise Mode : 0.8~22 KPH / 0.5~13.8 MPH Safety Mode : 0.8~11 KPH / 0.5~6.9 MPH
Incline	-3% ~15%	-3%~15%	0%~15%	0%~15%
Wireless & Contact Grips	Yes	Yes	Yes	Yes
Motor	5 HP AC motor with AC frequency conversion	5 HP AC motor with AC frequency conversion	4 HP ECO-AC servo motor with space vector PMSM control	5 HP AC motor with AC frequency conversion
Cushioning System	Yes	Yes	Yes	Yes
Rollers	3.5" / 90 mm	3.5" / 90 mm	3" / 76 mm	3" / 76 mm
Deck	25 mm thick reversible deck	25 mm thick reversible deck	25 mm thick reversible deck	25 mm thick reversible deck
Step Up Height	26 cm / 10"	26 cm / 10"	19 cm / 7.5"	19 cm / 7.5"
Belt Type	2-Ply urethane high density conductive / 2.5 mm	2-Ply urethane high density conductive / 2.5 mm	2-Ply urethane high density conductive / 1.6 mm	2-Ply urethane high density conductive / 1.6 mm
Power Requirements	110V / 220V	110V / 220V	110V / 220V	110V / 220V
Running Area	156 × 56 cm / 61" × 22"	156 × 56 cm / 61" × 22"	160 × 56 cm / 63" × 22"	160 × 56 cm / 63" × 22"
Dimensions	215 × 94 × 153 cm / 84" × 37" × 60"	215 × 94 × 153 cm / 84" × 37" × 60"	214 × 103 × 153 cm / 84" × 40" × 60"	214 × 103 × 153 cm / 83" × 41" × 60"
Max User Weight	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg

Note: All specifications are subject to change without notice. Actual products may different from pictures in this catalog.

CT 1



XT 8000A



XT 8000D



Product Name

Features

Dual water bottle holder with accessory storage

Dual water bottle holder, USB port, Personal workout App

Dual water bottle holder, USB port, Personal workout App

Console

Dot-matrix LED with profile display and 3-window LED display

Dot-matrix LED with profile display and 4-window LED display

Dot-matrix LED with profile display and 4-window LED display

Display Feedback

Heart Rate, Laps, Elevation, Time, Speed, Calories, Distance, Pace, Avg Speed

Time, Distance, Speed, Incline, Calories, Pulse, Pace, Level

Time, Distance, Speed, Incline, Calories, Pulse, Pace, Level

Programs

Total Programs (13)
Manual, Time, Calories, Distance, Walking, Running, Cardio, Interval, Fat Burn, Endurance, Heart Rate Control, Custom 1&2

Total Programs(11)
Manual, Heart Rate Control, Custom Learn 1&2, Walking, Running, Weight Loss, Interval, Cardio, Long Slow Distance, Set Calories

Total Programs(11)
Manual, Heart Rate Control, Custom Learn 1&2, Walking, Running, Weight Loss, Interval, Cardio, Long Slow Distance, Set Calories

Quick Keys

Speed 2/3/4/5/6/7/8/9/10
Elevation 2/3/4/5/6/7/8/9/10%

Speed 2/4/6/8/10
Elevation 0/3/6/9/12%

Speed 2/4/6/8/10
Elevation 0/3/6/9/12%

Speed

0.8~20 KPH / 0.5~12.5 MPH

0.8~20 KPH / 0.5~12.5 MPH

0.8~20 KPH / 0.5~12.5 MPH

Incline

0%~15%

0%~15%

0%~15%

Wireless & Contact Grips

Yes

Yes

Yes

Motor

5 HP AC motor with AC frequency conversion

5 HP AC motor with AC frequency conversion

4 HP DC motor with PWM system

Cushioning System

Yes

Yes

Yes

Rollers

3.5" / 90 mm

3" / 76 mm

3" / 76 mm

Deck

26 mm thick reversible deck

25 mm thick reversible deck

25 mm thick reversible deck

Step Up Height

30 cm / 12"

23 cm / 9"

23 cm / 9"

Belt Type

2-Ply urethane high density conductive / 1.6 mm

2-Ply urethane high density conductive / 3 mm

2-Ply urethane high density conductive / 3 mm

Power Requirements

110V / 220V

110V / 220V

110V / 220V

Running Area

156 × 56 cm / 61" × 22"

156 × 56 cm / 61" × 22"

156 × 56 cm / 61" × 22"

Dimensions

212 × 92 × 149 cm / 83" × 36" × 59"

221 × 90 × 154 cm / 87" × 35" × 61"

221 × 90 × 154 cm / 87" × 35" × 61"

Max User Weight

400 lbs. / 180 kg

400 lbs. / 180 kg

400 lbs. / 180 kg

Exercise Bike Specifications

PB 30



PB 10



XB 7300



CB SG



PR 30



PR 10



XB 7500S



CR SG



Product Name

Features	Water bottle holder, Personal workout App, USB port, Multimedia	Water bottle holder, Personal workout App, USB port	Integrated water bottle holder with accessory storage, Towel rack	Integrated water bottle holder with accessory storage, Towel rack	Water bottle holder, Personal workout App, USB port, Multimedia	Integrated water bottle holder with accessory storage, Personal workout App, USB port	Integrated water bottle holder with accessory storage	Integrated water bottle holder with accessory storage
Console	15.6" TFT with touch screen	Dot-matrix LED with profile display and 3-window LED display	Dot-matrix LED with profile display and 1-window LED display	Dot-matrix LED with profile display and 3-window LED display	15.6" TFT with touch screen	Dot-matrix LED with profile display and 3-window LED display	Dot-matrix LED with profile display and 1-window LED display	Dot-matrix LED with profile display and 3-window LED display
Display Feedback	Time, Speed, RPM, Level, Calories, Distance, Pulse, Watt, MET, Profile.	Time, Distance, Calories, Pulse, Level, Speed, Watt, RPM.	Time, Distance, Speed, Heart Rate, Work Level, Watt, METs, Calories	Time, Work Level, Distance, Watt, Speed, RPM, Pulse, METs, Calories	Time, Speed, RPM, Level, Calories, Distance, Pulse, Watt, MET, Profile	Time, Distance, Calories, Pulse, Level, Speed, Watt, RPM.	Time, Work Level, Distance, Watt, Speed, Heart Rate, Calories, METs	Time, Work Level, Distance, Watt, Speed, RPM, Pulse, METs, Calories
Programs	9 programs Manual, Goal, Rolling Hills, Fat Burn, 5K, Heart Rate Control, Interval, Gerkin, Custom	8 programs Manual, Cardio, Interval, Fat Burn, Training, HRC, Custom 1&2	8 Programs Manual, Random, Interval, Heart Rate Control, CV Workout, Fat Burn, Weight Loss, Rolling	8 programs Manual, Weight Loss, Constant Load, Interval, CV Workout, Fat Burn, Heart Rate Control, Rolling Hills	9 programs Manual, Goal, RPM, Gerkin, Fat Burn, 5K, Interval, Heart Rate Control, Custom, Rolling Hills	8 programs Manual, Cardio, Interval, Fat Burn, Training, HRC, Custom 1&2	8 Programs Manual, Random, Interval, Heart Rate Control, CV Workout, Fat Burn, Weight Loss, Rolling	8 Programs Manual, Hills, Random, Interval, Heart Rate Control, CV Workout, Fat Burn, Rolling
Tension Control	Program control	Program control	Program control	Program control	Program control	Program control	Program control	Program control
Resistance Levels	30	30	16	24	30	30	16	24
Resistance System	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance
Power Requirements	110V / 220V	Self-generated	Self-generated	Self-generated	110V / 220V	Self-generated	Self-generated	Self-generated
Watt	20-450 Watts (30-90RPM)	10-400 Watts (30-90 RPM)	20-450 Watts (30-90 RPM)	20-350 Watts (30-90 RPM)	20-450 Watts (30-90RPM)	10-400 Watts (30-90 RPM)	20-450 Watts (30-90 RPM)	20-350 Watts (30-90 RPM)
Pedals	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps
Fore / Aft Seat Adjustments	N/A	N/A	N/A	Yes	20 Levels	Yes	Yes	Yes
Vertical Seat Adjustments	Yes	Yes	Yes	Yes	N/A	N/A	N/A	N/A
Transport Wheels	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Wireless & Contact Grips	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Max User Weight	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg
Dimensions	122 × 65 × 145 cm / 48" × 26" × 57"	125 × 65 × 152 cm / 49" × 26" × 60"	108 × 60 × 132 cm / 43" × 24" × 52"	129 × 69 × 149 cm / 51" × 27" × 59"	178 × 77 × 140 cm / 70" × 30" × 55"	178 × 76 × 143 cm / 70" × 30" × 56"	144 × 82 × 129 cm / 57" × 32" × 51"	172 × 89 × 128 cm / 68" × 35" × 51"

Elliptical Specifications

PE 10



PE SG



CE SG



XE 7400



PST 10



Stepper Specifications

Product Name

Features

Console

Display Feedback

Programs

Tension Control

Resistance Levels

Resistance System

Power Requirements

Watt

Stride Length

Transport Wheels

Wireless & Contact Grips

Max User Weight

Dimensions

Water bottle holder,
Multigrip handlebars

5.5" LCD display with
LED backlight

Time, Distance, Calories,
Pulse, Level, Speed, RPM.

10 programs
Manual, Cardio, Interval,
Fat Burn, Training,
Custom, Goal(3), HRC

Program control

30

ECB resistance

110V / 220V

10~400 Watts
(30~90 RPM)

58 cm / 23"

Yes

Yes

400 lbs. / 180 kg

195 × 65 × 166 cm /
77" × 26" × 65"

Water bottle holder,
Multigrip handlebars,
Personal workout App,
USB port

Dot-matrix LED with
profile display and
3-window LED display

Time, Distance, Calories,
Pulse, Level,
Speed, Watt, RPM.

8 programs
Manual, Cardio, Interval,
Fat Burn, Training, HRC,
Custom 1 & Custom 2

Program control

30

ECB resistance

Self-generated

10~400 Watts
(30~90 RPM)

58 cm / 23"

Yes

Yes

400 lbs. / 180 kg

194 × 75 × 166 cm /
76" × 30" × 65"

Water bottle holder,
Multigrip handlebars

Dot-matrix LED with
profile display and
3-window LED display

Time, Work Level,
Distance, Watt, Speed,
RPM, Pulse, METs,
Calories

8 programs
Manual, Weight Loss,
Constant Load, Interval,
CV Workout, Fat Burn,
Heart Rate Control,
Rolling Hills

Program control

24

ECB resistance

Self-generated

20~350 Watts
(30~90 RPM)

58 cm / 23"

Yes

Yes

400 lbs. / 180 kg

194 × 75 × 168 cm /
76" × 30" × 66"

Water bottle rack

Dot-matrix LED with
profile display and
1-window LED display

Time, Distance, Speed,
Heart Rate, Work Level,
Watt, METs, Calories

8 programs
Manual, Weight Loss,
Fat Burn, Interval,
Rolling, Random,
Heart Rate Control,
CV Workout

Program control

16

ECB resistance

Self-generated

20~450 Watts
(30~90 RPM)

48 cm / 19"

Yes

Yes

400 lbs. / 180 kg

222 × 75 × 164 cm /
87" × 30" × 65"

Product Name

Features

Console

Display Feedback

Programs

Tension Control

Resistance Levels

Resistance System

Power Requirements

Watt

Drive System

Transport Wheels

Fore/Aft Levelers

Pedal Size

Step Up Height

Distance Between Pedals

Step Range

Wireless & Contact Grips

Max User Weight

Dimensions

Water bottle holder, Towel rack,
One-button start

5.5" LCD display with LED backlight

Level, Program, Pulse, Calories, Watt,
Distance, SPM, Speed, Time, Step

Total Programs (9)
Manual, Time, Distance, Calories, Step,
Heart Rate Control, Cardio, Fat Burn,
Interval

Program control

16

Non-wear magnetic resistance

Self-generating

20~400 Watts (30~90 RPM)

Strap

Yes

Yes

29 × 18 cm / 11" × 7"

42.5 cm / 17" (Footplate at highest position)

8cm / 3"

30 cm / 12"

Yes

400 lbs. / 180 kg

121 × 83 × 161 cm / 47" × 33" × 63"

CS1



CS2W



X VELOCITY



CS2WA



PSB10-USB



Product Name

Console

N/A

Battery-powered LCD display with integrated power (watts) system utilizing strain gauge technology.

N/A

LCD display with backlight

N/A

Display Feedback

N/A

RPM, Time, Distance, Speed, Heart Rate, Level, Calories, Watt

N/A

RPM, Time, Distance, Speed, Heart rate, Level, Calories, Watt

N/A

Flywheel

46 lbs. / 21 kg one piece steel flywheel

46 lbs. / 21 kg one piece steel flywheel

44 lbs. / 20 kg one piece steel flywheel

46lbs / 21kg one piece steel flywheel

N/A

Post

Aluminum

Aluminum

Chrome

Aluminum

N/A

Drive System

Durable V-belt

Durable V-belt

Durable V-belt

Durable V-belt

N/A

Resistance & Brake

Unlimited tension adjustment knob with direct-contact brake system

Unlimited tension adjustment knob with direct-contact brake system

Unlimited tension adjustment knob with direct-contact system

Unlimited tension adjustment knob with direct-contact system

N/A

Transport Wheels

Yes

Yes

Yes

Yes

N/A

Crank

3 pieces professional cranks. Unique star-shape crank design

3 pieces professional cranks. Unique star-shape crank design

3 pieces professional cranks. Unique star-shape crank design

3 pieces professional cranks. Unique star-shape crank design

N/A

Seat Adjustment

Horizontal and vertical

Horizontal and vertical

Horizontal and vertical

Horizontal and vertical

N/A

Handlebars adjustment

Horizontal and vertical

Horizontal and vertical

Horizontal and vertical

Horizontal and vertical

N/A

Saddle

Professional pressure-relieving seat pad.

Professional pressure-relieving seat pad.

Professional pressure-relieving hollow seat pad.

Professional pressure-relieving hollow seat pad.

N/A

Max User Weight

330 lbs. / 150 kg

330 lbs. / 150 kg

265 lbs. / 120 kg

330 lbs. / 150kg

20g

Dimensions

124 × 60 × 128 cm / 49" × 24" × 50"

110 × 60 × 126 cm / 43" × 24" × 50"

119 × 55 × 109 cm / 47" × 22" × 43"

110 × 60 × 126 cm / 43" × 24" × 50"

6.6 × 4.4 × 1.1 cm / 2.6" × 1.7" × 0.4"

Steelflex

www.steelflexfitness.com



INTERNATIONAL

3F28, No.5, Shin-Yi road., Sec.5,
Taipei,Taiwan
Tel : +886-2-27209982
Fax : +886-2-2722-9750
E-mail : joong@ms13.hinet.net
<http://www.steelflexfitness.com>

USA

Fitness Master Inc.
11419 Mathis Avenue #200
Farmers Branch, Texas 75234
Office & Fax : 214-350-8884
Toll Free : 855-846-0087
Email : info@fmiamerica.com
www.fmiamerica.com

CHINA

Steelflex Fitness Equipment Trade Co., Ltd
Room 1208 No.500 Chengdu North Rd, Shanghai, China
Tel : +0086-021-63514782 /
+0086-021-63514785
<http://www.steelflex.com.cn>