



HALO

HALO COFFEE FACEMASK RECIPE

PREP TIME

 5 mins

APPLICATION

 20 mins

VEGAN OPTION

 Yes



Coffee can be used in many more ways than just a single cup of coffee. One of our favourite ways to repurpose used Halo coffee pods is to create a coffee facemask! But why?

Coffee beans reduce inflammation and redness, while also reducing the appearance of under-eye circles.

The grounds are a great exfoliator that removes dead skin for a brighter complexion.


Cocoa powder has a high content of sulfur so is great for fighting acne.

Milk is great for giving your skin a youthful, smooth, and healthy glow. The amino acids help to keep your skin hydrated.


Lemon juice contains natural vitamin C to lighten, brighten, and tighten, all while regulating oil production.

Honey naturally locks in moisture.

INGREDIENTS

- 64g used Halo coffee (open the used capsules and pour out the ground coffee)
- 64g organic, unsweetened cocoa powder
- 128g of unsweetened whole milk
 instead use 128g of unsweetened almond milk
- 1 tbsp of lemon juice (if you have dry skin, substitute with olive or almond oil)
- Optional: 1 tbsp of honey (for extra oily or acne prone skin, use additional lemon juice here instead of honey)
- 1 Bowl

METHOD

1. Mix the used Halo coffee with the cocoa powder in your bowl.
2. Discard of the Halo coffee pod shells in your home compost (they will degrade there in as little as 28 days).
3. Add in the milk and stir until a paste is created.
4. For a thicker paste, use less milk.
5. Toss in the lemon juice. * If non-vegan, feel free to add honey*
6. Mix it up and apply to your face.
7. Let it dry (up to 20 minutes) and rinse!



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