

Tips for Success with QuickSplint

- **Impression material:** use heavy-set Vinyl Polysiloxane (VPS) bite registration material to line the QuickSplint tray, or putty. This will set, and form a custom fit to your patient's dentition. Blu-Mousse is less retentive for upper arch (does not wrap around teeth) and may crumble more quickly with patient wear; Thermo Plastic Beads (TPB) are used by many of our customers. Note: Patients in pain may wake up with greater sensitivity to TPB. **No adhesives are necessary** and the QuickSplint® can be relined during treatment phases.
- **Which arch?** QuickSplint® is designed for upper or lower arch. Considerations: the VPS will fill in around non-level places in an arch, so identify which arch has the more level tooth contact and make the QuickSplint® for the opposing arch. Does your patient have a preference? For a post-surgery application, use on the opposing arch, and you can trim the VPS to be entirely tooth borne.
- **Retention for upper arch:** VPS should overflow the tray. Instruct patient to press material with their tongue up on the roof of their mouth (some patients will let material get under the tongue – in this case you could tell them to use their tongue to click on the roof of their mouth, bite down, which forces them to bite into the impression material, and press the material against the roof of their mouth.) This will maximize retention; however you may need to trim excess material in order to fit in the QuickSplint® storage container. If retention is not adequate, peel out the VPS and start over with more material to form around the teeth.
- **How to level the bite registration:** do not push up the QuickSplint® onto the patient's teeth. Support the QuickSplint® while patient bites down to completely seat between upper and lower teeth. If you push up the QuickSplint® tray, the bite may not be level with the opposing arch, or the fit may not be good.
- **Protect new dental restorations:** provide QuickSplint® on the day of dental procedures, to prevent parafunctional nighttime clenching that might damage a temporary or new crown, or dislodge new veneers or increase the patient's pain level.
- **Coverage during lab fabrication:** QuickSplint® provides immediate treatment during the time patient's full coverage appliance is fabricated at the dental lab.
- **Reimbursement:** HCPCS medical/dental code **D8210**, defined as **Removable Appliance Therapy, minor treatment to control harmful habits** (suggested retail \$200-250), may be the most appropriate coding for all uses of QuickSplint® to address parafunction. Please consult your billing specialist. In our experience, the D8210 code does not interfere with or preclude the use of the custom, full arch appliance coding D7880 for dental or medical.

Please call or email if you have any questions or comments!

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