

Information for use of CLENCHY™ 2

Clenchy™ 2 aligner seater with a hook to help remove the aligner is a two-in-one tool. The revolutionary seater tool for patients being treated with clear aligners. The uniquely patented design makes the Clenchy™ 2 easy to hold and chew on creating less saliva than other available options. Its elongated design with both a curved side for seating and a flat surface with hook to help easily remove the aligners. The Clenchy™ 2 is made of soft white rubber material and hook made of hard plastic. Clenchy's™ fit perfectly in most aligner cases. Clenchy™ 2 is FDA food compliant and both latex and BPA free.

Patient Protocols

To remove the aligner, firmly grip the wavy end with your fingers. Place the hook end between your tooth and aligner (tongue side or cheek side) near the molars. Gently pull downward to dislodge the aligner. Once the aligner is released, use the hook end to continue removing your aligner.

To optimize seating, hold the Clenchy™ from the hook end and gently bite down firmly moving it from front to back repeating the process on all teeth. Either side of the Clenchy™ may be used; the wavy side is best for the premolar region in both posterior or quadrants is ideal. Similar chewing using the flat side is good for the front teeth. It is recommended that Clenchy™ be used 3 to 4 times a day for 5 – 10 minutes for optimum results.

Packaging

The Clenchy™ comes with 2 pieces in a sealed bag. One pack can last a patient the entire treatment. They may be washed with mild soap and warm water.