## COMPOSITE POLISHING GUIDE

Cosmedent gives you everything you need to polish composites. With our conveniently color-coded easy to use polishers, you can create a smooth and esthetic polish that mimics enamel long-term.

Cosmedent Polishing Tool	Speed Range	Use Notes	
Coarse FlexiDisc®	3,000 to 15,000 RPM for 3/8" disc 5,000 to 15,000 RPM for all other sizes	<ul><li> Use light pressure</li><li> Gross reduction</li><li> Initial contouring</li><li> Buffing out imperfections</li></ul>	<ul> <li>Available Regular center sizes: 1/2" &amp; 5/8"</li> <li>Available Mini center sizes: 3/8", 1/2", &amp; 5/8"</li> </ul>
Medium FlexiDisc®	3,000 10,000 RPM around gingival margin with 3/8" disc 10,000 to 15,000 RPM for all other sizes	<ul><li>Completion of finish</li><li>Removal of scratches</li><li>Use flex and pressure</li></ul>	<ul> <li>Available Regular center sizes: 1/2" &amp; 5/8"</li> <li>Available Mini center sizes: 3/8", 1/2", &amp; 5/8"</li> </ul>
Fine FlexiDisc®	10,000 to 15,000 RPM for all sizes	<ul><li>Beginning final polish</li><li>Use flex and pressure</li></ul>	<ul> <li>Available Regular center sizes: 1/2" &amp; 5/8"</li> <li>Available Mini center sizes: 3/8", 1/2", &amp; 5/8"</li> </ul>
Superfine FlexiDisc®	10,000 to 15,000 RPM for all sizes	<ul><li>Enhancing final polish</li><li>Use flex and pressure</li></ul>	<ul> <li>Available Regular center sizes: 1/2" &amp; 5/8"</li> <li>Available Mini center sizes: 3/8", 1/2", &amp; 5/8"</li> </ul>
Medium FlexiCups® & FlexiPoints®	2,000 to 10,000 RPM MAX with Light Pressure for all cups and points	• Use with water	Achieve labial characterization
Superfine FlexiCups® & FlexiPoints®	2,000 to 10,000 RPM MAX with Light Pressure for all cups and points	• Use with water	Polish gingival margin and labial surfaces
FlexiBuff®	15,000 RPM for all sizes	• Add Enamelize® to tooth first and use pressure	<ul> <li>Available Regular center sizes: 5/8"</li> <li>Available Mini center sizes: 3/8", 1/2", &amp; 5/8"</li> </ul>
NANO / Microhybrid™ Diamond Polishing Kit	10,000 to 15,000 RPM MAX with Light Pressure for all polishers	<ul> <li>Use for final contouring, finishing and polishing of nanofill and microhybrid composites</li> <li>9 reusable diamond polishers, one point, cup</li> </ul>	<ul> <li>Use Coarse grit for initial contouring</li> <li>Use Medium grit for finishing</li> <li>Use Superfine grit to develop a final polish</li> </ul>





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