# RESTORATIVE STRIP SYSTEM CONTACEZ



The ContacEZ Restorative Strip System is an innovative, precision dental strip system designed to achieve ideal proximal contact adjustment and complete marginal seating of crowns, veneers, inlays/onlays, and proximal contouring of composite fillings accurately with minimum time and effort.

- Single-handed, ergonomic design offers optimal tactile control and reduces hand fatigue.
- Eliminates the need to hold small restorations and use rotary instruments and articulating films.
- Central opening for enhanced visual perception and access for tools.
- Patient-friendly design prevents gagging and soft tissue irritation.
- Flexible strips conform to the natural contours of the teeth to avoid creating sharp corners
- Autoclavable and reusable.

# 1 ADJUST proximal contact



#### Black Diamond Strip

- Fine Diamond
- Single-Sided

#### The Ideal Proximal Contact Adjuster

Use the Black Diamond Strip to adjust ideal proximal contacts and restore interproximal relief (IR)\* by eliminating excessive pressure between the indirect restoration and the adjacent teeth without opening the contact. Use this strip prior to definitive cementation of crowns, inlays/onlays, and veneers. It is also useful for contouring proximal surfaces of composite fillings.

# 2 CLEAN out trapped cement



### White Serrated Strip

- No Diamond
- Double-Serrated

# The Gentle Saw, Interproximal Cement Cleaner

This ultra-thin serrated strip is designed to safely cut and clean out excess cement trapped in the interproximal space after cementation. Prior to light curing, use it for interproximal cleaning of multiple veneers or composite fillings without disturbing placement and to separate them from adjacent teeth. Pass the strip back and forth buccolingually only, using gentle force.

# **3 POLISH** to a natural finish



# Grey

- Final Polishing Strip
   Extra-Fine Diamond
- Single-Sided

### The Proximal Surface Polisher

Use this strip to polish proximal contact surfaces of restorations and to restore a natural finish in one step. This strip also confirms interproximal relief (IR)\* after definitive cementation. For interproximal stain removal and cleaning, use the Hygienist Strip, Stain Remover.

\*The Journal of Prosthetic Dentistry, "A Proximal Contact Adjustment and Interproxim Relief Method" Vol. 97, No. 4, by Daniel S Kim, DDS & Kyu-Won Suh, DDS



# Orange Serrated Diamond Strip

- Extra-Fine Diamond
- Single-Sided
- Serrated

# The Proximal Contact Adjuster with Sawtooth

Use this strip in place of the Black Diamond Strip when overly tight contacts are present, and the strip cannot access the interproximal space. The serrated edge readily separates and penetrates the tight contacts to prepare for ideal proximal contact adjustment. To clean out excess cement from the interproximal space, use the White or Blue Serrated Strips.



Blue Serrated Strip

- No Diamond
- Double-Serrated

#### The Heavy-Duty Dental Saw

This heavy-duty dental saw is designed for more rigorous cutting and cleaning in the interproximal space. It safely cuts into massive excess resin cement trapped in the interproximal space as an alternative to the White Serrated Strip. It is also very useful for separating fused contacts of multiple veneers after light-curing.



# **CLINICAL TECHNIQUE**

# RESTORATIVE STRIP SYSTEM CONTACEZ



# **Adjust**





In the patient's mouth, insert the ContacEZ Black Diamond Strip into the distal and mesial interproximal spaces with the abrasive side facing the crown to determine which side has heavy contact. The side with more pressure is the side with heavier contact.

Adjust proximal contact by moving the strip buccolingually, without vertical force, about 6 times on the side with heavier contact. Repeat this motion until equal pressure is felt on both sides. Proximal contact adjustment is complete, and the crown is ready for definitive cementation.

# **Polish**





Using the Grey Final Polishing Strip, polish the adjusted proximal surfaces of the crown to restore a natural finish in one step. This strip also confirms Interproximal Relief\* after definitive cementation.

The crown now has complete marginal seating. Dental floss will pass through the interproximal contacts with heavy resistance, snapping in and snapping out. ContacEZ's innovative crown seating method allows you to seat crowns simply and easily, with minimum time and effort.

# If the crown does not fit...

Check the clearance between the inner surface of the crown and the surface of the prepped abutment with an explorer. The side with less clearance is the side with heavier contact.

Place the crown onto the working stone model and pass the LAB Stone Strip (Clear) back and forth a few times with the abrasive side facing the crown in order to lighten the contact. Squeeze the model towards the crown to increase abrasion. Place the crown back into the patient's mouth, and use the Black Diamond Strip to complete ideal proximal contact adjustment.



# Clean



After the crown is cemented, if there is excess cement trapped in interproximal spaces, use the White Serrated Strip to cut and clean out the trapped cement.

\*Interproximal Relief: In natural dentition in its resting position, there is microscopic clearance or passive contact between teeth, which is referred to as Interproximal Relief. Therefore, when damaged teeth are artificially restored, Interproximal Relief must be restored for patient comfort and functionality. Joaniel S Kim DDS: The Journal of Prosthetic Dentistry, Vol. 97 No. 4, April 2007

# **ASSORTED REFILL 8-PACK 208254**

2x Black Diamond Strip, 1x Orange Serrated Diamond Strip, 2x White Serrated Strip, 2x Blue Serrated Strip, 1x Grey Final Polishing Strip

# **RESTORATIVE STRIP REFILL 8-PACK**

 Black Refill
 208255

 Orange Refill
 208256

 White Refill
 208257

 Blue Refill
 208258

 Grey Refill
 208259

### **COMPOSITE FINISHING KIT 24-PACK 208253**

8x Orange Serrated Diamond Strip, 8x White Serrated Strip, 8x Grey Final Polishing

# VENEER FINISHING KIT 32-PACK 208252

8x Black Diamond Strip, 8x White Serrated Strip, 8x Blue Serrated Strip, 8x Grey Final Polishing

#### ASSORTED SYSTEM 40-PACK 208250

8x Black Diamond Strip, 8x Orange Serrated Diamond Strip, 8x White Serrated Strip, 8x Blue Serrated Strip, 8x Grey Final Polishing

# CROWN SEATING 32-PACK 208251

8x Black Diamond Strip, 8x White Serrated Strip, 8x Grey Final Polishing, 8x Clear LAB Stone Strip

