

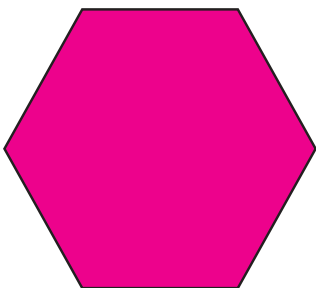


# ITH Mug Rug Tutorial

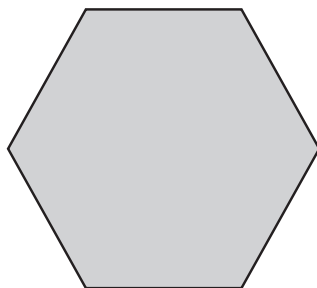
## Materials required:

- (2) 8.5"W x 6.5" H piece of fabric (for sizes bigger than 5x7 please cut materials to 1.5" larger than your hoop size for both WxH)
- Fusible non-woven stabilizer (such as Pellon SF101) if using quilting weight cotton fabrics
- (1) 8.5"W x 6.5" H Piece of batting or foam (for sizes bigger than 5x7 please cut materials to 1.5" larger than your hoop size for both WxH)
- Stabilizer
- Hand stitching needle OR a sewing machine OR washable fabric glue

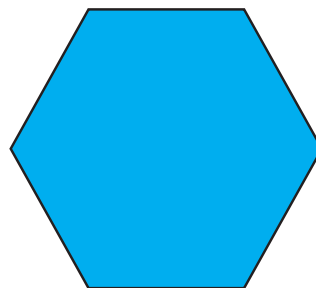
## Materials Key



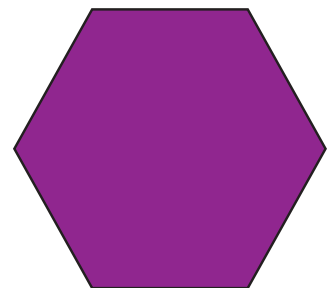
Fabric Right side



Stabilizer

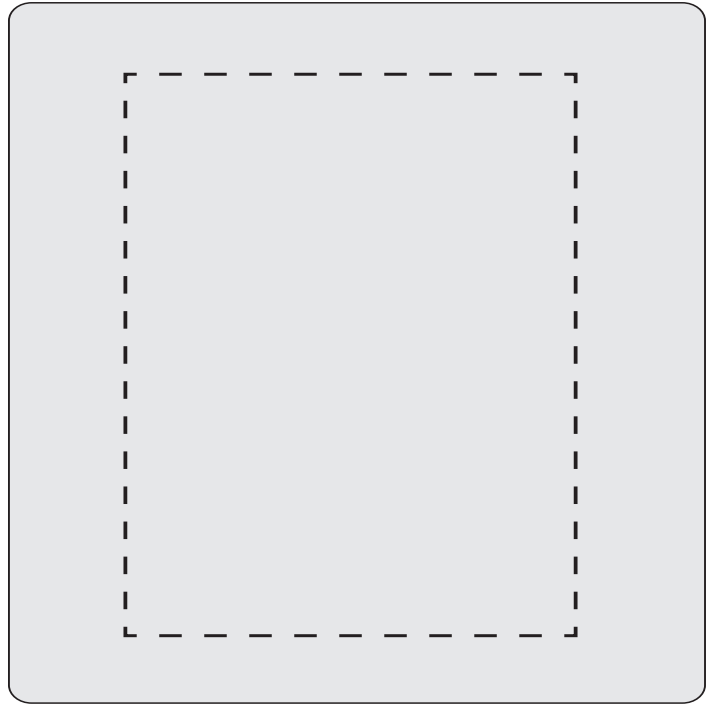


Batting

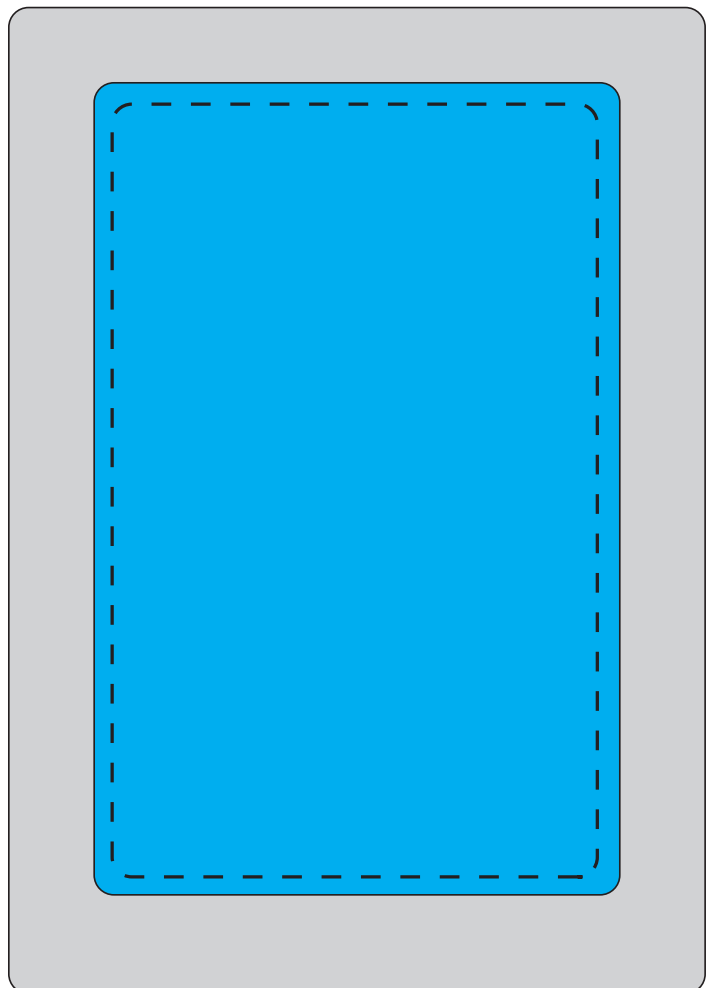


Fabric Wrong Side

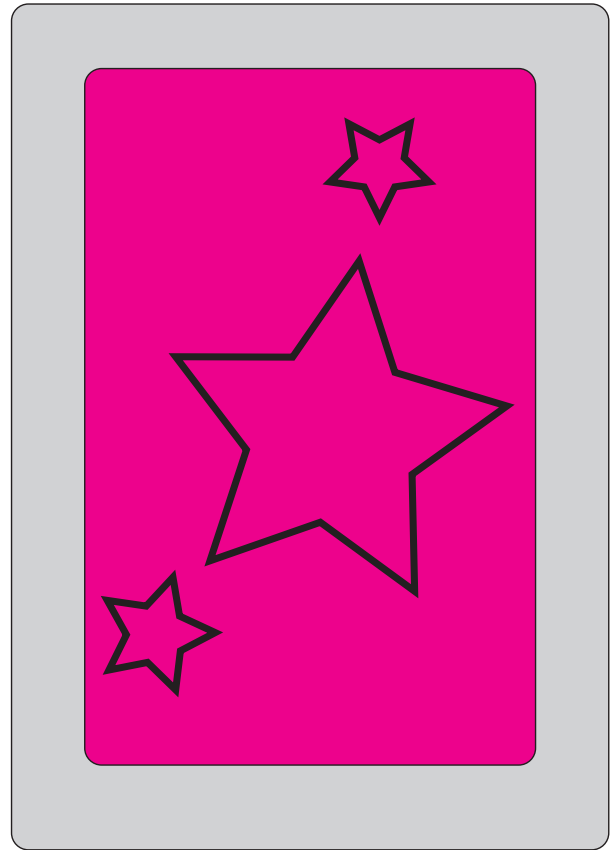
1) Hoop stabilizer and run first step to run Placement stitches for your materials.



2) Place the piece of batting directly on top. Run the next step to tack down the batting.

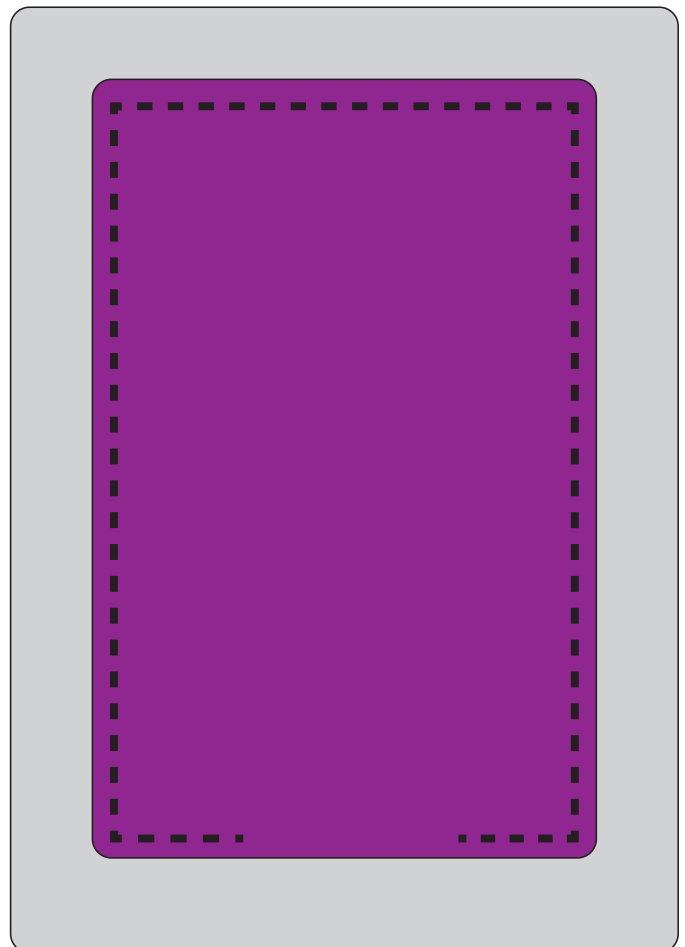


3) Place your fabric on top, RIGHT SIDE UP and secure with tape, pins or basting spray. Run the next steps to stitch the design portion of your Mug Rug. The exact number of steps will vary depending on the design.

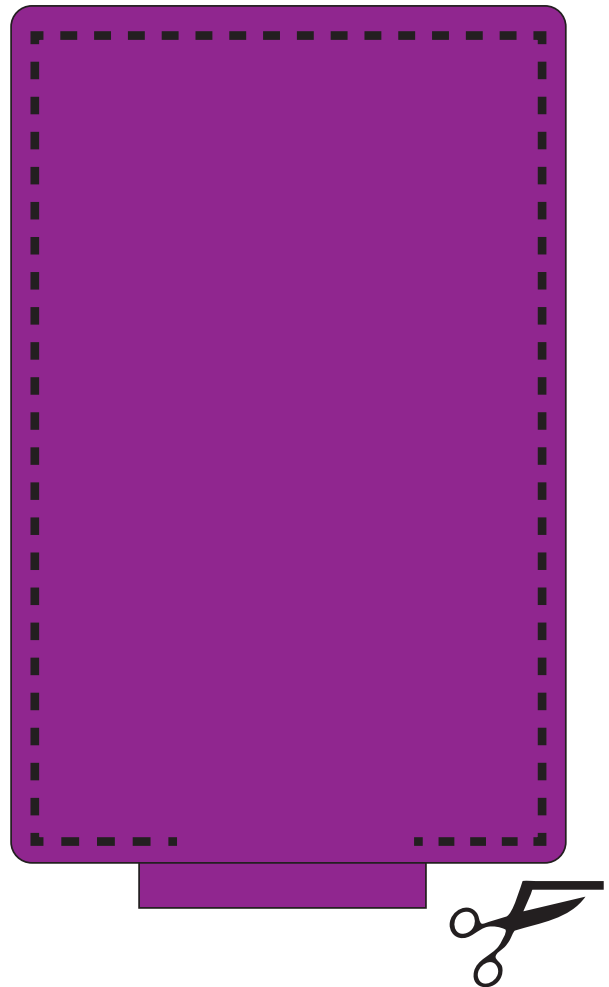


4) Place the second piece of fabric directly on top of the materials in your hoop. Place the fabric WRONG SIDE UP on top. The fabrics should be RIGHT sides together. Secure in place and run the last step to stitch the backing in place.

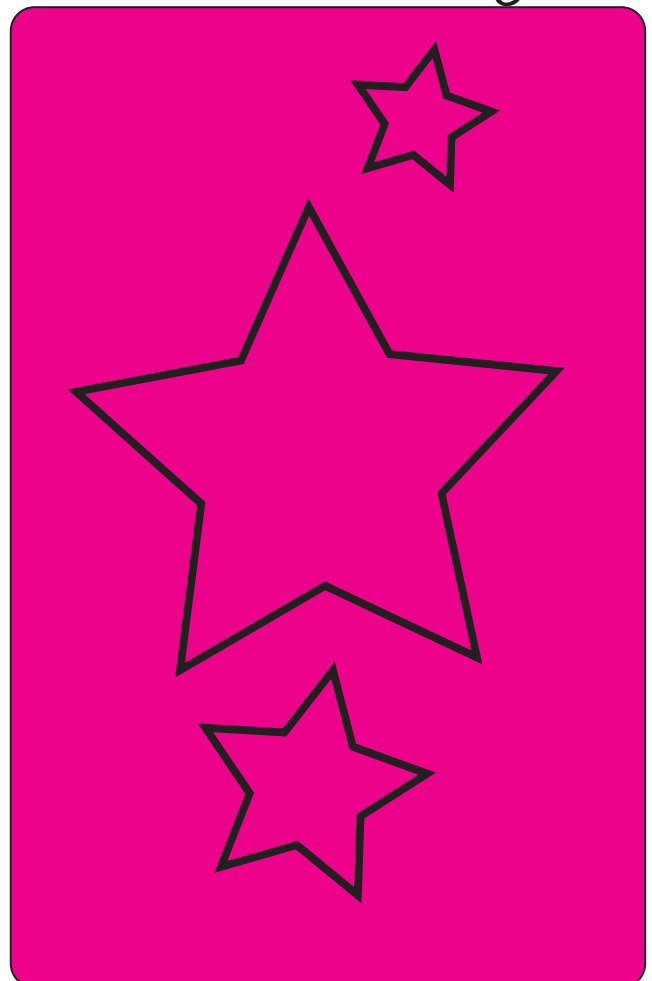
There will be a small section on the side that will remain unstitched. This is where you will turn the mug rug right side out.



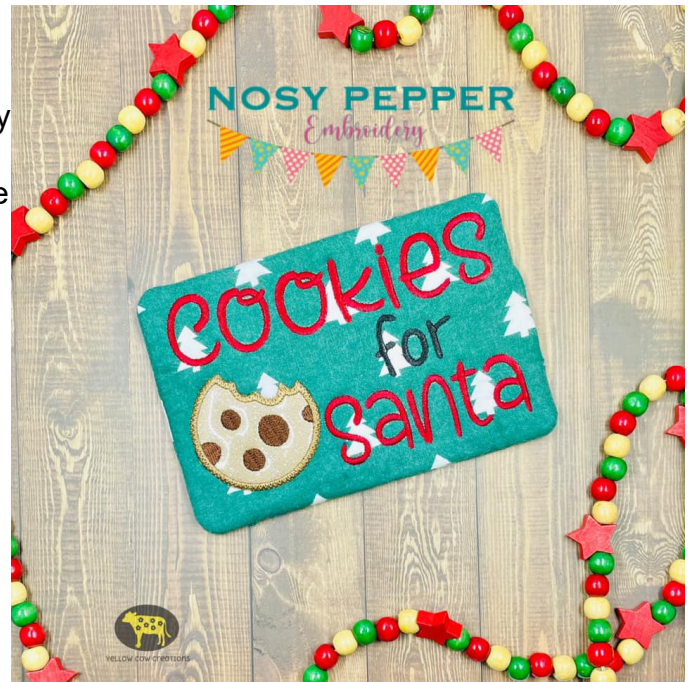
4) Remove materials from hoop and CAREFULLY trim the edges, about 1/4" away from the stitching. Start and stop at the hole left in the stitching, and DO NOT trim any materials away from the section of the turning hole (this will help so that you can make that hole look neat at the end...you will thank me later).



5) Now, turn the Mug Rug right side out by pushing it out from the turning hole. This takes a bit of patience, don't be rough! Use a blunt object, such as the wrong end of a knitting needle or a capped pen to gently push out the edges and corners. Once you have everything nicely out, use an iron and CAREFULLY press around the edges. Use extra caution if you have used any vinyl on the design (as you don't want to melt it!) Push all the remaining fabric around the turning hole back to the inside and press that section very well.



6) After you have pressed the Mug Rug, you will need to close that turning hole. You may do this by hand stitching, machine stitching or with a strong, washable fabric glue and a steady hand (don't use too much or it will ooze out on you).



*Enjoy your new Mug Rug!*

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[www.NosyPepperPatterns.com](http://www.NosyPepperPatterns.com)