

# TRUE<sup>®</sup> CARDIO RESIDENTIAL

## M30



PREMIUM FITNESS EQUIPMENT SINCE 1981

### M30 TREADMILL

As part of the TRUE Motivation Series, the M30 treadmill offers you the highest in quality with the smallest impact on your budget. The M30 rivals anything in its class and is the perfect piece of home fitness equipment to help you reach your goals. Plus, with an overall length of just 74", the M30 treadmill maximizes workout space in your home. Find your motivation today with a M30 treadmill.



## M30 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' (2.4M)
	Drive Motor	3 HP DC
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Speed Range	0.5 to 12.0 MPH (0.8 to 19.3 km/H)
	Incline/Decline Range	0% to 15%
	Handrail Design	Protective Dipped Foam Flared Handrails
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar® Compatible
	CONSOLE	Display
Programs		7
Custom Workouts		2
HRC Cruise Control		Standard
Quick Speed Keys		Standard
SAFETY	Safety Clip	Standard
	Large Straddle Covers	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957
EXTRAS	Accessories	Water Bottle Holder (2), Accessory Tray, Reading Rack
PHYSICAL SPECIFICATIONS	Footprint	74"L x 29"W (188 cm x 74 cm)
	Running Surface	58"L x 20"W (147 cm x 51 cm)
	Machine Weight	220 lbs. (100 kg)
	Maximum User Weight	300 lbs. (136 kg)
	Step-Up Height	6.7" (17 cm)
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	5 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

