



	U47XI	U47X	U3/XI	U3/X	U35X	
KEY MECHANICAL FEATURES						
Electronic stride adjustment 18"- 26" (46 cm - 66 cm)	•	•	-	-	_	
Fixed stride length 20.5" (52 cm)			•	•	•	
MultiGrip™ and Converging Path™ handlebars	•	•	•	•	_	
Watch, Read, Surf placement options	•	_	•	-	-	
Set of resistance powerbands	•	_	•	-	_	
CROSS CiRCUIT attachment points	•	•	•	•	_	
3-speed personal fan	•		_		_	
Low step-up height	5" (12.7cm)	5" (12.7cm)	4" (10.2cm)	4" (10.2cm)	4" (10.2cm)	
Soft grip pedals	•	•	•	•	-	
1.8″ (4.6cm) pedal spacing						
ELECTRONIC FEATURES						
SmartStride	•	•	-	_	_	
SmartLight	multi-color	1-color	multi-color	1-color	-	
MOM mode	•	•	•	•	•	
Octane Fitness app compatible**	•		•			
Polar® wireless heart rate	•		•		_	
Bluetooth® 4.0 and ANT+ $^{ imes}$ compatible	•		•		_	
Digital contact heart rate on moving handlebars	•	•	-			
Digital contact heart rate on stationary handlebars			•	•	•	
Stride & resistance buttons on moving handlebars						
WORKOUTS						
Number of programs on console	14	10	10	8	8	
NUMBER OF WORKOUTS WITH OCTANE FITNESS	A P P * *					
Lose weight: Aerobic training zone, major muscle groups	10	—	10	—	_	
Feel better: Strength training, flexibility, balance	9		9		_	
Tone up: Targeted muscle groups and interval training	11		11		_	
Athletic performance: Development for specific sports, interval training	15		15		-	
WORKOUT BOOSTERS						
X-Mode™, GluteKicker™, ArmBlaster	•	•	•	•	•	
PRODUCT SPECIFICATIONS						
Max user weight	300 lbs (136 Kg)		300 lbs (136 Kg)		300 lbs (136 Kg)	
Footprint (W x L)	28" x 72" (71 x 183 cm)		30" x 65" (76 x 165 cm)		26" x 65" (66 x 165.1 cm)	
Footprint live area (W x L)	31" x 83" (79 x 211 cm)		33" x 76" (84 x 193 cm)		26" x 76" (66 x 193 cm)	
Product weight	290 lbs (132 Kg)		220 lbs (100 Kg)		210 lbs (95 Kg)	
WARRANTY						
Frame	Lifetime					
Parts*		5 years				
ohor*	1 voor					

*CROSS CiRCUIT Kit warranty: 5 years parts; 1 year labor & 90 days parts on Powerbands. Warranty outside the USA and Canada may

**Compatible with Bluetooth 4.0; 4th generation iPad or later, iPad Mini 2 or later, iPhone 5 or later, iPod Touch 6th generation or later; running iOS 10.0 or later. Internet connectivity required for certain videos either through WiFi or mobile networks (GSM/3G/4G/LTE). Android Tablets running Android OS 5.0 or later, 1 6B of RAM (not compatible with Android phones).



l ahor*





1 year

66

"The Q47 allows you to combine an aerobic workout with a strengthening component. The machine is extremely easy to use and when you combine it with an iPad there are lots of different programs that you can use, so that you do not get tired of using it."

- Michael

"I have been using my Octane Q47 for six years. It has made a tremendous contribution to my health and wellbeing. I've lost weight and increased strength. I am petite, but the range of motion fits my size well, as well as adjusting to my husband."

$\star\star\star\star\star$

"I've had my Octane Q37 for at least 8 years. I love the convenience of in-home exercise at any time of the day or year. The Octane has been the best machine I've ever used. It is quiet, smooth, and extremely dependable."

- Linda





AWARD-WINNING CROSS TRAINERS THAT COMBINE CARDIO AND STRENGTH IN ONE MACHINE

EXPECT INNOVATION

<u>Octane</u>

@47xi

With a proud history of continual breakthroughs, our passion is to create innovative fitness equipment that delivers superior workouts and exceptional performance to fuel the lives of every exerciser. The award-winning Q Series ellipticals offer multiple programs, motivating features and combined cardio and strength training in one workout - for greater conditioning, continual progress and better results

FUEL YOUR LIFE WITH THE BEST ELLIPTICALS





CROSS CiRCUIT[®]

The ultimate in efficiency and effectiveness, Octane's trademark CROSS CiRCUIT combines cardio intervals on the elliptical with strength-training exercises – all in one workout on one machine, in the comfort of home. Use Octane's Powerbands (free with the Q47xi and the Q37xi), dumbbells, body weight and more for invigorating, total-body conditioning.

Or choose the optional CROSS CiRCUIT Kit, which includes two side steps so you can take your legs out of the action to isolate the upper body, along with three additional sets of Powerbands to vary resistance.

Plus, with the Octane Fitness app, you can access even more CROSS CiRCUIT routines, such as Total-Body Blast, Chest & Back and Legs & Butt, along with valuable coaching videos.



FREE DOWNLOAD! http://bit.ly/octaneapp

OCTANE FITNESS APP

The Octane Fitness app features intuitive navigation and goal-based routines so you can get the results you want. Multiple motivation screens - including a tachometer, track, heart rate, and more let you choose your favorite way to fuel your sweat sessions, and video-based coaching provides valuable instruction throughout workouts.

To keep you progressing, the app includes more than 25 pre-programmed routines and over 225 strength and flexibility exercises.



The console is simple to navigate, whether you choose Quick Start, an advanced workout, or connect to the Octane Fitness app. Convenient SmartLight technology guides workouts by visually signaling how hard you're exercising, if you're in your target heart rate zone and when to prepare for the next interval during Workout Boosters.

Plus, the large screen simultaneously displays all your workout data, including time, distance and calories burned, so it's simple to track progress and adjust intensity throughout your routine to meet your goals.

SIGNATURE OCTANE FEATURES

Engineered based on human biomechanics so that they feel good on your body, Octane Fitness ellipticals are uniquely defined by and known for:

- Natural, fluid motion
- Adjustable stride length
- Close pedal spacing
- Distinctive handlebar shape and movement







WORKOUT BOOSTERS

Integrate instant HIIT with Octane's exclusive Workout Boosters, including X-Mode[®], GluteKicker and ArmBlaster, which ramp up cross-training intensity with different movements and paces that challenge muscles and build stamina.

