

# NAUTILUS PLATE LOADED



*\*Equipment shown in custom colors*

## ANGLED LEG PRESS NP-L1141

Working out with plates is one of the most effective ways to train, which is why plate loaded machines are a staple for facilities. Whether you are looking to build a full strength circuit or round out your offering with specific pieces, Nautilus Plate Loaded offers the best machines for plate workouts. Each machine is built strong enough to stand up to full commercial use and is designed to make plate workouts as effective, rewarding and safe as possible.

### PRODUCT DIMENSIONS

WIDTH	72 IN (182 CM)
LENGTH	90 IN (229 CM)
HEIGHT	58 IN (147 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	569 LBS (258 KG)
SHIPPING WEIGHT	651 LBS (295 KG)

## ADJUSTMENTS & MOVEMENTS

USER DEFINED RANGE OF MOTION	Yes, fixed, linear path of motion with 45 degree machine angle and two start options for range of motion
ASSISTED ADJUSTMENTS	Gravity assisted with adjustable angle for back support
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	Yes
UNILATERAL OR BILATERAL MOVEMENT	N/A
CONVERGING OR DIVERGING MOVEMENTS	N/A
PULLEY RATIO	N/A

## FRAME SPECIFICATIONS & CABLE INFORMATION

STANDARD FRAME COLOR OPTIONS	Silver, White, Black
STANDARD UPHOLSTERY COLOR OPTIONS	Black
FRAME FINISH	Electrostatic Powder coating
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	N/A
CABLE VS. BELT DRIVEN TRANSMISSION	N/A
BOLT DOWN LOCATIONS DEFINED	Yes
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection
HARDWARE TYPE	Hex / Button Head
TUBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

## USER SPECIFIC INFORMATION

STATIC PLACARDS	Yes
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes
ANIMATED LENTICULAR	No
SAFETY CATCH & STOPS	Easy to reach and operate safety stops with an integrated user handle for safe entry and exit
WATER BOTTLE HOLDER	No
PHONE HOLDER	No
GRIP SPECIFICATIONS	Rubber, smaller grips.
FOOT PLATFORM	Oversized angled foot platform to accommodate users of all sizes
CONTOURED PADS	Yes
RESTRAINT SYSTEM	N/A

## WEIGHT STACK SPECIFICATIONS

TOTAL STACK WEIGHT	N/A
INCREMENTAL WEIGHT SYSTEM	N/A
WEIGHT STACK TOWER HEIGHT	N/A
PLATE LOADED	100 lb (45 kg) carriage weight
WEIGHT STORAGE SOLUTION	Integrated Olympic plate storage
LNL TECHNOLOGY	N/A
ADD-ON RESISTANCE AVAILABLE	900 lb (409 kg) max load capacity
WEIGHT STACK SHROUD SPECIFICATIONS	N/A

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