



*\*Equipment shown in custom colors*

## DUAL ADJUSTABLE PULLEY 9NL-D2002

Welcoming to users of all levels, Instinct Strength is a full line of intuitive machines with easy adjustments, offering users a quick and complete workout. Perfectly suited to be a basic strength line or circuit system, Instinct effectively complements more specialized lines. Users can complete a circuit on their own or with the assistance of an instructor in just 30 minutes. Instinct Strength offers both single and dual function units to meet the needs of any space or facility. The versatility of Instinct's small footprint also lets you get the most from minimal space, while blending seamlessly with our cardio line for a cohesive facility look.

### PRODUCT DIMENSIONS

<b>WIDTH</b>	36 IN (91 CM)
<b>LENGTH</b>	66 IN (168 CM)
<b>HEIGHT</b>	81 IN (207 CM)
<b>STACK WEIGHT</b>	2 X 200 LB (2 X 100KG)
<b>OVERALL WEIGHT</b>	867 LB (393 KG)
<b>SHIPPING WEIGHT</b>	946 LB (429 KG)

**ADJUSTMENTS & MOVEMENTS**

<b>USER DEFINED RANGE OF MOTION</b>	Yes, user defined path of motion.
<b>ASSISTED ADJUSTMENTS</b>	Gravity assisted positioning
<b>COLOR CODED PIVOT POINTS AND ADJUSTMENTS</b>	Yes
<b>UNILATERAL OR BILATERAL MOVEMENT</b>	Both, user defined
<b>CONVERGING OR DIVERGING MOVEMENTS</b>	Both, user defined
<b>PULLEY RATIO</b>	Instinct DAP has 2:1 ratio, effective resistance for the user of 100 lbs (50 kg) at handle

**FRAME SPECIFICATIONS & CABLE INFORMATION**

<b>STANDARD FRAME COLOR OPTIONS</b>	Silver, White, Black
<b>STANDARD UPHOLSTERY COLOR OPTIONS</b>	N/A
<b>FRAME FINISH</b>	Electrostatic Powder coating
<b>CUSTOMIZABLE PAINT OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE</b>	N/A
<b>CUSTOMIZABLE BRANDING OPTIONS AVAILABLE</b>	N/A
<b>CABLE VS. BELT DRIVEN TRANSMISSION</b>	Cable driven
<b>BOLT DOWN LOCATIONS DEFINED</b>	Yes
<b>INTEGRATED LEVELING SYSTEM</b>	No, rubber feet for floor protection
<b>HARDWARE TYPE</b>	Hex / Button Head
<b>TUBBING STYLE &amp; THICKNESS</b>	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

**USER SPECIFIC INFORMATION**

<b>STATIC PLACARDS</b>	Yes, simple and intuitive placard
<b>MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE</b>	Large and graphical, limited text to eliminate translation requirements
<b>ANIMATED LENTICULAR</b>	No
<b>SAFETY CATCH &amp; STOPS</b>	Safety pull pin on user left and right handles, multi-position pull-up bars
<b>WATER BOTTLE HOLDER</b>	No
<b>PHONE HOLDER</b>	No
<b>GRIP SPECIFICATIONS</b>	Rubber, large grips for pushing, smaller grips for pulling.
<b>FOOT PLATFORM</b>	N/A
<b>CONTOURED PADS</b>	N/A
<b>RESTRAINT SYSTEM</b>	N/A

**WEIGHT STACK SPECIFICATIONS**

<b>TOTAL STACK WEIGHT</b>	2x 200 lbs (2x 100 kg)
<b>INCREMENTAL WEIGHT SYSTEM</b>	5 lb (2 kg) user increments
<b>WEIGHT STACK TOWER HEIGHT</b>	81 in (207 cm)
<b>PLATE LOADED</b>	N/A
<b>WEIGHT STORAGE SOLUTION</b>	No but it does include accessory rack for multiple pulley attachments: – Stirrup grips (2) – Ankle strap – Long bar – Triceps/Biceps curl bar
<b>LNL TECHNOLOGY</b>	Yes
<b>ADD-ON RESISTANCE AVAILABLE</b>	5 lb (2 kg) user increments
<b>WEIGHT STACK SHROUD SPECIFICATIONS</b>	Inside and outside steel shrouds

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

