

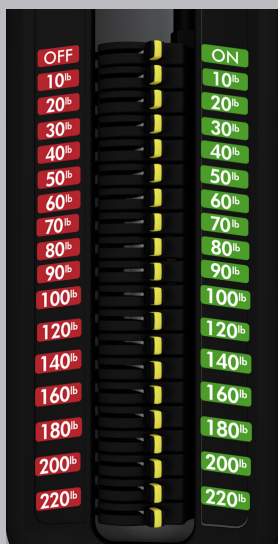
# NAUTILUS<sup>®</sup> INSPIRATION

Designed with beautiful, modern aesthetics and uniform towers, Nautilus Inspiration Strength makes a powerful first impression. Each machine captures the essence of natural movement. Members will appreciate the many easy to use and easy to see features like our patented Lock N Load weight selection system, the wrap-around assisted seat adjustment, lenticular image placards, pre-stretch and range of motion controls designed to enhance each user's experience.



## BICEPS CURL IPBC3

W	56 IN (142 CM)
L	45 IN (114 CM)
H	64 IN (163 CM)
STACK WEIGHT	200 LB (91 KG)
OVERALL WEIGHT	613 LB (278 KG)
SHIPPING WEIGHT	699 LB (317 KG)



### LOCK N LOAD<sup>®</sup> WEIGHT SELECTION

Selecting a weight with the intuitive Lock N Load design is as easy as flicking a switch. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation. Lock N Load prevents unnecessary maintenance headaches since there are no pins to lose or replace.



### SMART TOWER DESIGN

The beautifully designed Nautilus Inspiration line, with their uniform 64" (163 cm) towers, deliver superior lines of site across your venue and create a visually powerful impression during facility tours. The tower housing is designed to accommodate custom graphics and wraps to personalize the equipment in your facility.

### ADJUSTMENTS & MOVEMENTS

<b>USER DEFINED RANGE OF MOTION</b>	Fixed path of motion with the axis of rotation highlighted for precise user positioning.
<b>ASSISTED ADJUSTMENTS</b>	Wrap-around gas assist seat adjust and multiple hand placement options.
<b>COLOR CODED PIVOT POINTS AND ADJUSTMENTS</b>	Yes on all units
<b>UNILATERAL OR BILATERAL MOVEMENT</b>	Unilateral and Bilateral dependent can be performed (one or two arm movements)
<b>CONVERGING OR DIVERGING MOVEMENTS</b>	N/A
<b>PULLEY RATIO</b>	1:1 pulley ratio

### FRAME SPECIFICATIONS & CABLE INFORMATION

<b>STANDARD FRAME COLOR OPTIONS</b>	Silver, White, Black
<b>STANDARD UPHOLSTERY COLOR OPTIONS</b>	Black
<b>FRAME FINISH</b>	Electrostatic Powder coating
<b>CUSTOMIZABLE PAINT OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE BRANDING OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CABLE VS. BELT DRIVEN TRANSMISSION</b>	Cable drive
<b>BOLT DOWN LOCATIONS DEFINED</b>	Yes
<b>INTEGRATED LEVELING SYSTEM</b>	Yes
<b>HARDWARE TYPE</b>	Hex / Button Head
<b>TUBING STYLE &amp; THICKNESS</b>	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

### USER SPECIFIC INFORMATION

<b>STATIC PLACARDS</b>	Animated lenticulars, showing start and stop positions
<b>MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE</b>	Yes
<b>ANIMATED LENTICULAR</b>	Animated lenticulars, showing start and stop positions
<b>SAFETY CATCH &amp; STOPS</b>	Yes, end range of motion safety stop
<b>WATER BOTTLE HOLDER</b>	Yes, integrated to weight stack tower, eye level
<b>PHONE HOLDER</b>	Yes, adjustable in size and position
<b>GRIP SPECIFICATIONS</b>	Rubber, large grips for pushing, smaller grips for pulling.
<b>FOOT PLATFORM</b>	N/A
<b>CONTOURED PADS</b>	Yes, contoured pads and comfortable arm support pads
<b>BELT STABILIZATION SYSTEM</b>	N/A

### WEIGHT STACK SPECIFICATIONS

<b>TOTAL STACK WEIGHT</b>	200 LB (91 KG)
<b>INCREMENTAL WEIGHT SYSTEM</b>	10 lb increment, 5 lb add on
<b>WEIGHT STACK TOWER HEIGHT</b>	Standard 64in (163 cm) height on all products
<b>PLATE LOADED</b>	N/A
<b>WEIGHT STORAGE SOLUTION</b>	N/A
<b>LNL TECHNOLOGY</b>	Yes
<b>ADD-ON RESISTANCE AVAILABLE</b>	Yes, 5 lb incremental add on plate
<b>WEIGHT STACK SHROUD SPECIFICATIONS</b>	Uniform size, standard steel / customized aluminum materials

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