

Octane
FITNESS

FUEL YOUR LIFE



THE COMPANY

HOW DO WE BUILD THE BEST ZERO-IMPACT TRAINING EQUIPMENT?

Being the best takes relentless hard work, commitment and focus. At Octane Fitness, we are defined by our persistent hunger to innovate. By continual breakthroughs that revolutionize zero-impact training and create new ways to exercise. By our resolute unwillingness to settle. Ever. And by our passion to excel in everything — products, sales, service and reputation.

Our perseverance yields an ever-growing variety of unique machines, an endless list of Best Buy awards and top rankings, clubs worldwide that demand our products and lives that are continually fueled.

On a dedicated mission to reinvent zero-impact exercise, only Octane equips health clubs with premium, progressive standing, seated, lateral and incline ellipticals, along with the unmatched Zero Runner. Designed to deliver results with valuable features and innovative programming, such as HIIT training and CROSS CIRCUIT, these heavy-duty machines inspire motivation, resolve and satisfaction with long-lasting, reliable performance.



ZERO RUNNER®

Experience running reinvented with the unprecedented Zero Runner, which replicates natural running motion but eliminates repetitive impact so users can comfortably walk, jog or run without stressful pounding on their bodies.

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Octane
FITNESS

ELLIPTICAL DOMINATION

FIVE CATEGORIES OF ELLIPTICALS PROVEN TO FUEL YOUR MEMBERS AND YOUR CLUB



INCLINE ELLIPTICALS

Take on the neXT generation of ellipticals with one machine that does it all. The versatile XT-One equips exercisers to walk, run, hike or climb – all within one machine – for multiple challenges and superior conditioning – combined with custom consoles for interactive workouts and engaging entertainment.

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LATERAL ELLIPTICALS

Move in an entirely new direction with this ingenious way to workout, which combines smooth, 3-D motion that goes from a vertical elliptical stepping motion to an active side-to-side motion for functional exercise that challenges more muscles for more results.

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STANDING ELLIPTICALS

It's no surprise that these ellipticals are preferred by 75% of health club members. Perfected over time with biomechanics, natural motion, a slew of motivating workouts and plenty of thoughtful comfort features, these premium ellipticals fuel every fitness floor.

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RECUMBENT ELLIPTICALS

This innovative platform combines all the benefits of traditional standing elliptical exercise with the comfort of a seat – plus exclusive PowerStroke™ technology and resistance training to engage more muscles, burn more calories and accomplish way more than other recumbent machines.

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THE TRAINING

KEEPING YOU FUELED

Training – we'll conduct in-depth training with your staff on-site during installation and provide ongoing support with a top-notch customer service tech team that is available 11 hours a day.

Resolve Issues Quickly – Should you need on-site assistance, our technicians will be there at a moment's notice of your request to get your equipment back up and running in no time.

Broad Network – We are committed to keeping your facility fueled and rely on a broad network of trained service providers worldwide so we can be there quickly and efficiently.



THE RESULTS

YOUR MEMBERS FEEL AND SEE THE DIFFERENCE

Let's face it – if your members aren't satisfied, your club won't thrive. Octane ellipticals help drive your business daily by enticing potential members, motivating current members and keeping everyone coming back for more. What's not to love?

75% of health club members
rate it superior

No need to take our word for it – surveys of health club members show that Octane is the top elliptical choice, with 75% rating Octane workouts as superior. In fact, more than 95% of members said that they wanted Octane ellipticals at their facility. They consistently praise the overall natural feel; intuitive, customizable motion; and upper-body comfort and variety.

Seize this critical success factor
to reap maximum ROI.

95% of health club members
want Octane in their clubs



THE ZERO RUNNER

FINALLY, THE TREADMILL
HAS BEEN TRANSFORMED

ZR8000

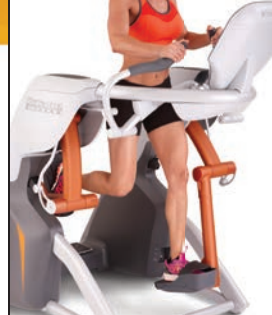
Finally, the treadmill has been transformed.

The Zero Runner offers the same great workout,
but without the additional cost of ownership.

Built with cutting-edge innovation, and without a
belt, deck or cord. The Zero Runner eliminates the
pain of running and equipment maintenance.
Fuel your cardio floor like never before.

OCTANE ADVANTAGES

- Zero-Impact Running™
- True running motion
- Walk, jog or run
- Up to 58" stride length
- Customized to users stride
- CROSS CIRCUIT compatible



REAL RUNNING MOTION

Independent hip and knee joints replicate natural walking, jogging or running motion without any stressful impact, and custom-fit users of different sizes.

STRIDE TRACING

Unique technology enables users to monitor the health of their stride and adjust form to correct imbalances throughout workouts for greater consistency and performance.

LOWER COST OF OWNERSHIP

With no belt, deck or power cord*, the Zero Runner has significantly lower maintenance and electricity needs than treadmills and no wear-and-tear parts to replace.

FLEXIBLE PLACEMENT

Shorter than a treadmill, self-powered* and with whisper-quiet operation, the Zero Runner affords valuable flexibility.

ZR8000 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|-----------------------------|---------------|
| User defined running motion | • |
| Dynamic stride length | 58" (147 cm) |
| Aluminum legs | • |
| Low step-up height | • |
| Pedal spacing | 1.4" (3.5 cm) |
| Lightweight pedals | • |
| Rubber non-slip pedals | • |
| Rubber non-slip step | • |
| Contoured moving handlebars | • |
| CROSS CIRCUIT compatible | ○ |
| Phone holder | 2 |
| Water bottle holder | • |
| Quiet operation | • |
| Tablet/reading rack** | • |
| Transport wheels | • |

ELECTRONICS FEATURES

| | |
|--|----|
| Resistance levels | 15 |
| Self-powered (standard console only) | • |
| Quick Start | • |
| Wireless heart rate ready (ANT+™ and Polar®) | • |
| Digital contact heart rate sensors on stationary handlebar | • |
| Mobile device charging via USB port | • |
| Replaceable headphone jack | • |

CONSOLE OPTIONS

| | |
|----------|--|
| Smart | 10" (25.4 cm) capacitive touch screen |
| Standard | Large LED display with integrated capacitive buttons |

ENTERTAINMENT OPTIONS

| | |
|-------------------------|---|
| Personal viewing screen | ○ |
| Wireless 900 Mhz | ○ |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 12 |
|--------------------|----|

PRESET PROGRAMS

| | |
|---------------|---|
| Quick Start | • |
| Manual | • |
| Distance Goal | • |
| Calorie Goal | • |
| Interval | • |

ADVANCED PROGRAMS

| | |
|--------------------------------|---|
| 30:30 Interval | • |
| CROSS CIRCUIT Solo | • |
| CROSS CIRCUIT Group | • |
| CROSS CIRCUIT Total body blast | • |
| CROSS CIRCUIT Lower body blast | • |
| CROSS CIRCUIT Upper body blast | • |
| CROSS CIRCUIT Core | • |

PRODUCT SPECIFICATIONS

| | |
|--------------------------------------|---------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 43.2" x 69.6" (110 cm x 176 cm) |
| Footprint with CROSS CIRCUIT (W x L) | 43.2" x 69.6" (110 cm x 176 cm) |
| Product weight | 357 lbs (162 Kg) |
| Product weight with CROSS CIRCUIT | 382 lbs (173 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

*Standard console only **Smart console only

THE XT-ONE

THE ONE CROSS-TRAINER
THAT DOES IT ALL

XTOne™

XT-0ne

The XT-One, the all-in-one machine that lets members **walk, run, hike** or **climb** to target different muscles for customized effectiveness.

OCTANE ADVANTAGES

- Replaces all adaptations of ellipticals and non-elliptical modalities in one machine
- Adjustable incline
- Adjustable stride length
- Advanced training — 30:30 and MMA
- CROSS CIRCUIT compatible
- Workout Boosters



WALK

The biomechanically precise motion of the XT-One delivers a low-impact, comfortable walk, with a choice of shorter or longer strides to custom-fit exercisers with different leg lengths.

RUN

Users can change pace or stride length to customize their run motion. Or they can take advantage of Octane's trademark SmartStride® interactive ergonomics, which replicate jogging or running by automatically adjusting the stride length from 20"-28" based on the user's pace.

HIKE

Hit the hills and boost cardiovascular and muscular endurance by selecting from 10 incline levels that target the legs and work the upper body and core. Users can opt for greater challenges with several incline workouts, including Hill Interval and Progressive Hill.

CLIMB

The ultimate challenge with a steep climb that strengthens the quads, glutes and hamstrings with deep strides and high-intensity cardio and strength work.

XT-One SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|--|------------------------------|
| Adjustable incline | 10 levels |
| Stride lengths (1/2" increments) | 20" - 28" (51 cm - 71 cm) |
| Electronically adjustable stride | • |
| Quiet motor | • |
| Close pedal spacing | 1.8" (4.5 cm) |
| Low step-up height | • |
| MultiGrip™ and Converging Path™ handlebars | • |
| Moving handlebar lock-out option | • |
| 1-time adjustable handlebar position | • |
| CROSS CIRCUIT compatible | ○ |
| Phone holder | 2 |
| Water bottle holder | • |
| Tablet/reading rack* | • |
| Transport wheels | • |

ELECTRONICS FEATURES

| | |
|---|----|
| SmartStride® | • |
| Resistance levels | 30 |
| Quick Starts (Walk, Run, Hike, Climb) | 4 |
| Digital contact heart rate on moving handlebars | • |
| Wireless heart rate ready (ANT+™ and Polar®) | • |
| Fingertip controls on moving handlebars | • |
| Incline and stride buttons on moving handlebars | • |
| Console fan (3-speeds) | • |
| Self-powered (standard console only) | • |
| Mobile device charging via USB port | • |
| Replaceable headphone jack | • |
| CSAFE® | • |

CONSOLE OPTIONS

| | |
|----------|---|
| Smart | ○ |
| Standard | ○ |

ENTERTAINMENT OPTIONS

| | |
|-------------------------|---|
| Personal viewing screen | ○ |
| 900 Mhz | ○ |

WORKOUTS

| | |
|--------------------|----|
| Number of workouts | 17 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|-----------------|---|
| Manual | • |
| Random | • |
| Distance Goal | • |
| Calorie Goal | • |
| Custom Interval | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|----------------------------|---|
| Heart Rate Fat Burn | • |
| Heart Rate Custom Interval | • |

ADVANCED PROGRAMS

| | |
|---------------------|---|
| CROSS CIRCUIT Solo | • |
| CROSS CIRCUIT Group | • |
| 30:30 Interval | • |
| MMA | • |
| Constant Watts | • |
| Constant METs | • |

INCLINE PROGRAMS

| | |
|------------------|---|
| Mountain Peak | • |
| 30:30 Hill | • |
| Progressive Hill | • |

STRIDE LENGTH PROGRAMS

| | |
|-------------|---|
| SmartStride | • |
|-------------|---|

WORKOUT BOOSTERS

| | |
|------------|---|
| X-Mode™ | • |
| ArmBlaster | • |
| GlutePower | • |

PRODUCT SPECIFICATIONS

| | |
|---|-------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 33" x 75" (84 cm x 191 cm) |
| Footprint - live area | 33" x 92" (84 cm x 196 cm) |
| Footprint with side steps (W x L) | 37" x 88" (94 cm x 224 cm) |
| Footprint with CROSS CIRCUIT stands (W x L) | 37" x 97" (94 cm x 237 cm) |
| Product weight | 395 lbs (180 Kg) |
| Product weight with side steps | 427 lbs (194 Kg) |
| Product weight with CROSS CIRCUIT stands | 450 lbs (205 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

*Smart console only

THE LATERALX

MOVE IN A NEW DIRECTION

LATERALX
MOVE IN A NEW DIRECTION



LateralX

Add a new dimension and excitement to the cardio floor with the LateralX elliptical that delivers functional challenges, more muscle demands and greater caloric burn.

OCTANE ADVANTAGES

- Adjustable lateral 3-D motion
- 27% increase in caloric expenditure*
- 30% increase in hip abductor/adductor activity*
- Adds muscle confusion with 10 varying planes of motion
- Great for sports, rehab and stability training, working the hips, thighs and glutes
- CROSS CiRCUIT compatible



LATERAL MOTION

Active side-to-side motion that increases caloric expenditure by 27% and engages more lower body muscles.

STEPPING MOTION

An additional movement option that simulates a stepping movement for added variety or recovery.

UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars better engage the upper body and assist with fitting every exerciser better.

CROSS CIRCUIT

Exercisers get better results from greater conditioning and motivation, and clubs and trainers benefit from a powerful new revenue source.

LateralX SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|--|----|
| Lateral width adjustments | 10 |
| Electronically adjustable lateral width | • |
| Quiet motor | • |
| Soft grip pedals | • |
| Low step-up height | • |
| MultiGrip™ and Converging Path™ handlebars | • |
| Moving handlebar lock-out option | • |
| 1-time adjustable handlebar position | • |
| CROSS CIRCUIT compatible | ○ |
| Phone holder | 2 |
| Water bottle holder | • |
| Tablet/reading rack* | • |
| Transport wheels | • |

ELECTRONIC FEATURES

| | |
|---|----|
| Resistance levels | 30 |
| Quick Starts (Narrow, Medium, Wide) | • |
| Digital contact heart rate on moving handlebars | • |
| Wireless heart rate ready (ANT+™ and Polar®) | • |
| Fingertip controls on moving handlebars | • |
| Console fan (3 speeds) | • |
| Self-powered (standard console only) | • |
| Mobile device charging via USB port | • |
| Replaceable headphone jack | • |
| CSAFE® | • |

CONSOLE OPTIONS

| | |
|----------|---|
| Smart | ○ |
| Standard | ○ |

ENTERTAINMENT OPTIONS

| | |
|-------------------------|---|
| Personal Viewing Screen | ○ |
| Wireless 900 Mhz | ○ |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 15 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|---------------|---|
| Manual | • |
| Random | • |
| Interval | • |
| Distance goal | • |
| Calorie goal | • |

LATERAL WIDTH PROGRAMS

| | |
|------------------|---|
| Lateral Interval | • |
| Dual Direction | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|---------------------|---|
| Heart Rate Fat Burn | • |
| Heart Rate Interval | • |

ADVANCED PROGRAMS

| | |
|---------------------|---|
| CROSS CIRCUIT Solo | • |
| CROSS CIRCUIT Group | • |
| 30:30 Interval | • |
| MMA | • |
| Constant Watts | • |
| Constant METs | • |

WORKOUT BOOSTERS

| | |
|-------------|---|
| X-Mode™ | • |
| ThighToner™ | • |
| QuadPower™ | • |

PRODUCT SPECIFICATIONS

| | |
|---|--------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 42" x 63" (106 cm x 160 cm) |
| Product weight | 388 lbs (176 Kg) |
| Footprint with CROSS CIRCUIT stands (W x L) | 44" x 75" (111 cm x 190 cm) |
| Product weight with CROSS CIRCUIT stands | 438 lbs (198 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

*Smart console only

THE XT4700

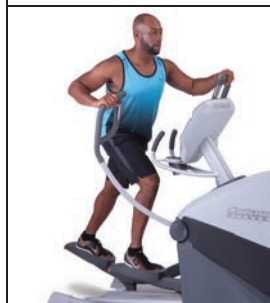
A STRIDE AHEAD

XT4700

The best elliptical machine available, this top-of-the-line powerhouse is loaded with exclusive Octane breakthroughs including SmartStride® to fuel every workout with exceptional comfort and challenge that drive valuable results.

OCTANE ADVANTAGES

- Electronically adjustable stride
- MultiGrip & Converging Path handlebars
- Biomechanically correct close pedal spacing
- Low step-up height
- Advanced training — 30:30 and MMA
- CROSS CIRCUIT compatible



SMARTSTRIDE®

An unmatched feature that automatically adjusts stride length to replicate walking, jogging, running and moving backwards.

UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and custom fit every exerciser.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

SPACE-EFFICIENT DESIGN

Significantly shorter than other ellipticals or treadmills; fits conveniently in small spaces.

XT4700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|--|----------------------------|
| Stride lengths | 20"-28" (51 cm - 71 cm) |
| Electronically adjustable stride | • |
| Quiet motor | • |
| Close pedal spacing | 1.8" (4.5 cm) |
| Low step-up height | • |
| Covered track and rollers | • |
| MultiGrip™ and Converging Path™ handlebars | • |
| Moving handlebar lock-out option | • |
| CROSS CIRCUIT compatible | ○ |
| Phone holder | 2 |
| Water bottle holder | • |
| Tablet/reading rack* | • |
| Transport wheels | • |

ELECTRONIC FEATURES

| | |
|---|----|
| SmartStride® | • |
| Resistance levels | 30 |
| Quick Starts (Walk, Jog, Run) | • |
| Digital contact heart rate on moving handlebars | • |
| Wireless heart rate ready (ANT+™ and Polar®) | • |
| Fingertip controls on moving handlebars | • |
| Console fan (3 speeds) | • |
| Self-powered (standard console only) | • |
| Mobile device charging via USB port | • |
| Replaceable headphone jack | • |
| CSAFE® | • |

CONSOLE OPTIONS

| | |
|----------|---|
| Smart | ○ |
| Standard | ○ |

ENTERTAINMENT OPTIONS

| | |
|-------------------------|---|
| Personal Viewing Screen | ○ |
| Wireless 900 Mhz | ○ |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 16 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|---------------|---|
| Manual | • |
| Random | • |
| Interval | • |
| Distance goal | • |
| Calorie goal | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|---------------------|---|
| Heart Rate Fat Burn | • |
| Heart Rate Interval | • |

ADVANCED PROGRAMS

| | |
|---------------------|---|
| CROSS CIRCUIT Solo | • |
| CROSS CIRCUIT Group | • |
| 30:30 Interval | • |
| MMA | • |
| Constant Watts | • |
| Constant METs | • |

STRIDE LENGTH PROGRAMS

| | |
|-----------------|---|
| PowerWalk | • |
| Stride Interval | • |
| Dual Direction | • |

WORKOUT BOOSTERS

| | |
|--------------|---|
| SmartStride® | • |
| X-Mode™ | • |
| ArmBlaster | • |

PRODUCT SPECIFICATIONS

| | |
|---|-------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 33" x 77" (84 cm x 196 cm) |
| Footprint - live area (W x L) | 37" x 87" (94 cm x 221 cm) |
| Product weight | 364 lbs (165 Kg) |
| Footprint with CROSS CIRCUIT stands (W x L) | 37" x 87" (94 cm x 221 cm) |
| Product weight with CROSS CIRCUIT stands | 414 lbs (188 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

*Smart console only

THE XT3700

CONVERGE ON THE BEST-FEELING ELLIPTICAL

XT3700

The preferred model by health club members, Octane's incredibly popular XT3700 is known for delivering the absolute best-feeling workouts.

OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced training — 30:30 and MMA
- Exclusive Workout Boosters
- CROSS CIRCUIT compatible



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and assist with fitting every exerciser better.

MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

XT3700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|--|----------------|
| Stride length | 24" (61 cm) |
| Close pedal spacing | 1.8" (4.5 cm) |
| Low step-up height | • |
| Covered track and rollers | • |
| MultiGrip™ and Converging Path™ handlebars | • |
| Moving handlebar lock-out option | • |
| CROSS CiRCUIT compatible | ○ |
| Phone holder | 2 |
| Water bottle holder | • |
| Tablet/reading rack* | • |
| Transport wheels | • |

ELECTRONIC FEATURES

| | |
|---|----|
| Resistance levels | 30 |
| Digital contact heart rate on stationary handlebars | • |
| Wireless heart rate ready (ANT+™ and Polar®) | • |
| Console fan (3 speeds) | • |
| Self-powered (standard console only) | • |
| Mobile device charging via USB port | • |
| Replaceable headphone jack | • |
| CSAFE® | • |

CONSOLE OPTIONS

| | |
|----------|---|
| Smart | ○ |
| Standard | ○ |

ENTERTAINMENT OPTIONS

| | |
|-------------------------|---|
| Personal Viewing Screen | ○ |
| Wireless 900 Mhz | ○ |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 13 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|---------------|---|
| Manual | • |
| Random | • |
| Interval | • |
| Distance goal | • |
| Calorie goal | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|---------------------|---|
| Fat Burn | • |
| Heart Rate Interval | • |

ADVANCED PROGRAMS

| | |
|----------------------|---|
| CROSS CiRCUIT Solo | • |
| CROSS CiRCUIT Group | • |
| 30:30 Interval | • |
| MMA | • |
| Constant Power Watts | • |
| Constant Power METs | • |

WORKOUT BOOSTERS

| | |
|--------------|---|
| X-Mode™ | • |
| GluteKicker™ | • |
| ArmBlaster | • |

PRODUCT SPECIFICATIONS

| | |
|---|-------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 33" x 77" (84 cm x 196 cm) |
| Footprint - live area (W x L) | 37" x 87" (94 cm x 221 cm) |
| Product weight | 342 lbs (155 Kg) |
| Footprint with CROSS CiRCUIT stands (W x L) | 37" x 87" (94 cm x 221 cm) |
| Product weight with CROSS CiRCUIT stands | 392 lbs (178 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

*Smart console only

THE xR6000

CHANGING HOW YOU FEEL
ABOUT RECUMBENT WORKOUTS

xRide

xR6000

Satisfy the demand for comfort, challenge and variety on the cardio floor with the unique xRide recumbent elliptical, delivering incredible effectiveness to everyone from beginners to athletes.

OCTANE ADVANTAGES

- 343% more glute activity*
- Burn 23% more calories*
- Active Seat Position™
- Challenging upper-body workout
- Step-through design



POWERSTROKE™

Facilitates optimal leg extension and power drive. Users burn 23% more calories and activate 3x more muscles than a recumbent bike.*

CUSTOMIZED COMFORT

The Active Seat Position™ accommodates different size exercisers, by offering more tilt and height adjustments for the perfect fit to maximize comfort and variety.

CHEST & LEG PRESS

Exercisers combine cardio and strength training efficiently with vigorous interval repetitions at high intensity.

HIIT TRAINING

Users can select advanced HIIT workout programs or activate Workout Boosters to incorporate interval training into any program.

x R6000 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|--------------------------------------|----|
| Step-through design | • |
| Oversized soft grip pedals | • |
| Stationary footpegs | • |
| Seat height adjustments | 20 |
| Seat tilt adjustments | 5 |
| MultiGrip™ handlebars | • |
| Moving handlebar lock-out option | • |
| 1-time adjustable handlebar position | • |
| Stationary handlebars | • |
| Phone holder | 2 |
| Water bottle holders | 2 |
| Tablet/reading rack** | • |
| Transport wheels | • |
| Upper body lockout | ○ |
| Pedal straps | ○ |

ELECTRONIC FEATURES

| | |
|---|----|
| Resistance levels | 30 |
| Digital contact heart rate on stationary handlebars | • |
| Wireless heart rate ready (ANT+™ and Polar®) | • |
| Fingertip controls on stationary handles | • |
| Console fan (3 speeds) | • |
| Self-powered (standard console only) | • |
| Mobile device charging via USB port | • |
| Replaceable headphone jack | • |
| CSAFE® compatible | • |

CONSOLE OPTIONS

| | |
|----------|---|
| Smart | ○ |
| Standard | ○ |

ENTERTAINMENT OPTIONS (PAGE 28)

| | |
|-------------------------|---|
| Personal Viewing Screen | ○ |
| Wireless 900 Mhz | ○ |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 14 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|---------------|---|
| Manual | • |
| Random | • |
| Interval | • |
| Hill | • |
| Distance goal | • |
| Calorie goal | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|---------------------------|---|
| Fat Burn | • |
| Heart Rate Interval | • |
| Heart Rate Hill | • |
| Heart Rate Speed Interval | • |

ADVANCED PROGRAMS

| | |
|----------------|---|
| 30:30 Interval | • |
| MMA | • |
| Constant Watts | • |
| Constant METs | • |

WORKOUT BOOSTERS

| | |
|-------------|---|
| X-Mode™ | • |
| Leg Press | • |
| Chest Press | • |

PRODUCT SPECIFICATIONS

| | |
|-------------------|---------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 36" x 71.5" (91 cm x 181 cm) |
| Product weight | 319 lbs (145 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

**Smart console only

CONSOLE OPTIONS

SMART CONSOLE



WEB APPS

Now users can quickly access their favorites, Facebook, Twitter, YouTube and more, enabling them to efficiently multi-task, stay engaged and resolve to finish their workout strong – or even add a few more minutes for better results.

WEB BROWSING

With the Web at one's fingertips, exercisers can enjoy streaming video, shopping, browsing the Internet or checking email for the ultimate in time management and versatile, custom entertainment.

ASSET MANAGEMENT

Provided by EcoFit™ Networks, Octane's asset management measures and shares valuable data from cardiovascular equipment that club owners can analyze to ensure proper equipment placement, equal usage, timely preventive maintenance and minimal downtime with service needs.

INTERACTIVE COACHING

Octane's trademark CROSS CiRCUIT combined cardio and strength training program comes alive with videos that show proper execution of hundreds of strength training exercises. Plus, the Workout Boosters now include video demos that keep exercisers engaged and using correct form.

STANDARD CONSOLE



STANDARD CONSOLE

Intuitive to navigate, this LED display with integrated capacitive buttons showcases all workout feedback and supports mobile device charging. Quick Start buttons enable exercisers to immediately begin their workout; and advanced training is convenient, with buttons for CROSS CiRCUIT, MMA and 30:30 directly on the console.

Console options are for
Zero Runner, XT-One, LateralX,
XT4700, XT3700 and xR6000.

- Standard
- Unavailable
- Optional

FEATURES

| | Smart Console | Standard Console |
|--|---------------|------------------|
| 10" glass capacitive touch screen | • | — |
| Phone docking locations | 4 | 3 |
| Tablet docking locations | 1 | 1 |
| USB port (charging capabilities) | • | • |
| TV keypad built-in* | • | • |
| Ethernet jack | • | — |
| CSAFE ports | 2 | 2 |
| Asset management | ◦ | ◦ |
| Wireless heart rate ready Polar® and ANT+™ | • | • |
| Console fan (3 speeds) | • | • |
| Replaceable headphone jack | • | • |
| Self-powered | — | • |

ENTERTAINMENT OPTIONS

| | | |
|-------------------------|---|---|
| Personal viewing screen | ◦ | ◦ |
| 900 Mhz | ◦ | ◦ |

INTERNET CONNECTION REQUIRED

| | | |
|---------------------|---|---|
| Wi-Fi enabled | • | — |
| Web browsing | • | — |
| Web video streaming | • | — |
| Web applications | • | — |

WARRANTY

| | | |
|--------------------------------------|---|---|
| 3-year advance exchange/1-year labor | • | • |
| 90-day on headphone jack | • | • |



PERSONAL VIEWING SCREEN

Learn more on page 28.

A 15" HD screen adds a multitude of television and entertainment selections for an exceptional, interactive experience, and integrated keypad controls provide a sleek, convenient solution that surpasses members' expectations. Available for both smart and standard consoles.

*External personal viewing screen required.

THE PRO3700Classic

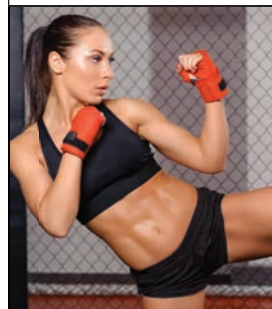
SAME HIGH-END FEATURES AND EXCEPTIONAL QUALITY AT AN UNBEATABLE VALUE

PRO3700C

Features the natural, smooth motion that Octane is known for, digital contact heart rate sensors, signature advanced programs, exclusive Workout Boosters and full commercial warranty.

OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced Training — MMA and 30:30
- Workout Boosters
- CROSS CIRCUIT compatible



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and assist with fitting every exerciser better.

MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

PRO3700Classic SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|--|----------------|
| Stride length | 24" (61 cm) |
| Close pedal spacing | 1.8" (4.5 cm) |
| Low step-up height | • |
| Covered track and rollers | • |
| MultiGrip™ and Converging Path™ handlebars | • |
| Moving handlebar lock-out option | • |
| 1-time adjustable handlebar position | • |
| CROSS CIRCUIT compatible | ○ |
| Water bottle holder | • |
| Tablet/reading rack | • |
| Transport wheels | • |

ELECTRONIC FEATURES

| | |
|---|----|
| Resistance levels | 30 |
| Digital contact heart rate on stationary handlebars | • |
| Wireless heart rate ready (Polar®) | • |
| Self-powered | • |
| HeartLogic™ Intelligence | • |

ENTERTAINMENT OPTIONS

| | |
|-------------------------|---|
| Personal Viewing Screen | ○ |
| Wireless 900 Mhz | ○ |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 20 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|-----------------|---|
| Manual | • |
| Random | • |
| Interval | • |
| Custom Interval | • |
| Hill | • |
| 10K | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|----------------------------|---|
| Heart Rate Fat Burn | • |
| Heart Rate Cardio | • |
| Heart Rate Interval | • |
| Heart Rate Custom Interval | • |
| Heart Rate Hill | • |
| Heart Rate Speed Interval | • |
| New Leaf® Custom | • |

ADVANCED PROGRAMS

| | |
|----------------------|---|
| CROSS CIRCUIT Solo | • |
| CROSS CIRCUIT Group | • |
| 30:30 Interval | • |
| MMA | • |
| Constant Power Watts | • |
| Constant Power METs | • |

FITNESS ASSESSMENT PROTOCOL

| | |
|----------|---|
| Navy PRT | • |
|----------|---|

WORKOUT BOOSTERS

| | |
|--------------|---|
| X-Mode™ | • |
| GluteKicker™ | • |
| ArmBlaster | • |

PRODUCT SPECIFICATIONS

| | |
|---|-------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 31" x 69" (78 cm x 175 cm) |
| Footprint - live area (W x L) | 34" x 83" (86 cm x 210 cm) |
| Product weight | 320 lbs (145 Kg) |
| Footprint with CROSS CIRCUIT stands (W x L) | 39" x 84" (99 cm x 213 cm) |
| Product weight with CROSS CIRCUIT stands | 405 lbs (183 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

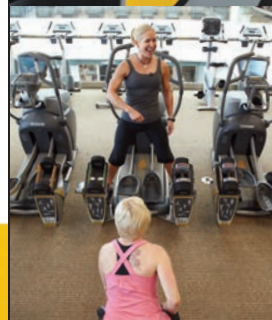
THE CROSSCIRCUIT

BUILD A BETTER WORKOUT

Kick start your members' motivation and generate a big buzz on the gym floor with Octane's exclusive new CROSS CIRCUI, which adds tremendous energy and interest – along with efficiency and results – to individual, small group or class workouts.

OCTANE ADVANTAGES

- Strength and cardio training in one location
- Faster results
- Generate revenue on the cardio floor
- Boost personal training revenue
- Solo video coaching*
- Compatible ellipticals:
 - Zero Runner
 - XT-One
 - LateralX
 - XT4700/XT3700
 - Pro3700Classic



GROUP TRAINING

Uniquely combines strength and cardio intervals for individual workouts, or instructor-led one-on-one, small group or class sessions.

SIDE STEPS

Users take their legs out of the action and emphasize their chest, back, shoulders and arms for greater workout variety.

POWERBLOCK® DUMBBELLS

Eight dumbbells combined into one. PowerBlock dumbbells are adjustable, which allows more versatility, and progression options are limitless.

HIIT TRAINING

Easily add HIIT training to the cardio floor.

The CROSS CiRCUIT Advantage

- Turns your fitness floor into a revenue-producing training area
- Visual prompts from the console, weight stands, side steps and PowerBlocks combined create the ultimate, full-body workout
- PowerBlocks are available in 32 lbs or 50 lbs options for the utmost flexibility for all fitness levels
- Customized training templates are available to help kick start your club's program



The Group Program

In the group program, a personal trainer or instructor leads one or several exercisers through regimens that alternate between cardio work on the machine, and up to three minutes of strength training either on the stationary foot platforms or on the floor adjacent to the elliptical.

Trainers determine the duration of the cardio and the strength cycles, as well as the exercises. During the strength sets, the elliptical tracks time and an estimated caloric expenditure, affording full credit for the challenging work on the floor.

Strength periods have an endless variety of traditional and functional movements using accessories including the PowerBlock dumbbells, resistance tubing, barbells, stability balls, BOSU™ Balance Trainers, balance boards, medicine balls and gliding disks, or body weight exercises such as squats, lunges and push-ups. The opportunities with CROSS CiRCUIT are virtually unlimited, based on the creativity of instructors and exercisers.

The Solo Routine

The solo routine enables exercisers to personally select the cardio interval time, and the machine prompts them to exit the machine for a time-based interval session, and then return to cardio. The smart console features video coaching that shows proper form and provides strength ideas to the user.

THE PRO310

SMALL FOOTPRINT, BIG VALUE

PRO310

Great features and programs you expect from Octane in a space-efficient package for quiet, safe operation.

OCTANE ADVANTAGES

- Space-saving design
- Low step-up height
- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced training — 30:30
- Workout Boosters



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and custom fit every exerciser.

30:30 INTERVAL

An exclusive ability to train like the pros with the 30:30 Interval challenge program from EXOS.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

ARMBLASTER

For an unrivaled total-body experience, this trademark workout combines cardio with intense upper-body strength intervals.

PRO310 SPECIFICATIONS

• Standard ◦ Optional

KEY MECHANICAL FEATURES

| | |
|--|------------------|
| Stride length | 20.5" (52 cm) |
| Close pedal spacing | 1.8" (4.5 cm) |
| Low step-up height | • |
| MultiGrip™ and Converging Path™ handlebars | • |
| Moving handlebar lock-out option | • |
| 1-time adjustable handlebar position | • |
| Phone holder | • |
| Water bottle holder | • |
| Tablet/reading rack | • |
| Transport wheels | • |

ELECTRONIC FEATURES

| | |
|---|----|
| Resistance levels | 20 |
| Digital contact heart rate on stationary handlebars | • |
| Wireless heart rate ready (Polar®) | • |
| HeartLogic™ Intelligence | • |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 12 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|-----------------|---|
| Manual | • |
| Random | • |
| Custom Interval | • |
| Beginner | • |
| 10K | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|----------------------------|---|
| Heart Rate Fat Burn | • |
| Heart Rate Cardio | • |
| Heart Rate Custom Interval | • |

ADVANCED PROGRAMS

| | |
|----------------|---|
| 30:30 Interval | • |
| 350 Calories | • |
| 750 Calories | • |
| Half Marathon | • |

WORKOUT BOOSTERS

| | |
|--------------|---|
| X-Mode™ | • |
| GluteKicker™ | • |
| ArmBlaster | • |

ENTERTAINMENT OPTIONS

| | |
|--------------------------|---|
| Personal Viewing Screen* | ◦ |
|--------------------------|---|

PRODUCT SPECIFICATIONS

| | |
|-------------------------------|-------------------------------|
| Max user weight | 300 lbs (136 Kg) |
| Footprint (W x L) | 31" x 65" (79 cm x 165 cm) |
| Footprint - live area (W x L) | 34" x 76" (87 cm x 193 cm) |
| Product weight | 260 lbs (118 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 2 years |
| Labor | 1 year |

*External controller required.

THE xR650

INCREDIBLE OCTANE INNOVATION AT A VALUE

xR650

The latest in the exciting evolution of Octane's unprecedented xRide recumbent ellipticals, the xR650 offers the high quality and innovative features that define Octane. All at an exceptional value.

OCTANE ADVANTAGES

- Active Seat Position™
- PowerStroke™ elliptical pedal motion
- 343% more glute activity than recumbent bike*
- Step-through design
- Advanced training - 30:30



xRide



POWERSTROKE™

This longer elliptical motion engages more muscles for greater caloric expenditure, 343% more glute activity compared to a recumbent bike* and better overall results.

CUSTOMIZED COMFORT

The Active Seat Position™ accommodates different size exercisers, by offering more tilt and height adjustments for the perfect fit to maximize comfort and variety.

CHEST & LEG PRESS

Exercisers combine cardio and strength training efficiently with vigorous interval repetitions at high intensity.

VARIETY

Build motivation and enhance retention with interactive heart rate workouts, interval training and customized programs.

xR650 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

| | |
|--------------------------------------|----|
| Step-through design | • |
| Oversized soft grip pedals | • |
| Stationary footpegs | • |
| Seat height adjustments | 20 |
| Seat tilt adjustments | 5 |
| 1-time adjustable handlebar position | • |
| Stationary handlebars | • |
| Water bottle holders | 2 |
| Tablet/reading rack | • |
| Transport wheels | • |
| Pedal straps | ○ |

ELECTRONIC FEATURES

| | |
|---|----|
| Resistance levels | 30 |
| Digital contact heart rate on stationary handlebars | • |
| Wireless heart rate ready (Polar®) | • |
| Self-powered | • |
| HeartLogic™ Intelligence | • |
| CSAFE® | • |

WORKOUTS

| | |
|--------------------|----|
| Number of programs | 16 |
|--------------------|----|

PRESET RESISTANCE PROGRAMS

| | |
|-----------------|---|
| Manual | • |
| Random | • |
| Interval | • |
| Custom Interval | • |
| Hill | • |
| 10K | • |

HEART RATE-CONTROLLED PROGRAMS

| | |
|----------------------------|---|
| Fat Burn | • |
| Cardio | • |
| Heart Rate Interval | • |
| Heart Rate Custom Interval | • |
| Heart Rate Hill | • |
| Heart Rate Speed Interval | • |
| New Leaf® Custom | • |

ADVANCED PROGRAMS

| | |
|----------------|---|
| 30:30 Interval | • |
| Constant Watts | • |
| Constant METs | • |

WORKOUT BOOSTERS

| | |
|------------------|---|
| Muscle Endurance | • |
| Leg Press | • |
| Chest Press | • |

ENTERTAINMENT OPTIONS

| | |
|---------------------------|---|
| Personal Viewing Screen** | ○ |
|---------------------------|---|

PRODUCT SPECIFICATIONS

| | |
|-------------------|---------------------------------|
| Max user weight | 400 lbs (181 Kg) |
| Footprint (W x L) | 35" x 71.5" (88 cm x 182 cm) |
| Product weight | 268 lbs (122 Kg) |

WARRANTY

VERTICAL FACILITY

| | |
|-------|---------|
| Parts | 3 years |
| Labor | 1 year |

**External controller required.

PERSONAL ENTERTAINMENT

Zero Runner, XT-One, LateralX, XT4700, XT3700, xR6000

Octane Fitness' fully integrated, user-friendly controls ensure that members can effortlessly enjoy their favorite shows and entertainment. Choose a 900 Mhz wireless TV receiver or personal viewing screen, each with integrated keypad controls for a sleek, clean entertainment solution.



PERSONAL VIEWING SCREEN FEATURES

| | |
|------------------|--|
| Models | Zero Runner, XT-One, LateralX, XT4700, XT3700, xR6000 |
| Screen | 15" (38 cm) wide screen format |
| Tuners | Analog and digital |
| Memory | Stored |
| TV controls | Mute, auto on/off, default channel, channel up/down, channel map on smart console, previous channel, volume, source, closed captioning |
| Power | 110V/1.6A |
| Weight | 3 lbs (1 Kg) |
| Size (L x W x D) | 15.75" x 9.75" x 1.5" (40 cm x 25 cm x 4 cm) |
| Warranty | 3 years advance exchange/1 year labor 90 days on modular headphone jack |

900 MHZ WIRELESS RECEIVER FEATURES

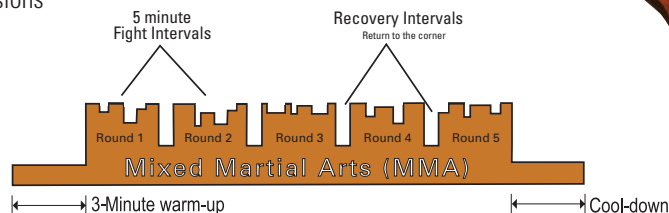
| | |
|--------------|---|
| Models | Zero Runner, XT-One, LateralX, XT4700, XT3700, xR6000 |
| Transmitters | Compatible with Cardio Theater, Broadcast Vision, MYE Entertainment, Enercise, Audeon |
| Memory | Channel settings stored |
| TV controls | Mute, EQ, channel/volume up and down |
| Inputs | Headphone jack (replaceable) |
| Power | Self-powered |
| Warranty | 3 years parts/1 year labor 90 days on headphone jack |

ADVANCED TRAINING

MIXED MARTIAL ARTS (MMA)

Punch Up the Intensity. Program Mimics Real-Life Bouts.

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring. With built-in flexibility to meet each fighter's unique needs, the Octane MMA program challenges and motivates as the machine "fights back." Fight-inspired prompts such as "punch and move" and "throw it" make the sessions fun, and the built-in responsive resistance feels like the real thing – a battle of strength and power.



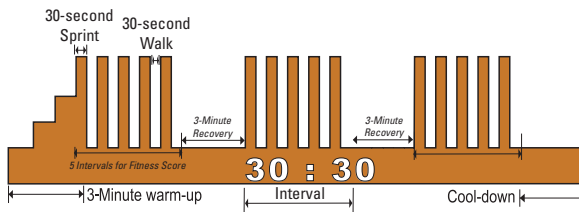
THE 30:30 WORKOUT

Motivates and Challenges. Improves Heart Rate Recovery Fitness.

The 30:30 program is an innovative workout program available exclusively on Octane Fitness elliptical machines.

It motivates and challenges exercisers of all abilities. Designed by Paul Robbins of Athletes' Performance, Inc., the 30:30 Interval program increases cardiovascular performance of everyone from elite athletes to beginning exercisers.

The 30:30 program also works as a fitness measurement tool; the faster the heart rate recovery, the greater the fitness level. Tracking improvements in heart rate recovery is a key factor in measuring overall fitness condition.



WHO USES OCTANE?

HEALTH CLUBS AND RECREATION CENTERS

24 Hour Fitness

A-Rod Energy
Active Life Fitness Center
Albany JCC
American Family Fitness

Anytime Fitness

Athletes Performance, Inc. (EXOS)

Baldwin Athletic Club
Better Bodies
Body Builders Gym
Body Xchange
Bodyplex
Bowling Green Parks and Rec.

Buffalo/Rochester Athletic Club

California Family Fitness
Caloric Responsibility
Capital Fitness
Celebrity Fitness
Centennial Commons Rec Center
Champion Fitness
Chuze Fitness
Chicago Fitness Express
City of Victoria CC
Cloverdale Recreation Center
Club 24
Club Fitness
Club Metro

Club One

Columbia Association
Contours Express

Cooper Fitness

Core Performance

Crunch

Dearborn Racquet & Health

Desert Palms Health and Racquet Club

Equinox

E-Town Swim & Fitness Center
Elite Fitness
EOS Fitness
Evelyn Rubenstein JCC of Houston
Extreme Fitness
Fit For Life
Fitness 24/7
Fitness Evolution
Fitness First
Fitworks

Fitness Formula Clubs

Fuel Fitness and Tanning
Future Fitness Centers
Giant Fitness

Gold's Gym

GoodLife Fitness

Halstead at Arlington
Health Plex

Houstonian

Human Performance Center
Inches Away
Jay County Boys & Girls Club
Kingsmill Resort
L & T Health and Fitness
Ladies Workout Express
Lady of America
Lakeshore Athletic Clubs
Leader Health and Fitness
Life Spa Fitness

Life Time Fitness

Lifestyle Family Fitness
Macomb Community Center

Merage JCC

Meridian/Tilton Fitness & Wellness
Merritt Athletic Club
Mid-Hudson Athletic Club

Midtown/TCA

Missouri Athletic Club
Model A Fitness
Motion Fitness
Motivation Inc.
Movati Athletic Clubs
New York Health & Racquet Clubs
Nitro Fitness

Oakland Athletic Club

Old Town Athletic Club

Olympia Resort

One Life Fitness

Performance Playground
Planet Fitness of New Hartford
Plattsmouth Community Center

Powerhouse Gyms

Preston Center Training
Provena Fitness
Pure Austin

Retro Fitness

Richmond Heights Rec Center
Robert Wood Johnson Fitness & Wellness
Simply Fit

Snap Fitness

Spa Lady
Spectrum Athletic Clubs
Spectrum Fitness
Spirit A Fitness
Sport & Health
St. Peters Rec Plex

Steve Nash Fitness World

Sunoco
Super Fitness
SuperFit
Superior Athletic Club
The Alaska Clubs
The Center of Clayton
The Edge Fitness Clubs
The Lodge Rec Center
The Point Athletic Club

The Rush Fitness Complex

The Solana Club
The Studio
The Summit Tennis and Athletic Club
The Training Station
Towne Properties

UFC Gym

Universal Athletic Club
Upper Valley Aquatic Center
VASA Fitness
Victory Fitness
Villasport
Wally's Gym

Wellbridge

Women's Super Fitness
Women's Workout World
Woodside Tennis & Health Club

World Fitness

World Gym
Wow! Fitness
Wyomissing Fitness & Training

XSport Fitness

Xanadu, ON

YMCA

CORPORATE WELLNESS CENTERS

Abercrombie & Fitch

Anheuser-Busch

Auto Trader

Bemis Company, Inc.

Blue Cross Blue Shield

Bridgestone Firestone

Del Monte Foods

Delta Air Lines

Devon Energy

Facebook

Federal Reserve Bank of Atlanta

Ford Motor Company

General Electric

Georgia Pacific Corporate HQ

Google Inc.

Honeywell

Intel

Johnson & Johnson

Louisville Slugger

McDonald's Canada

New Leaf Fitness

Paycor

Price Edwards & Company

Procter & Gamble

Reebok Corporation

Ritz-Carlton

Rubbermaid

Safeway, Inc.

Sallie Mae

SYSCO Food Service

The Hershey Company

The NorthFace Corporate HQ

Toyota USA

Turner Athletic Club (CNN)

UPS

Verizon

Walgreens

Wellmark

COLLEGES AND UNIVERSITIES

Alcorn State University

Bowling Green State University

Carnegie Mellon

Columbia University

Clemson

Cleveland State University

Duke University

Gardner Webb, NC

Georgetown

Georgia State University

Indiana University

James Madison University, VA

Michigan State University

Minnesota State University

Mount St. Mary's College

Northern Kentucky University

Northeastern University

Ohio State University

Ohio University

RPI

Sam Houston State University, TX

Seton Hall University, NJ

South Dakota State University

Stonehill College

SUNY Brockport

Syracuse

Texas A&M

UMASS

University of Cincinnati

University of Georgia

University of Illinois

University of Iowa

University of Kentucky

University of Louisville

University of Maryland

University of Minnesota

University of Memphis

University of Rochester

University of Southern Florida

University of Southern Mississippi

University of Tennessee

University of Wisconsin

Virginia Commonwealth

University Washburn University, KS

PRO ATHLETIC TEAMS

Arizona Cardinals

Arizona Diamondbacks

Carolina Panthers

Chicago Bears

Cleveland Browns

Indiana Pacers

Kansas City Chiefs

New York Giants

San Francisco 49ers

MILITARY/GOVERNMENT

173rd Wing Oregon Air National Guard

Canadian Forces Base

Defense Logistics Agency

D.H.S. Federal Law Enforcement

Training Center

Fort Bragg (Special Operations)

Fort Sam Houston (Metc)

Joint Base Langley – Eustis

MacDill Air Force Base

(Special Operations Command)

Naval Air Station Pensacola

Naval Special Warfare Group Four

Nellis Air Force Base

Orlando V.A. Medical Center

Patrick Air Force Base

Scott Air Force Base

U.S. Air Force Academy

U.S. Border Patrol

U.S. Coast Guard

U.S. Marine Corps Air Ground

Combat Center 29 Palms

U.S. Marine Corps Base

Camp Pendleton

U.S. Marshals Service

U.S. Naval Academy

U.S.S. John C. Stennis (Supercarrier)

Utah Army National Guard

Vancouver Police

COMPARISON: STANDING MODELS

| <ul style="list-style-type: none"> • Standard – Unavailable ○ Optional | XT-One | LateralX | XT4700 | XT3700 | Pro3700Classic | Pro310 |
|---|----------------------------|---------------|----------------------------|----------------|--------------------------------|------------------|
| KEY MECHANICAL FEATURES | | | | | | |
| Stride lengths | 20"-28" (51 cm - 71 cm) | — | 20"-28" (51 cm - 71 cm) | 24" (61 cm) | 24" & 20.5" (61 cm & 52 cm) | 20.5" (52 cm) |
| Adjustable incline | • | — | — | — | — | — |
| Electronically adjustable | Stride | Lateral Width | Stride | — | — | — |
| Quiet motor | • | • | • | — | — | — |
| Close pedal spacing | • | — | • | • | • | • |
| Low step-up height | • | • | • | • | • | • |
| Soft grip pedals | — | • | — | — | — | — |
| Covered track and rollers | — | — | • | • | • | — |
| MultiGrip™ and Converging Path™ handles | • | • | • | • | • | • |
| Fingertip controls on moving handlebars | • | • | • | — | — | — |
| Moving handlebar lock-out option | • | • | • | • | • | • |
| 1-time adjustable handlebar position | • | • | — | — | • | • |
| Water bottle holder | • | • | • | • | • | • |
| Tablet/reading rack (smart console only) | • | • | • | • | — | — |
| Transport wheels | • | • | • | • | • | • |
| ELECTRONIC FEATURES | | | | | | |
| Resistance levels | 30 | 30 | 30 | 30 | 30 | 20 |
| SmartStride® | • | — | • | — | — | — |
| Digital contact heart rate on moving handlebars | • | • | • | — | — | — |
| Digital contact heart rate on stationary handlebars | — | — | — | • | • | • |
| Wireless heart rate ready (ANT+™ & Polar®) | • | • | • | • | — | — |
| Wireless heart rate ready (Polar®) | — | — | — | — | • | • |

| <ul style="list-style-type: none"> • Standard – Unavailable ○ Optional | XT-One | LateralX | XT4700 | XT3700 | Pro3700Classic | Pro310 |
|---|--------|----------|--------|--------|----------------|--------|
| Console fan (3 speeds) | • | • | • | • | — | — |
| Self-powered (standard console only) | • | • | • | • | • | — |
| HeartLogic™ Intelligence | — | — | — | — | • | • |
| Phone charging via USB Port | • | • | • | • | — | — |
| CSAFE® | • | • | • | • | — | — |
| CONSOLE OPTIONS | | | | | | |
| Smart | ○ | ○ | ○ | ○ | — | — |
| Standard | ○ | ○ | ○ | ○ | • | • |
| ENTERTAINMENT OPTIONS | | | | | | |
| Personal Viewing Screen | ○ | ○ | ○ | ○ | ○ | ○* |
| Wireless 900 Mhz | ○ | ○ | ○ | ○ | ○ | — |
| WORKOUTS | | | | | | |
| Number of programs | 17 | 15 | 16 | 13 | 20 | 12 |
| PRESET RESISTANCE PROGRAMS | | | | | | |
| Manual | • | • | • | • | • | • |
| Random | • | • | • | • | • | • |
| Interval | — | • | • | • | • | — |
| Distance Goal | • | • | • | • | — | — |
| Calories Goal | • | • | • | • | — | — |
| Custom Interval | • | — | — | — | • | • |
| Beginner | — | — | — | — | — | • |
| Hill | — | — | — | — | • | — |
| 10K | — | — | — | — | • | • |

| <ul style="list-style-type: none"> • Standard – Unavailable ○ Optional | XT-One | LateralX | XT4700 | XT3700 | Pro3700Classic | Pro310 |
|---|--------|----------|--------|--------|----------------|--------|
| HEART RATE-CONTROLLED PROGRAMS | | | | | | |
| Heart Rate Fat Burn | • | • | • | • | • | • |
| Heart Rate Cardio | – | – | – | – | • | • |
| Heart Rate Interval | – | • | • | • | • | – |
| Heart Rate Custom Interval | • | – | – | – | • | • |
| Heart Rate Hill | – | – | – | – | • | – |
| Heart Rate Speed Interval | – | – | – | – | • | – |
| New Leaf® Custom | – | – | – | – | • | – |
| ADVANCED PROGRAMS | | | | | | |
| CROSS CIRCUIT® Solo | • | • | • | • | • | – |
| CROSS CIRCUIT® Group | • | • | • | • | • | – |
| 30:30 Interval | • | • | • | • | • | • |
| MMA | • | • | • | • | • | – |
| Constant Watts | • | • | • | • | • | – |
| Constant METs | • | • | • | • | • | – |
| 350 Calories | – | – | – | – | – | • |
| 750 Calories | – | – | – | – | – | • |
| Half Marathon | – | – | – | – | – | • |
| Navy PTR | – | – | – | – | • | – |
| INCLINE PROGRAMS | | | | | | |
| Mountain Peak | • | – | – | – | – | – |
| 30:30 Hill | • | – | – | – | – | – |
| Progressive Hill | • | – | – | – | – | – |
| STRIDE LENGTH PROGRAMS | | | | | | |
| SmartStride® | • | – | – | – | – | – |
| PowerWalk | – | – | • | – | – | – |
| Stride Interval | – | – | • | – | – | – |
| Dual Direction | – | • | • | – | – | – |
| Lateral Interval | – | • | – | – | – | – |

| <ul style="list-style-type: none"> • Standard – Unavailable ○ Optional | XT-One | LateralX | XT4700 | XT3700 | Pro3700Classic | Pro310 |
|---|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--|-------------------------------|
| WORKOUT BOOSTERS | | | | | | |
| X-Mode™ | • | • | • | • | • | • |
| ArmBlaster | • | – | • | • | • | • |
| SmartStride® | – | – | • | – | – | – |
| GlutePower | • | – | – | – | – | – |
| GluteKicker™ | – | – | – | • | • | • |
| ThighToner™ | – | • | – | – | – | – |
| QuadPower™ | – | • | – | – | – | – |
| PRODUCT SPECIFICATIONS | | | | | | |
| Max user weight | 400 lbs (181 Kg) | 400 lbs (181 Kg) | 400 lbs (181 Kg) | 400 lbs (181 Kg) | 400 lbs (181 Kg) | 300 lbs (136 Kg) |
| Footprint (W x L) | 33" x 75" (84 cm x 191 cm) | 42" x 63" (106 cm x 160 cm) | 33" x 77" (84 cm x 196 cm) | 33" x 77" (84 cm x 196 cm) | 31" x 69" (78 cm x 175 cm) | 31" x 65" (79 cm x 165 cm) |
| Footprint - live area (W x L) | 33" x 92" (84 cm x 234 cm) | 42" x 63" (106 cm x 160 cm) | 37" x 87" (94 cm x 221 cm) | 37" x 87" (94 cm x 221 cm) | Jogging Stride 34" x 79" (86 cm x 200 cm) Running Stride 34" x 83" (86 cm x 210 cm) | 34" x 76" (87 cm x 193 cm) |
| Footprint with CROSS CIRCUIT® stands (W x L) | 37" x 97" (94 cm x 246 cm) | 44" x 75" (111 cm x 190 cm) | 37" x 87" (94 cm x 221 cm) | 37" x 87" (94 cm x 221 cm) | 39" x 84" (99 cm x 213 cm) | – |
| Product weight | 395 lbs (180 Kg) | 388 lbs (176 Kg) | 364 lbs (165 Kg) | 342 lbs (155 Kg) | 320 lbs (145 Kg) | 260 lbs (118 Kg) |
| Product weight with CROSS CIRCUIT® stands | 450 lbs (205 Kg) | 438 lbs (198 Kg) | 414 lbs (188 Kg) | 392 lbs (178 Kg) | 405 lbs (183 Kg) | – |
| WARRANTY** | | | | | | VERTICAL FACILITY |
| Parts | 3 years | 3 years | 3 years | 3 years | 3 years | 2 years |
| Labor | 1 year | 1 year | 1 year | 1 year | 1 year | 1 year |

*External controller required. **Warranty outside the US and Canada may vary.

COMPARISON: RECUMBENT MODELS

| <ul style="list-style-type: none"> • Standard – Unavailable ○ Optional | xR6000 | xR650 |
|---|--------|----------|
| KEY MECHANICAL FEATURES | | |
| Step-through design | • | • |
| Oversized soft grip pedals | • | • |
| Stationary footpegs | • | • |
| Seat height adjustments | 20 | 20 |
| Seat tilt adjustments | 5 | 5 |
| MultiGrip™ handlebars | • | Straight |
| 1-time adjustable handlebar position | • | • |
| Stationary handlebars | • | • |
| Water bottle holders | 2 | 2 |
| Tablet/reading rack (smart console only) | • | • |
| Transport wheels | • | • |
| Upper-body lockout | ○ | – |
| Pedal straps | ○ | ○ |
| ELECTRONIC FEATURES | | |
| Resistance levels | 30 | 30 |
| Digital contact heart rate | • | • |
| Wireless heart rate ready on stationary handlebars | • | • |
| Fingertip controls on stationary handles | • | – |
| Console fan (3 speeds) | • | – |
| Self-powered | • | • |
| HeartLogic™ Intelligence | – | • |
| CSAFE® | • | • |

| <ul style="list-style-type: none"> • Standard – Unavailable ○ Optional | xR6000 | xR650 |
|---|--------|-------|
| WORKOUTS | | |
| Number of programs | 14 | 16 |
| PRESET RESISTANCE PROGRAMS | | |
| Manual | • | • |
| Random | • | • |
| Interval | • | • |
| Custom Interval | – | • |
| Hill | • | • |
| 10K | – | • |
| Distance Goal | • | – |
| Calories Goal | • | – |
| HEART RATE-CONTROLLED PROGRAMS | | |
| Fat Burn | • | • |
| Cardio | – | • |
| Heart Rate Interval | • | • |
| Heart Rate Custom Interval | – | • |
| Heart Rate Hill | • | • |
| Heart Rate Speed Interval | • | • |
| New Leaf® Custom | – | • |
| ADVANCED PROGRAMS | | |
| 30:30 Interval | • | • |
| MMA | • | – |
| Constant Watts | • | • |
| Constant METs | • | • |

| <ul style="list-style-type: none"> • Standard – Unavailable ○ Optional | xR6000 | xR650 |
|---|---------------------------------|---------------------------------|
| WORKOUT BOOSTERS | | |
| X-Mode™ | • | – |
| GluteKicker™ | – | – |
| ArmBlaster | – | – |
| Muscle Endurance | – | • |
| Leg Press | • | • |
| Chest Press | • | • |
| PRODUCT SPECIFICATIONS | | |
| Max user weight | 400 lbs (181 Kg) | 400 lbs (181 Kg) |
| Footprint (W x L) | 36" x 71.5" (91 cm x 182 cm) | 35" x 71.5" (88 cm x 182 cm) |
| Product weight | 319 lbs (145 Kg) | 268 lbs (122 Kg) |
| WARRANTY | | VERTICAL FACILITY |
| Parts | 3 years | 3 years |
| Labor | 1 year | 1 year |

[illegible]

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