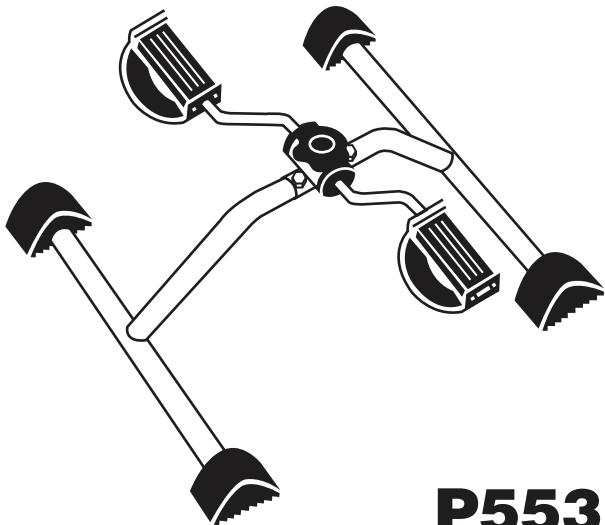
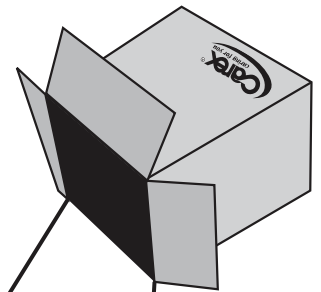


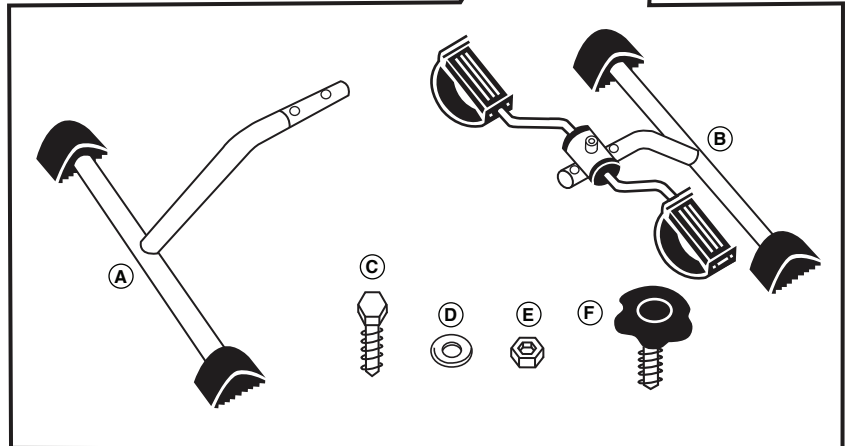


CONTENTS:

- (A) LEG BRACE (1)
- (B) LEG BRACE (1)
- (C) BOLTS (2)
- (D) WASHERS (2)
- (E) NUTS (2)
- (F) TENSION KNOB (1)



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1. Align leg brace (A) and (B) so they are facing each other as shown.
2. Slide brace (A) into brace (B), lining up holes for bolts.
3. Insert bolts (C) through leg braces and attach concave washers (D), and nuts (E) from the bottom. Make sure concave washers face up, flat against the tubing.
4. Head of bolt should be properly positioned into pre-cut slot on leg brace. Using a wrench or pliers, tighten the nuts from the bottom until secure.
5. Check pedal exerciser for balance by making sure that all four non-skid tips touch the floor surface when exerciser is positioned on the floor surface.
6. If the exerciser is not balanced, (1) check the bolts for tightness, (2) check the alignment of the leg braces, (3) check the positioning of the non-skid tips
7. Insert tension knob (F) and tighten as desired.

