

The image shows the AccuRelief wireless pain relief device components. At the top is a grey remote control with a power button and three pairs of buttons labeled A, B, and A/B, each with minus and plus symbols. Below the remote are two grey electrode pads, each with a plus sign, a letter (A or B), and a vertical bar symbol. The brand name 'AccuRelief' is visible on the electrode pads.

AccuRelief™

Wireless Pain Relief Device

TENS therapy for muscle and joint pain

30 Minute Treatment – With Remote Control

User Manual

Model ACRL-9001



This manual is valid for the AccuRelief™ Wireless TENS Pain Relief Device ACRL-9001.

This instruction manual is published by Carex Health Brands.

Carex Health Brands reserves the right to improve and amend this manual at any time without prior notice.
Amendments may however be published in new editions of this manual.

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Conformity to safety standards

Carex Health Brands declares that the device complies with the following normative documents:

IEC60601-1, IEC60601-1-2, IEC60601-2-10, IEC62366, IEC60601-1-11
ISO10993-5, ISO10993-10, ISO10993-1, ISO7010

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INTRODUCTION

Thank you for purchasing the AccuRelief™ Wireless Pain Relief Device (Model ACRL-9001) for your pain relief solution.

Please read the complete manual carefully before using the device for the first time, and keep this instruction manual in a convenient place or store with the device for future reference.

The pain reliever ACRL-9001 is a TENS stimulator.

What is TENS?

TENS stands for Transcutaneous Electrical Nerve Stimulation. It is a noninvasive, drug-free method of controlling pain. TENS uses tiny electrical impulses sent through the skin to the nerves to modify pain perception. TENS does not cure any physiological problem. It only helps control the pain. TENS does

not work for everyone. However, in most patients, it is effective in reducing or eliminating the pain, allowing for a return to normal activity.

How does TENS work?

Scientific theory suggests that electrical stimulation therapy may work in several ways:

- The gentle electrical pulses move through the skin to nerves nearby the source of pain, shutting out the pain message from ever reaching the brain.
- The gentle electrical pulses increase the production of endorphins, the body's natural pain killer.

What conditions can TENS help relieve?

TENS provides pain relief for a number of different pain conditions associated with exercise, normal

work and household activities. This product is designed for temporary relief of muscle and joint pain in the:

- Neck
- Shoulder
- Back
- Waist
- Upper Extremities (arms)
- Lower Extremities (leg)



The pain reliever should be applied to normal, healthy, clean and dry skin of adult patients.

What can I treat?

The Pain Reliever can treat many different types of pain. Refer to diagrams on page 20 for the ideal locations to place the gel pads for the treatment of the most common forms of pain. For other areas of pain, place the gel pads on either side of the pain area.

PLEASE NOTE: Never place the gel pads on the head, face, heart, chest area, eyes, oral cavity,

carotid arteries, sexual organs or over the spine or bony premises.

How long can I use the Wireless TENS unit?

You may use the Wireless TENS unit for at least 30 minutes a day. However, initially, you may need to wear it for longer. Please seek medical advice. If you wear it for longer periods, please check your skin where the gel pads have been placed to ensure your skin does not become sore.

PLEASE NOTE: The gel pads are designed for temporary use for approximately 10 days when used for 30 minutes a day.

The Wireless TENS ACRL-9001 contains the following components:

- 6 x AAA battery
- 1 x Remote control
- Quick start guide
- Draw-string carry bag
- 2 x Gel pads with snap connector
- 1 x User manual
- Gel pad units (A & B)

IMPORTANT SAFETY PRECAUTIONS AND WARNINGS



It is important that you read all the warning and precautions included in this manual because they are intended to keep you safe, prevent injury and avoid a situation that could result in damage to the device.

SAFETY SYMBOLS USED IN THIS MANUAL



Indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.



Indicates a potentially hazardous situation which, if not avoided, could result in serious injury and equipment damage.



Indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user, or damage to the device or other property.



DANGER

This stimulator must not be used in combination with the following medical devices:

- Internally transplanted electronic medical devices, such as pacemakers.
- Electronic life-support equipment, such as respirators.
- Electronic medical devices attached to the body, such as electrocardiographs.

Using this stimulator with other electronic medical devices may cause erroneous operation of those devices.



WARNING

Consult with your physician before using this device, because the device may cause lethal rhythm disturbances in certain susceptible individuals.

DO NOT USE THIS DEVICE UNDER THESE CONDITIONS:

- If you have a cardiac pacemaker, active implanted defibrillator, or other implanted metallic or electronic device. Such use could cause electric shock, burns, electrical interference, or death.
- Together with a life-supporting medical electronic device such as an artificial heart, lung or respirator.
- In the presence of electronic monitoring equipment (e.g., cardiac monitors, ECG alarms), which may not operate properly when the electrical stimulation device is in use.

- On open wounds or rashes, over swollen, red, infected, inflamed areas, or skin eruptions (e.g., phlebitis, thrombophlebitis, varicose veins); or on top of, or in proximity to, cancerous lesions.
- Over areas of skin that lack normal sensation.
- On the opposite sides of your head since the effects of stimulation of the brain are unknown.

DO NOT USE ON THESE INDIVIDUALS:

- Pregnant women, because the safety of electrical stimulation during pregnancy has not been established.
- Children or infants, because the device has not been evaluated for pediatric use.
- Persons incapable of expressing their thoughts or intentions.

DO NOT USE THIS DEVICE DURING THESE ACTIVITIES:

- Bathing or showering;

- Sleeping;
- Driving, operating machinery or any activity in which electrical stimulation can put you at risk for injury.

PAIN MANAGEMENT WARNINGS

- If you have had medical or physical treatment for your pain, consult with your physician before using this device.
- If your pain does not improve, becomes seriously chronic or severe, or continues for more than five days, stop using the device and consult with your physician.
- The mere existence of pain functions as a very important warning telling us that something is wrong. Therefore, if you suffer from any serious illness, consult your physician in order to confirm that it is advisable for you to use this TENS unit.

WARNINGS AND PRECAUTIONS REGARDING THE PADS

- Apply pads to normal, healthy, clean, dry skin (of adult patients) because it may otherwise disrupt the healing process.
- If you experience any skin irritation or redness after a session, do not continue stimulation in that area of the skin.



NEVER APPLY THE PADS TO:

- The head or any area of the face.
- Any area of the throat because this can cause severe muscle spasms resulting in closure of the airway, difficulty breathing, or adverse effects on heart rhythm or blood pressure.
- Both sides of the thorax simultaneously (lateral or front and back), or across your chest because the introduction of electrical current may cause rhythm disturbances, which could be lethal.



CAUTION

WARNINGS AND PRECAUTIONS REGARDING THE PADS

- Do not bend or fold because the pad may not function properly. Place the pads onto the plastic film and then store in the sealed package when not in use.
- Do not apply ointment or any solvent to the pads or to your skin because it will keep the pads from functioning properly.
- The pads are already pre-gelled and will adhere to your skin.
- To avoid damage to the adhesive surface of the pads, put the pads only on the skin or on the plastic film provided.
- Place the pads at least 2 inches apart on your skin. The pads should never touch each other.
- Always place clean pads in accordance with the illustrations provided (Refer to page 20 for electrode placement).

- Make sure the components are connected well and the pads are fixed on the part of the body you wish to treat or the therapy may not be effective.

DO NOT USE YOUR PADS THIS WAY:



- Pads should not touch each other when placed onto your skin.
- Do not place on your spine or backbone.
- Pad should not touch any metal object, such as a belt buckle, necklace or other jewelry made from metal.
- Pads should not be placed simultaneously on the soles of both feet.
- Pads should not be placed simultaneously on the calves of both legs.
- Do not share pads with another person. This may cause a skin irritation or infection. Pads are intended for use by one person.
- Do not place or relocate the pads while the

device is on.

- Always turn the power off before removing or changing the pad location.
- Do not leave pads attached to the skin after treatment.

CAUTION WHILE USING THE TENS UNIT

- If the TENS unit is not functioning properly or you feel discomfort, immediately stop using the device.
- Do not use for any other purpose except as described in this manual.
- Do not mix alkaline and manganese batteries, as this will shorten the battery life.
- Do not use the TENS device while wearing electronic devices such as watches as this may damage the device.
- Do not throw the batteries into a fire. The batteries may explode.
- Dispose of the device, batteries, and

components according to applicable legal regulations. Unlawful disposal may cause environmental pollution.

- The size, shape and type of pads may affect the safety and effectiveness of electrical stimulation. Use only the AccuRelief™ brand electrodes (AccuRelief™ Supply Kits – ACRL-0003, ACRL-0023 and ACRL-0033) designed specifically for the ACRL-9001 WirelessTENS device.

GENERAL PRECAUTIONS

- The long-term effects of electrical stimulation are unknown.
- Apply stimulation to only normal, intact, clean, dry, and healthy skin.
- TENS is not effective in treating the original source or cause of the pain, including headache.
- TENS is not a substitute for pain medications and other pain management therapies.

- TENS devices do not cure diseases or injuries.
- TENS is a symptomatic treatment and, as such, suppresses the sensation of pain that would otherwise serve as a protective mechanism.
- Effectiveness is highly dependent upon patient selection by a practitioner qualified in the management of pain patients.
- You may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium (gel) on the electrodes.
- If you have suspected or diagnosed heart disease, you should follow precautions recommended by your physician.
- If you have suspected or diagnosed epilepsy, you should follow precautions recommended by your physician.
- Use caution if you have a tendency to bleed internally, such as following an injury or fracture.
- Consult with your physician prior to using

the device after a recent surgical procedure, because stimulation may disrupt the healing process.

- This stimulation should not be applied over the menstruating or pregnant uterus.
- This stimulation should not be applied over areas of skin that lack normal sensation.



- Keep unit away from young children. The unit contains small pieces that may be swallowed. Contact your physician immediately if ingested.
- Use this device only with the AccuRelief™ brand electrodes.

POSSIBLE ADVERSE REACTIONS

- Do not use the device to treat one region for extended periods of time (more than 30 minutes a session, up to 3 times/day) or muscles in that region may become exhausted and sore.
- You may experience skin irritation and burns beneath the stimulation electrodes applied to

your skin.

- You should stop using the device and consult with your physician if you experience adverse reactions from using the device.

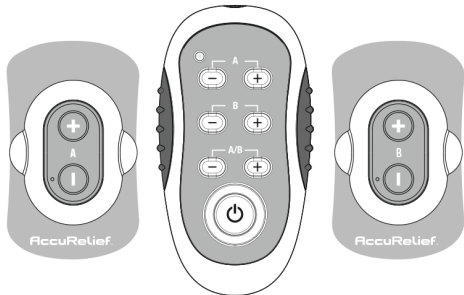
ADDITIONAL CAUTIONS:

- Do not use this device over your eyes, mouth, face, front of neck (especially in the carotid sinus) head, upper back, or across your heart because this could cause severe muscle spasms resulting in closure of your airway, difficulty breathing or adverse effects on heart rhythm or blood pressure.
- Do not use this device over, or in proximity to cancerous lesions.
- Do not operate in close proximity (e.g. 1m) to shortwave or microwave therapy equipment as it may produce instability in the simulator output.
- This device should not be applied on or across your head or face since the effects of stimulator

of the brain are unknown.

- Use this device with caution if you have a tendency to bleed internally, such as following an injury or fracture.
- Consult with your physician prior to using this device after a recent surgical procedure, because stimulation may disrupt the healing process.
- Do not use this device for pain of the central origin, including headache.
- This device is not to be used in the presence of flammable or anesthesia gasses.
- This product is not intended to be used during physical activity as interrupting the current by moving the electrode could result in shock.
- The electrode should not be applied to the skin for long periods of time or when not in use otherwise this could result in skin irritation.

PACKAGE CONTENTS

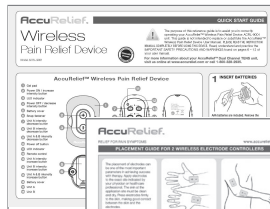


ACRL-9001 unit

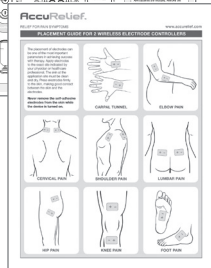


6 AAA Batteries

Quick start guide



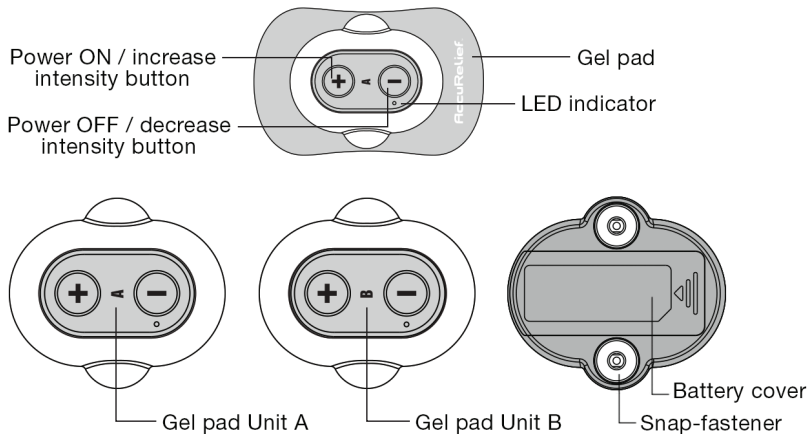
Instruction manual



Electrode placement guide

AccuRelief
Wireless TENS

PRODUCT STRUCTURE



KNOW YOUR DEVICE

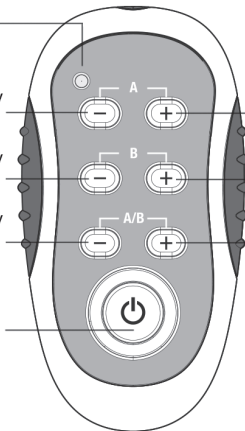
LED indicator

Decrease intensity
of gel pad unit A

Decrease intensity
of gel pad unit B

Decrease intensity
of both gel pad
units A and B

Power off button

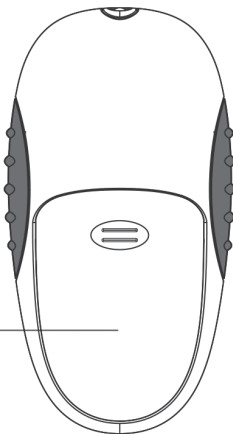


Increase intensity
of gel pad unit A

Increase intensity
of gel pad unit B

Increase intensity
of both gel pad
units A and B

Battery cover



BATTERY INFORMATION

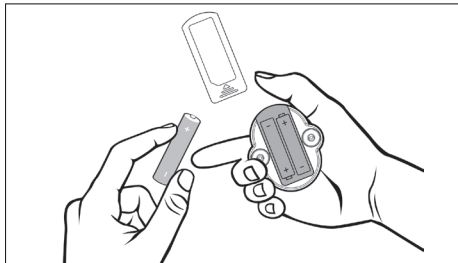
Before inserting battery, please ensure the device has been turned off.

1. With the unit separated from the gel pad, remove the battery cover from back.
2. Insert two AAA batteries, making sure to match the + and - ends of the batteries to those in unit.
3. Replace the back cover and snap the electrode gel pad onto the gel pad unit.
4. If using both gel pad units, please repeat steps 1-2 for the 2nd gel pad unit.

WARNING



- Remove the batteries if the device is not in use for long periods of time.
- Keep battery out of the reach of children.
- Dispose of the used battery safely according to local regulations.



- If the battery leaks and comes into contact with the skin or eyes, wash immediately with large amounts of water.

Standard for battery replacement

If you feel the stimulation intensity is weak, or the device cannot power on, the batteries may be exhausted. If so, please replace the batteries.

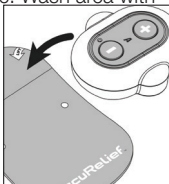
TREATMENT INFORMATION

- Do not mix old and new batteries or different types of batteries.

STEP 1

Cleaning of skin

Clip excess hair from the treatment area and remove any jewelry that may come in contact with the stimulation of the device. Wash area with soap and water, and dry completely.



STEP 2

Preparation of the TENS unit

Each gel pad is pre-fixed with a stud to connect to the back of the device, and is protected by a transparent film. Attach the gel pads to the back of the device, pressing them in place.

STEP 3

Placing the gel pads

If using only one gel pad for treatment, remove the layer of protective transparent film and place that side of the gel pad to the skin, positioning the gel pad on the area of pain. If using both gel pads, position them around the area of pain in a linear path at least 2 inches apart. Press to ensure adhesion. Please refer to page 20 to understand where to place gel pads for optimal treatment.



PLEASE NOTE:

- GEL PADS ARE REPLACEABLE. (AccuRelief™ Supply Kit Item ACRL-0003, ACRL-0023 or ACRL-0033)
- Affix gel pads so that they do not overlap one another and are approximately 2 inches apart.

STEP 4

Operating the TENS unit

Once the gel pads are attached, the TENS unit is ready to be switched on.

NOTE: You cannot turn the gel pad units on by pressing the remote control.

1. Press the **+** button on the gel pad unit to turn the gel pad on. A steady green light indicator light will turn on to let you know the gel pad is on.
2. Using either the remote control or the gel pad units, press the **+** button to increase or the **-** button to decrease the intensity.

NOTE: There are 20 levels of intensity.

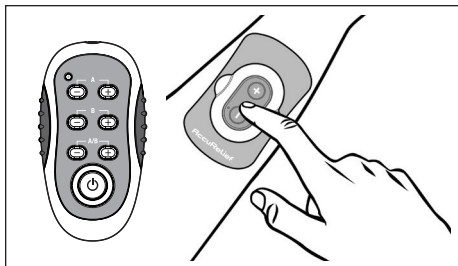
Explanation of LED indicator on gel pads units:

Steady solid light – the unit is on

Flashing – the unit is in use


Rapid flashing – the unit is receiving information from the remote

Light off – the unit is switched off



STEP 5 Turn off the device

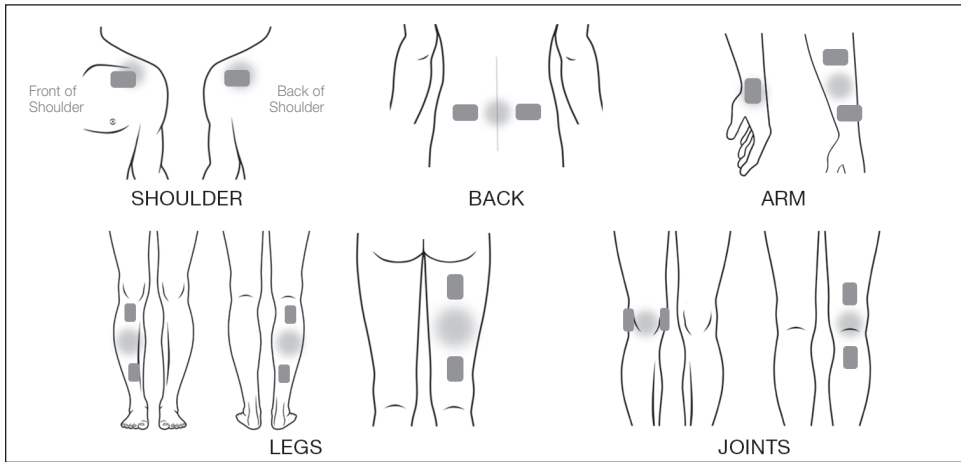
You can turn device off in the following ways:

- The device will turn off automatically after 30 minutes treatment time.
- Press the **-** button continuously until the LED light turns off.
- Turn the device off by pressing the  button on the remote control.

PLEASE NOTE:

- Be sure not to move the gel pads to another part of your body without turning off the power first.
- Never stick the gel pads to each other.
- Keep the gel pads clean and do not expose to heat or direct sunlight.
- If the gel pads do not adhere to your body or are dirty, replace with new electrodes.
- Do not clean the pad or adhesive gels with any chemical.
- Place the gel pads on intact skin only. Do not place on cuts or damaged skin.
- The AccuRelief™ Wireless TENS is for single person use.
- Place the gel pads on the protective transparent film when not in use.

GEL PAD POSITIONING



MAINTENANCE AND CAUTIONS

- Do not immerse the the AccuRelief™ Wireless TENS ACRL-9001 in water or any liquid. Do not drop the device or throw it from a height.
- After use, remove the gel pads from the skin and place on the protective transparent film.
- Always use the protective film when the gel pads are not in use.
- Do not use any chemical to clean the device or the gel pads. If you need to clean the unit, please wipe with a damp, lint-free cloth.
- Do not let the gel pads dry out or expose them to direct sunlight.
- Keep the gel pads clean.

STORAGE

- After use, disconnect the gel pads, and then store safely and out of the reach of children.
- Store the AccuRelief™ Wireless TENS ACRL-9001 in a cool, dry place, 14°F~131°F (-10°C~55°C); 10%~90% relative humidity.
- Do not expose the gel pads to direct sunlight and protect them against dirt and moisture.
- If the gel pads no longer stick to your skin or the gel pads are broken, you should replace with new pads.

TECHNICAL SPECIFICATIONS

Type:	AccuRelief™ Wireless TENS ACRL-9001
Power supply:	6 x AAA
Wave form:	Bi-phase square pulse wave
Frequency:	5 ~ 125Hz
Pulse width:	130/250 μS
Output voltage:	0 ~ 70mA
Output intensity level:	0 ~ 20 levels
Treatment time:	30 minutes
Operating conditions:	50°F~104°F (10°C ~ 40°C); 30%RH ~ 85%RH
Storage and transportation conditions:	14°F~131°F (-10°C ~ 55°C); 10%RH ~ 90%RH
Size:	103.0 (L) x 55.8 (W) x 25.2 (H) mm (Remote control) 60.0 (L) x 53.0 (W) x 17.7 (H) mm (Unit A and B)
Weight:	42.5g without battery (Remote control) 44.4g without battery (Unit A and B)
Service life of the device:	3 years
Service life of batteries:	With new batteries, approx. 20 days if used for 30 min/day in normal conditions

NOTE: Design and specifications are subject to change without notice.

PROGRAM

The AccuRelief™ ACRL-9001 unit is preset with a combination program that delivers three phases of alternating therapy. They are specified as follows:

Phase	Frequency	Pulse width	Time	Description
1	80~125Hz	130 μ S	5 min	The frequency is changed in a cycle, which is from 80Hz to 125Hz, then back 80Hz. The cycle time is 32s.
2	5-10Hz	250 μ S	20 min	The frequency is changed in a cycle, which is from 5Hz to 10Hz, then back 5Hz. The cycle time is 10s.
3	80~125Hz	130 μ S	5 min	The frequency is changed in a cycle, which is from 80Hz to 125Hz, then back 80Hz. The cycle time is 32s.

DISPOSAL

Used, fully-discharged batteries must be disposed of in a specially-labeled collection container, at toxic waste collection points or through an electrical retailer. You are under legal obligation to dispose of batteries correctly.

Please dispose of the device in accordance with appropriate laws.

TROUBLESHOOTING

If the unit does not operate after taking these measures, contact Carex Health Brands.

PROBLEM	POSSIBLE CAUSES	POSSIBLE SOLUTION
The unit cannot power on	Is the battery exhausted?	Replace the battery.
	Is the battery installed correctly?	Insert the battery observing polarity.
Stimulation weak or cannot feel any stimulation	Gel pads are dried out or dirty.	Replace with new gel pads.
	Gel pads cannot stick to skin well.	Reconnect the pads.
Stimulation is uncomfortable	Intensity is too high.	Decrease intensity.
	Is the device being operated according to the manual?	Please check the manual before use.
The skin becomes red and/or you feel a stabbing pain	Use the gel pads on the same site every time.	Re-position the gel pads.
	The gel pads are not sticking onto the skin properly.	Ensure the gel pads are securely placed on the skin.
	The gel pads are dirty.	Replace with new gel pads.
	The surface of the gel pads is scratched.	Replace with new gel pads.

IMPORTANT INFORMATION REGARDING ELECTROMAGNETIC COMPATIBILITY (EMC)

With the increased number of electronic devices such as computers and mobile (cellular) telephones, medical devices in use may be susceptible to electromagnetic interference from other devices. Electromagnetic interference may result in incorrect operation of the medical device and create a potentially unsafe situation. Medical devices should also not interfere with other devices.

In order to regulate the requirements for EMC (Electromagnetic Compatibility) with the aim to prevent unsafe product situations, the IEC60601-1-2 standard has been implemented. This standard defines the levels of immunity to electromagnetic interferences as well as maximum levels of electromagnetic emissions for medical devices.

Medical devices manufactured for Carex Health Brands conform to this IEC60601-1-2:2007 standard for both immunity and emissions.

Nevertheless, special precautions need to be observed:

- The use of accessories other than those specified by Carex Health Brands, may result in increased emission or decreased immunity of the device.
- Refer to EMC table guidance regarding the EMC environment in which the device should be used.


TABLE 1:

GUIDANCE AND MANUFACTURER'S DECLARATION – ELECTROMAGNETIC EMISSIONS		
<i>AccuRelief™ electrical stimulators are intended for use in the electromagnetic environment specified below. The customer or the user of these electrical stimulators should assure that it is used in such environment.</i>		
Emissions test	Compliance	Electromagnetic environment - guidance
RF emissions CISPR 11	Group 1	The device uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR11	Class B	The device is suitable for use in all establishments other than domestic and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.
Harmonic emissions IEC 61000-3-2	Not applicable	
Voltage fluctuations/ flicker emissions IEC 61000-3-3	Not applicable	

TABLE 2:

GUIDANCE AND MANUFACTURER'S DECLARATION – ELECTROMAGNETIC IMMUNITY			
<i>AccuRelief™ electrical stimulators are intended for use in the electromagnetic environment specified below. The customer or the user of these electrical stimulators should assure that it is used in such environment.</i>			
Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Electrostatic discharge (ESD) IEC 61000-4-2	±6 kV contact ±8 kV air	±6 kV contact ±8 kV air	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fast transient/burst IEC 61000-4-4	Not applicable	Not applicable	Not applicable
Surge IEC 61000-4-5	Not applicable	Not applicable	Not applicable
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	Not applicable	Not applicable	Not applicable
Power frequency (50/60Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.

TABLE 4:

GUIDANCE AND MANUFACTURER'S DECLARATION – ELECTROMAGNETIC IMMUNITY			
<i>AccuRelief™ electrical stimulators are intended for use in the electromagnetic environment specified below. The customer or the user of these electrical stimulators should assure that it is used in such environment.</i>			
Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Conducted RF IEC 61000-4-6 Radiated RF IEC 61000-4-3	Not applicable 3 V/m 80 MHz to 2.5 GHz	3 V/m	<p>Portable and mobile RF Communications equipment should be used no closer to any part of the device, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.</p> <p>Recommended separation distance $d = 1.2 \sqrt{P}$ $d = 1.2 \sqrt{P}$ 80 MHz to 800 MHz $d = 2.3 \sqrt{P}$ 800 MHz to 2.5 GHz Where P is the maximum output power rating of the transmitter in watts (W) according to the Transmitter manufacturer and d is the recommended separation distance in meters (m).</p> <p>Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey,^a should be less than the compliance level in each frequency range.^b</p> <p>Interference may occur in the vicinity of equipment marked with the following symbol:</p> 

NOTE 1 At 80 MHz ends 800 MHz. the higher frequency range applies.

NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

a Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the device is used exceeds the applicable RF compliance level above, should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the device.

b Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

TABLE 6:

**RECOMMENDED SEPARATION DISTANCES BETWEEN
PORTABLE AND MOBILE RF COMMUNICATIONS EQUIPMENT AND THE DEVICE**

The device is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the device can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power of transmitter W	Separation distance according to frequency of transmitter m		
	150 kHz to 80 MHz $d = 1.2 \sqrt{P}$	80 MHz to 800 MHz $d = 1.2 \sqrt{P}$	800 MHz to 2.5 GHz $d = 2.3 \sqrt{P}$
0.01	0.12	0.12	0.23
0.1	0.38	0.38	0.73
1	1.2	1.2	2.3
10	3.8	3.8	7.3
100	12	12	23

For transmitters rated at a maximum output power not listed above, the recommended separation distance (d) in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 MHz. the separation distance for the higher frequency range applies.

NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

Note: EMC tests conducted including attached electrode cord of 1.5 m length.

EXPLANATION OF SYMBOLS



Type BF Applied Part



Disposal in accordance with Directive 2002/96
EC (WEEE)



Refer to instruction manual because of the higher levels of output.



Caution



Keep dry

WARRANTY

Please contact Carex Health Brands or the device center in case of a claim under the warranty. If you have to send in the unit, enclose a copy of your receipt and clearly state the defect. The following warranty terms apply:

1. The warranty period for the device is one year from date of purchase. In case of a warranty claim, the date of purchase has to be proven by means of the sales receipt or invoice.
2. Repairs under warranty do not extend the warranty period either for the device or for the replacement parts.
3. The following is excluded under the warranty:
 - All damage due to improper treatment, e.g. non-observance of the user instruction.
 - All damage which is due to repairs or tampering by the customer or unauthorized third parties.
 - Damage during transport from the manufacturer to the consumer or during transport to the service center.
 - The battery and gel pads are subject to normal wear and tear.
4. Liability for direct or indirect consequential losses caused by the unit is excluded even if the damage to the unit is accepted as a warranty claim.

LIMITED ONE YEAR WARRANTY

Your AccuRelief™ Wireless TENS devices and remote control are warranted for a period of 1 year from the date of original purchase. Electrode pads are excluded from this warranty. Carex Health Brands sells its products with the intent that they are free of defects in manufacture and workmanship if used in accordance with the instructions provided. We will, at our option, repair or replace without charge any device covered by the above warranties. These warranties extend only to Consumers and do not extend to Retailers.

To obtain warranty service on your AccuRelief™ product, contact Customer Service by calling at 1-800-328-2935 for the repair center address and for the return shipping/handling fee. Enclose a letter with your name, address, phone number, model number, serial number, date of purchase, location of purchase and description of specific problem. Be sure to include your receipt as Proof of Purchase. Pack the product carefully to prevent damage in transit. Because of possible loss in transit, we recommend insuring the product with return receipt requested.

Carex Health Brands does not authorize anyone, including, but not limited to, Retailers, the subsequent consumer purchaser of the product from a Retailer or remote purchasers, to obligate Carex Health Brands in any way beyond the terms set forth herein. These warranties do not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; improper installation; unauthorized repairs or modifications; improper use of electrical/power supply; loss of power; dropped product; malfunction or damage of an operating part from failure to provide manufacturer's recommended maintenance and storage; transportation damage; theft; neglect; vandalism; or environmental conditions; loss of use during the period the product is at a repair facility or otherwise awaiting parts or repair; replacement batteries or any other conditions whatsoever that are beyond the control of Carex Health Brands. These warranties are effective only if the product is purchased and operated in the country in which the product is purchased. A product that requires modifications or adoption to enable it to operate in any other country than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under this warranty.

THESE WARRANTIES PROVIDED HEREIN SHALL BE THE SOLE AND EXCLUSIVE WARRANTIES. THERE SHALL BE NO OTHER WARRANTIES EXPRESSED OR IMPLIED INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS OR ANY OTHER OBLIGATION ON THE PART OF THE COMPANY WITH RESPECT TO PRODUCTS COVERED BY THESE WARRANTIES. CAREX HEALTH BRANDS SHALL HAVE NO LIABILITY FOR ANY INCIDENTAL, CONSEQUENTIAL OR SPECIAL DAMAGES. IN NO EVENT SHALL THESE WARRANTIES REQUIRE MORE THAN THE REPAIR OR REPLACEMENT OF ANY PART OR PARTS WHICH ARE FOUND TO BE DEFECTIVE WITHIN THE EFFECTIVE PERIOD OF THESE WARRANTIES. NO REFUNDS WILL BE GIVEN. IF REPLACEMENT PARTS FOR DEFECTIVE MATERIALS ARE NOT AVAILABLE, CAREX HEALTH BRANDS RESERVES THE RIGHT TO MAKE PRODUCT SUBSTITUTIONS IN LIEU OF REPAIR OR REPLACEMENT.

These warranties do not extend to the purchase of opened, used, repaired, repackaged and/or resealed products including but not limited to sale of such products on Internet auction sites and/or sales of such products by surplus or bulk resellers. Any and all warranties or guarantees shall immediately cease and terminate as to any products or parts thereof which are repaired, replaced, altered, or modified, without the prior express or written consent of Carex Health Brands.

These warranties provide you with specific legal rights. You may have additional rights which may vary from state to state. Because of individual state regulations, some of the above limitations and exclusions may not apply to you.

For more information regarding our product line in the USA, please visit:
www.accurelief.com

AccuRelief™ Model: _____

Serial Number: _____

Date of Purchase: _____

Distributor: _____

Manufactured for:
Carex Health Brands
A division of Compass Health Brands
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customerservice@carex.com



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