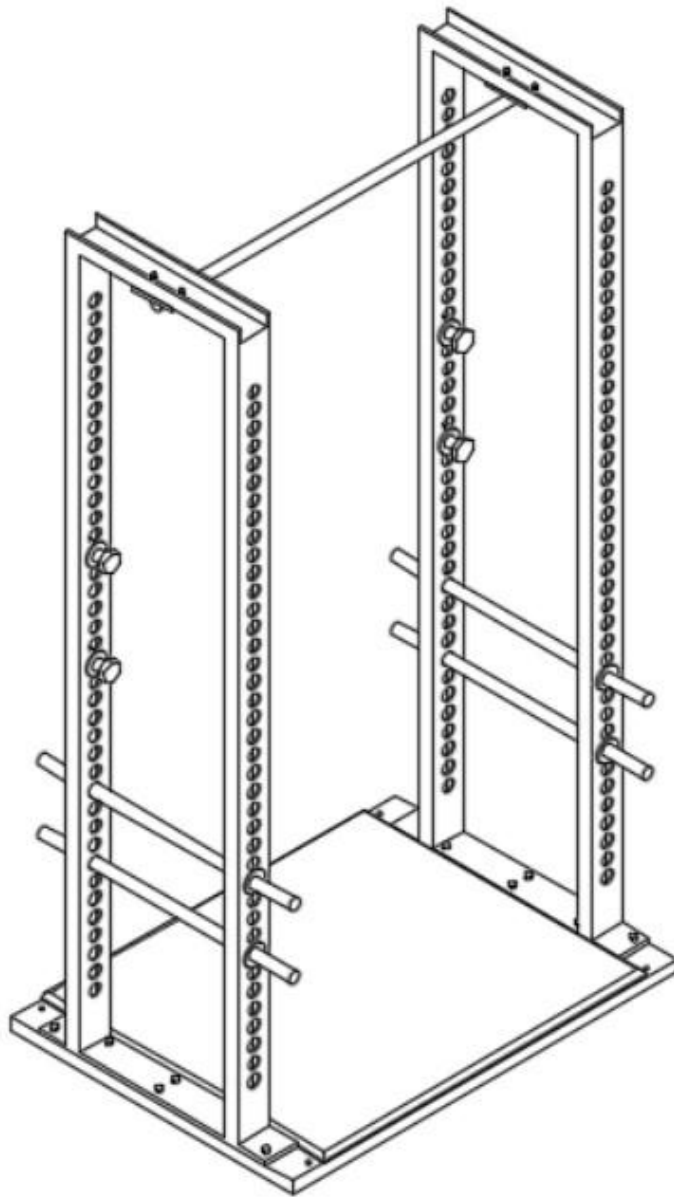


# Starting Strength Power Rack (New and Original Depth)



**⚠ WARNING**

Read all safety warnings, instructions and illustrations provided for this piece of strength equipment. Failure to follow all instructions listed below may result in serious injury or death. User assumes all potential risks of assembly or use of this product.

**PERSONAL SAFETY**

- Stay alert, watch what you are doing when assembling and operating the strength equipment. Do not use the strength equipment while you are tired or under the influence of drugs, alcohol or medication. A moment of inattention while operating or assembling the strength equipment may result in serious or fatal injury.

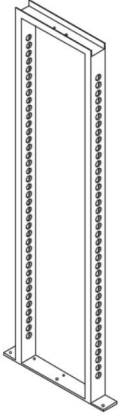
**EQUIPMENT USE AND CARE**

- Visually inspect all components in order to identify potential deformation or damage. If damages are observed, discontinue assembly and contact the manufacturer at [shipping@texasstrengthsystems.com](mailto:shipping@texasstrengthsystems.com), [wesz@texasstrengthsystems.com](mailto:wesz@texasstrengthsystems.com).
- Multiple components involved with assembly of this piece of strength equipment are above 50lbs and it is recommended that you have an additional person to assist in the positioning of these items.
- Ensure that all components are securely fastened before use.

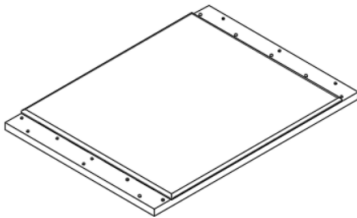
## Required Tools

- 3/4" Socket and Wrench

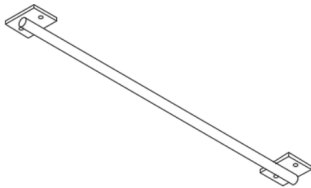
## Parts



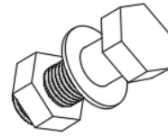
SSR-001 | (x2) | Part A



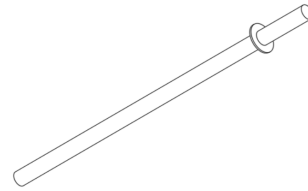
SSR-002 | (x1) | Part B



SSR-003 | (x1) | Part C



SSR-004 | (x4) | Part D



SSR-005 | (x4) | Part E



SSR-006 | (x16) | Part F

*\*New depth model contains 20 bolts\**



SSR-007 | (x16) | Part G

*\*New depth model contains 20 washers\**

# Assembly

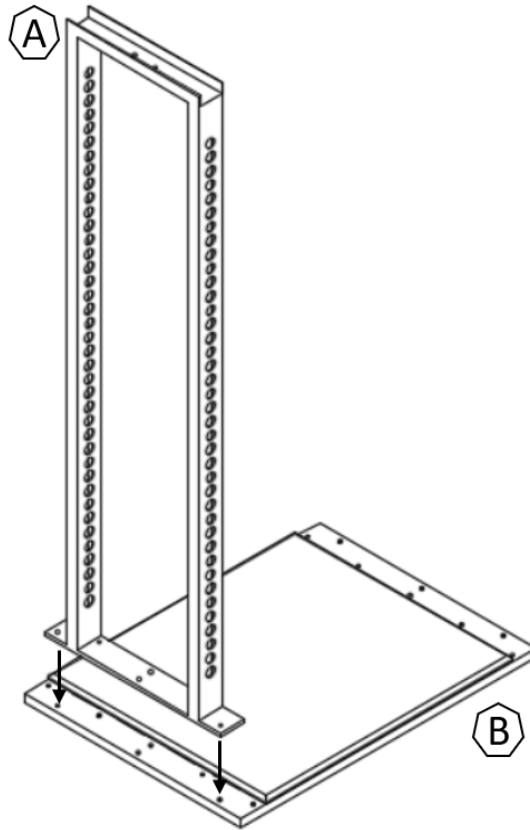


Image 1

Part A is placed on part B as seen in image 1 above.

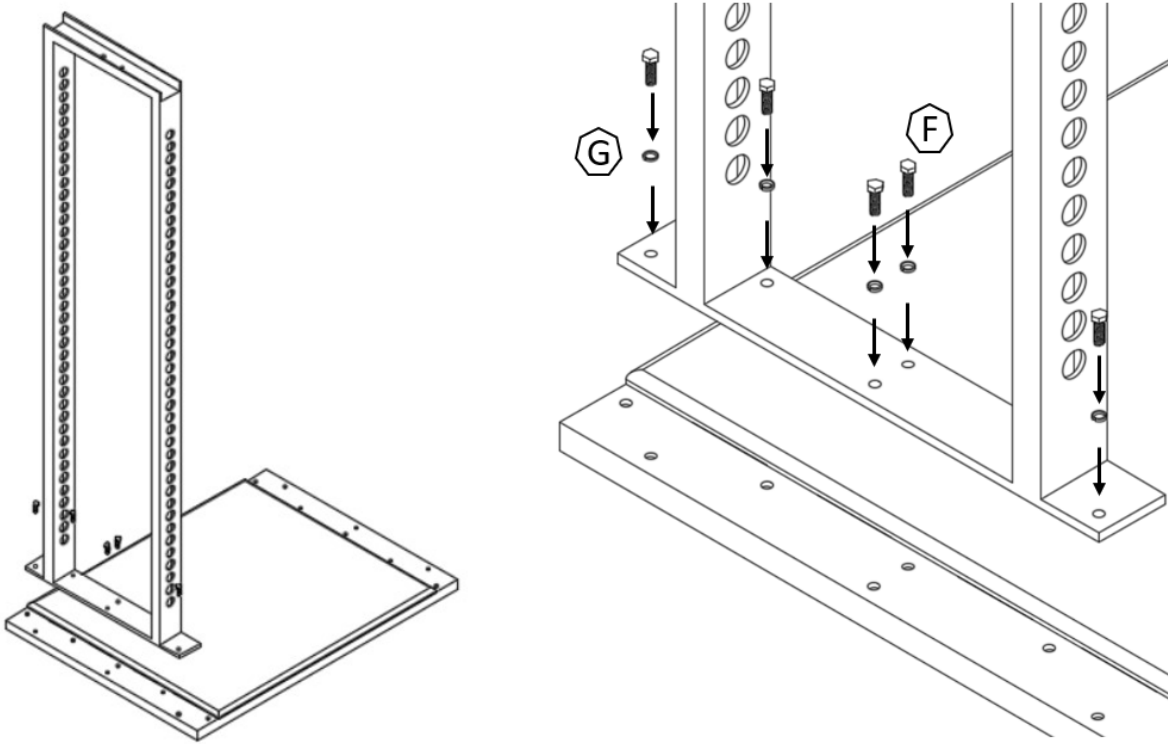


Image 2

Place parts F and G as seen in image 2 above to connect parts A and B.

*\*Please note that new depth models will have two additional holes within part A and will require additional parts F and G in order to secure the equipment properly\**

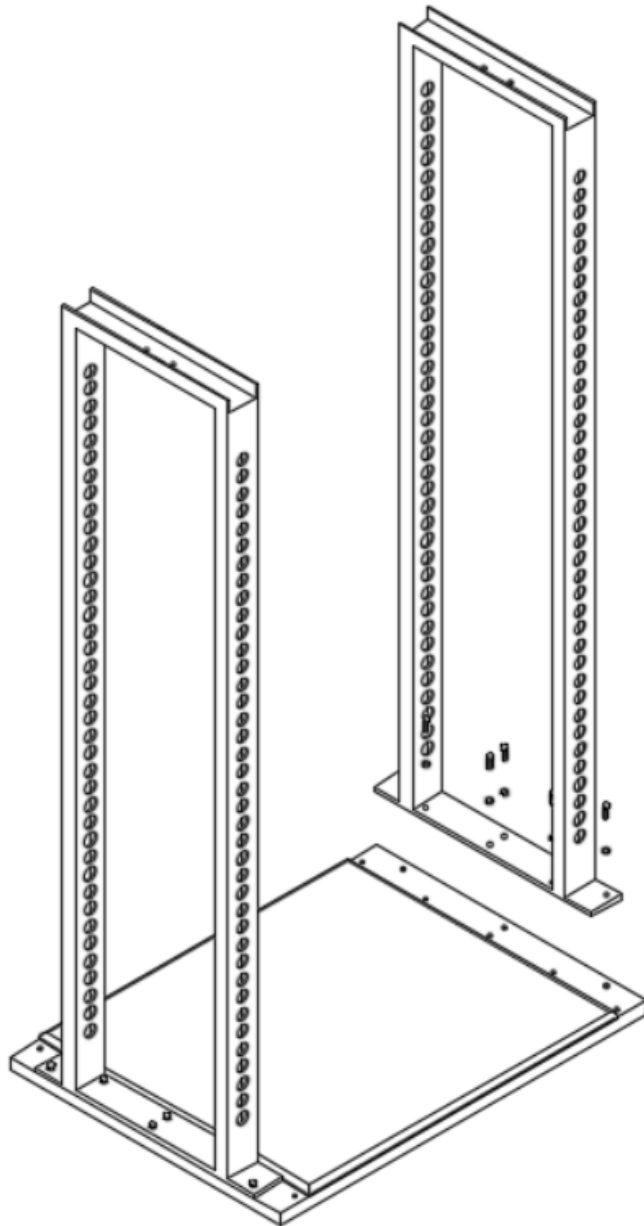


Image 3

Repeat previous steps to connect part A to part B as seen above in image

3.

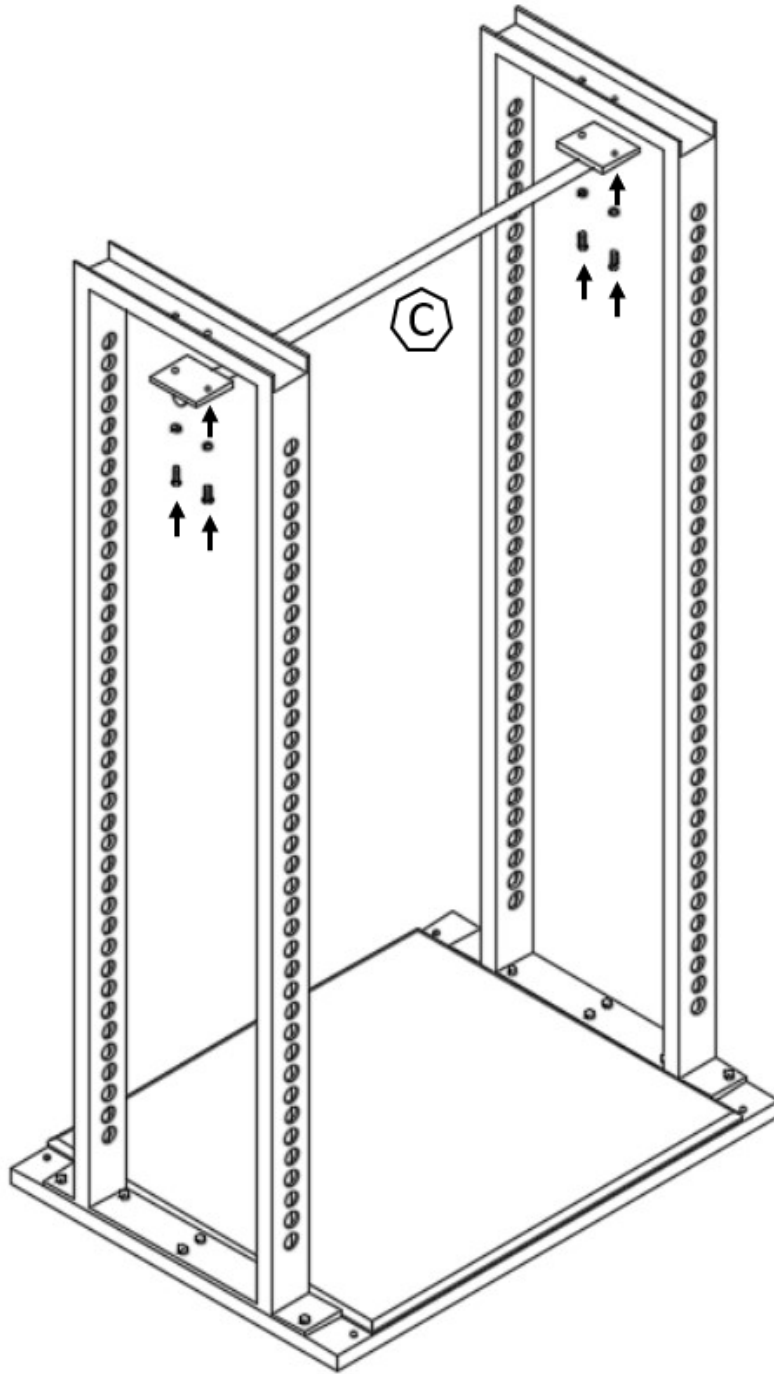


Image 4

Use what remains of part F and G to connect part C to A as seen above in image 4.



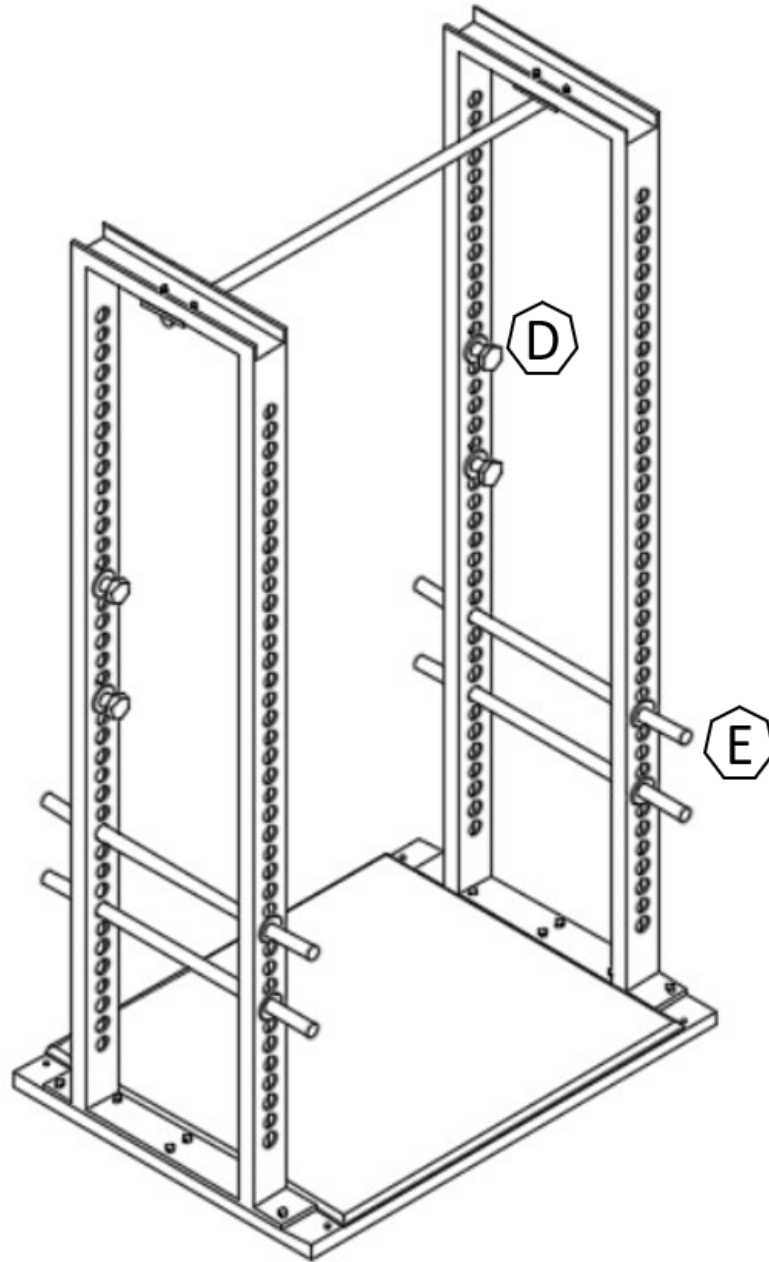
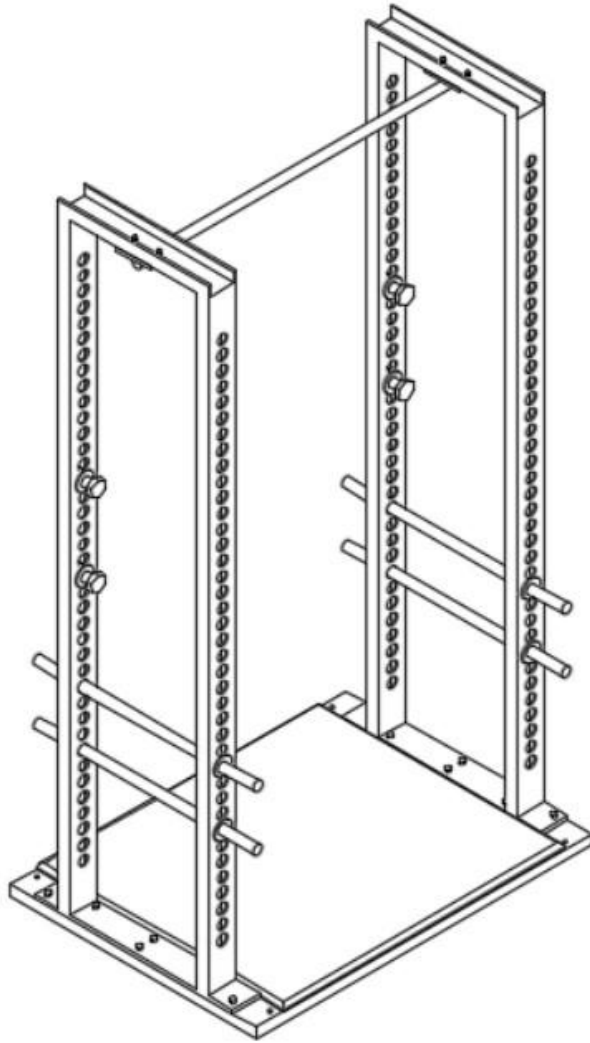


Image 5

Place parts D and E as desired.



You have now completed assembling your very own Starting Strength Power Rack! Thank you for choosing Texas Strength Systems for your fitness needs. If you have any questions, comments, or concerns please don't hesitate to contact our staff.

**Contact Information**

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**Phone:** (210) 233-6110, (210)-920-4877