

# iPalm520

MASSAGER

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# USER MANUAL

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**breco**<sup>®</sup>

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**Thank you for purchasing  
BREO iPalm520.**

Please read this manual carefully before using  
the product, and keep it in a safe place for future  
reference.

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# Introduction

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iPalm 520 adopts air pressure and hot compress massaging technology. It relaxes the hands by rubbing and vibration massaging the pressure points of the palms and fingers.

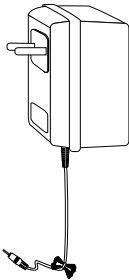
# Inside the Package

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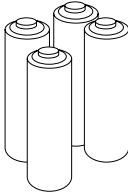
The package includes: Main Unit, AC Adapter, Batteries, User Manual.



Main Unit



AC Adapter



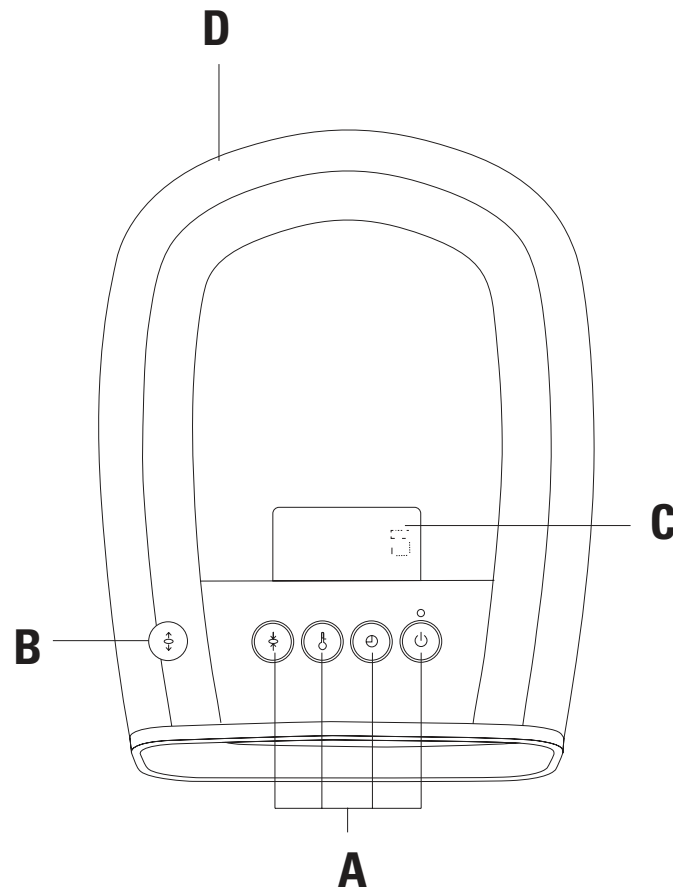
Batteries



User Manual

# Function Deployment

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## A. Operating Buttons

From right to left: Power/Time/Heat/Air pressure

## B. Air Pressure Reduction Valve

## C. LCD Screen

## D. DC Power Port

# Preparation

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**Prior to use, check the integrity of the machine and accessories:**

- a. No damage on connection between controller and main unit
- b. Battery power is sufficient
- c. No damage on AC adapter

## Power Options

### 1. Batteries

- a. Open the battery cover on the back of the controller.
- b. Install 4 AA batteries in accordance with the positive and negative poles.
- c. Close the battery cover.



### 2. AC Adapter

- a. Insert the AC adapter in the controller's DC port.
- b. Connect the other end to AC power socket.

\* Choose power option #1 OR #2.

# Operation

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Place hand (palm down) into the massager.

Turn the power on, select function key, and set air pressure & heat to preference.

## Manual Mode

### **Power On/Off**

Power On – Press and hold Power Button

Preset default is air pressure (circulating from low-high), 5 minutes duration.

Manually operate related function buttons to switch between air pressure and hot compress modes.

Power Off – Press and hold Power Button

\*Note: After turning off the unit, allow approximately 40 seconds for air pressure to be released. During this period, the unit will not start when the Power ON button is pressed.

Time – Press the Time Button to select massage duration.

Heat – Press the Heat Button to select temperature (Low - High - OFF)

Air Pressure – Press the Air Pressure Button to select among three modes (Standard - Powerful - Soft)

\*Important Tip: When you feel the air pressure is too much and/or uncomfortable, press the Pressure Reduction Valve (red button) to release air.

# Precautions

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Please read this User Manual carefully for correct and safe use of this massager.

1. Do not use while walking or driving.
2. Keep the massager away from humidity, heat, and/or corrosive gas.
3. Individuals with indisposed symptoms like inflammation, blood stasis or have undergone hand operation should not use this product.
4. Do not wear hand ornaments and/or jewelry when using this massager.
5. Don't apply nail polish within 1 hour before using this massager.
6. Put hand into the unit BEFORE turning the power on. This also prevents damage to the air bag due to too much pressure.
7. If the massager will not be used for a long time, remove the batteries to avoid battery leakage.
8. This massager is designed as a personal care product. It is not for diagnosis/treatment of any health disorder, nor meant for commercial use.
9. To clean, wipe with aseptic cotton and alcohol. Do not wash or immerse in water.
10. Only use the supplied 6V DC power adapter (included).
11. If an individual has soft, tender or delicate hands, set the machine on low pressure to avoid pain or discomfort.
12. The machine could feel like it is too hot on the highest heat and pressure settings because the added pressure intensifies the heat.
13. It is normal for the user to have dimples on their skin after using the massager. The dimples will gradually disappear within approximately 15 minutes.
14. This product is not a substitute for healthcare professionals' advice and treatment. In case of doubt or if necessary, please consult your healthcare professional.



15. This massager features heat compression. Individuals who are incapable of or do not ordinarily feel heat / cold sensation should use this device with caution.
16. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
17. Please note that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
18. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
  - Reorient or relocate the receiving antenna.
  - Increase the separation between the equipment and receiver.
  - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
  - Consult the dealer or an experienced radio/TV technician for help

# Troubleshooting & Technical Parameters

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When operational problems occur, please refer to the chart below.  
Do not disassemble the machine or try to repair it by yourself.

Problem	Possible Reason	Possible Solution
Power-ON failure	Cable is broken / in bad condition	Check the condition of the cable
	Batteries are low / out	Change batteries
	Batteries are not installed correctly	Check if positive/negative poles of batteries are positioned right Make sure the batteries are snug in place
	AC adapter is not connected properly	Check the connection of the AC adapter to the power socket .
Weak heat or air pressure	Batteries are low / out	Change batteries Make sure the batteries are installed correctly and snug in place

## Technical Parameters

Power supply: DC: 6V  
 Ideal environment: Temperature: 5°C - 40°C  
 Relative humidity: : ≤80%  
 Atmospheric Pressure: 860~1060 hpa  
 Dimension : Main Unit: 265mm X 201mm X 90mm  
 Net Weight: 1129g  
 Power: 6W