NO BAKE PROTEIN BAR



10 servings



INGREDIENTS



250g mixed nuts and seeds



2 tbsp Complete Greens



50g grinded coconut



4 tbsp pumpkin seed



50g coconut oi



1 tbsp agave syrup



50g orange flavoured chocolate



METHOD

- Line a container with greaseproof paper.
- Put the nuts and seeds into a food processor and blitz to a fine meal. Add the Complete Greens and all ingredients and blitz so that the mixture starts to clump.
- Press the mixture into the prepared container and freeze while you melt the chocolate.
- Melt the chocolate in a bowl over a pan of barely simmering water. Stir until it's smooth then set aside to cool slightly.
- Cut the firm base into 10 fingers and drizzle with melted chocolate. Return to fridge to set.

