

# COLLAGEN ACAI BOWL

*with Beauty Collagen*

1  
serving

5 mins

## INGREDIENTS



**x2** frozen bananas



**A handful** of mixed berries



**100ml** chosen nut milk



**x1** sachet of Beauty Collagen



**Include toppings** like chia seeds, coconut flakes, nuts

## METHOD

1. Add ingredients to a blender and blend until smooth
2. Transfer mix into a bowl and add your favourite toppings
3. Drizzle with Beauty Collagen
4. Enjoy!

Contains 8g of protein per sachet

Helps to reduce the appearance of fine lines and wrinkles • Helps to increase hair thickness and nail growth



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