

*Contains*  
10,000mg of  
Bioactive Collagen  
Peptides®

Tasty  
red berry  
flavour!



## Collagen Acai Bowl *with* Beauty Collagen

 1 serving  5 minutes

### Ingredients

Two frozen bananas  
A handful of frozen berries

100ml of nut milk

#### For toppings

Chia seeds

Coconut flakes

Fresh fruit

Beauty Collagen

### Method

1. Add main ingredients to a blender, and blend until smooth.
2. Transfer mix to a bowl, add your favourite toppings drizzled with Beauty Collagen
3. Enjoy!



### *Beauty Collagen*

- ✓ Helps to reduce appearance of fine lines and wrinkles
- ✓ Helps to increase hair thickness and nail growth

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