

# GRIND

## Fruits & Grains.

Granola smoothie bowl <sup>V, GF</sup>	6.—
Açaí bowl, passion fruit, cacao nibs <sup>GF, DF</sup>	8.—
Porridge, coconut, blackberry, pistachio <sup>GF</sup>	6.—

## Breakfast.

One-pan eggs, chorizo, spinach, yoghurt	9.—
House-cured beetroot salmon, eggs on toast	10.—
Sweet potato harissa cakes, poached egg <sup>V</sup>	9. <sup>50</sup>
Raw breakfast salad, avocado, grains, egg <sup>V, GF</sup>	8.—
Wild mushroom hash, fried egg <sup>V</sup>	9.—

## Cold-Pressed Juice.

Super Greens Juice <i>Kale, spinach, celery, romaine, cucumber, apple, lemon</i>	4. <sup>25</sup>
Sweet Citrus Juice <i>Orange, lemon, tangerine, grapefruit, turmeric, cayenne</i>	4. <sup>25</sup>
Summer Fruits Juice <i>Strawberry, apple, lemon, mint</i>	4. <sup>25</sup>
Fresh Orange Juice	3. <sup>50</sup>

## Smoothies.

Super Green Smoothie <i>Apple, spinach, avocado, cucumber, lemon, moringa, guarana</i>	4. <sup>50</sup>
Banana, Turmeric Smoothie <i>Banana, apple, lemon, ginger, turmeric, cayenne</i>	4. <sup>50</sup>
Berry Recover Smoothie <i>Strawberry, blueberry, raspberry, banana, coconut milk, lime</i>	4. <sup>50</sup>

## Smashed Avocado.

with poached eggs, chilli on toast	9.—
add <i>feta</i> <sup>V</sup>	2. <sup>50</sup>
<i>bacon</i>	2. <sup>50</sup>
<i>house-cured beetroot salmon</i>	4.—

## Eggs Florentine.

Buttermilk pancakes, strawberries, coconut	9.—
Full English breakfast, eggs as you like	11.—
Full vegetarian breakfast <sup>V</sup>	10.—
Breakfast burrito, eggs, sausage, bacon	9.—
Eggs florentine <sup>V</sup>	9.—

## Sides.

Eggs / toast	1. <sup>50</sup>
Sweet potato cake <sup>V</sup> / spinach	2. <sup>50</sup>
Avocado / bacon	2. <sup>50</sup>
Mushrooms	3.—
House-cured beetroot salmon / sausages	4.—

## Coffee & Tea.

Espresso	2. <sup>30</sup>
Macchiato	2. <sup>50</sup>
Long Black	2. <sup>50</sup> / 2. <sup>60</sup>
Filter	2. <sup>50</sup> / 2. <sup>60</sup>
Flat White	3.— / 3. <sup>30</sup>
Latte	3.— / 3. <sup>30</sup>
Cappuccino	3.— / 3. <sup>30</sup>
Hot Chocolate	3.— / 3. <sup>30</sup>
Mocha	3. <sup>10</sup> / 3. <sup>40</sup>
Iced Coffee	3. <sup>30</sup>
Breakfast Tea	2. <sup>75</sup>
Earl Grey	
Green Tea	
Fresh Mint Tea	
Matcha Latte	3.—
Turmeric Latte	
Beetroot Latte	
Chai Latte	
Soy / Almond / Oat / Decaf / Extra Shot	—. <sup>50</sup>